

WEATHERING THE STORM, HOW DO YOU SURVIVE

NEWS GRAM

Vol. 44 No. 1 C.A. World Service Office - 11460 N. Cave Creek Road, Suite 12, Phoenix, AZ, 85020, USA - 1st Quarter 2026

FROM THE COLLAPSE CAME THE MAN I WAS MEANT TO BE

Whitie - A C.A. Fellowship Member
Sudbury, Ontario, Canada

“This program will work for almost anyone, for just as long as you are willing to work it and not a second longer.”

My name is Whitie, and for most of my life I believed that strength meant holding everything together long after it had already fallen apart. I didn't understand that sometimes the greatest act of courage is allowing the collapse to happen letting the old life burn down so a new one can finally rise.

For many years I lived behind characters I didn't even realize I had created. The strong one, the fixer, the one who didn't need help and didn't ask for it either. Those identities were built in childhood, shaped by fear, pride, ego, and the belief that if I could just stay in control everything would be okay, but the truth was control was something I only ever pretended to have.

By the time I reached my mid-forties, those characters no longer fit, the life I had built around them began to crack, then crumble and finally collapse completely. It wasn't graceful, it wasn't poetic, it was a dark disorienting fall into the very place I had spent my life trying to outrun.

My breakdown, the one that brought me to my knees didn't feel “positive” at all in the moment, it felt like the end of me. But looking back now I see it was only the end of who I thought I had to be and the beginning of discovering who I truly was.

When I arrived in treatment at forty-five years old I was broken enough to finally listen. The noise of my old life went quiet and for the first time I could hear the truth inside me, painful, honest and real.

The truth wasn't punishment, it wasn't failure, it wasn't the end, it was an invitation to grow, to change and to finally become the adult I was meant to be.

The Twelve Principles of our program became the compass I had been missing all my life. Honesty, hope, faith, courage, integrity, willingness, humility, love, discipline, perseverance, spirituality and service. They shaped me into a man who could finally stand on solid ground.

Through this Fellowship I learned spirituality isn't complicated, it isn't unreachable, it is simply turning toward the light even while standing in the dark. It is choosing honesty over ego, connection over isolation and growth over fear.

And I did not rebuild this life alone, a sponsor, the Fellowship, my brothers and sisters who walked this path before me, you held the light until I could see again. You believed in me long enough for me to learn how to believe in myself.

Today I keep the old experiences as reminders not anchors. They show me how far I've come, and they remind me that collapse can be the doorway to becoming whole.

If you're struggling today, if life feels dark or heavy or broken beyond repair, I want you to hear this clearly, there is a person inside you that you have not met yet and they are worth fighting for.

A new life is possible. It will come to you for as long as you are willing to work for it, surrender to it, and show up for it. This program will meet you exactly where you are but it will not do the work for you.

So keep searching, keep learning, keep growing, keep walking toward the person you were meant to become.

If my life can be rebuilt from collapse then so can yours, with hope, with faith and with courage, one day at a time.

We're here, and we're free™

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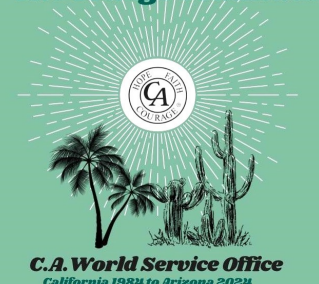
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The Trudge Continues



"How dark it is before the dawn!"



FROM COLLAPSE TO CALLING, PETER O. & THE BIRTH OF C.A. IN ASIA

Laurie B.

Mission Viejo, California, USA

By the time he finally asked for help, he believed his life was already over. Born in wartime Britain in 1942 Peter grew up amid poverty, violence, and instability. His father an abusive alcoholic, disappeared, leaving Peter homeless with his mother as a child. Peter was known to say, "Even in the bleakest conditions, sleeping on the floor with no heat, water or bathroom, I felt safe and loved because I was with my mum. His mom Vera was his sanctuary in chaos, creating safety where none should have existed, when she died of cancer Peter was orphaned.

After several occupational failures he got married and built a formidable career. Then he discovered a rare talent for logistics and planning at Matchbox Toys, a gift that eventually led him to Hong Kong. When Matchbox collapsed he founded a manufacturing company that grew into a multimillion-dollar global enterprise. Peter had what looked like the full picture of success, a thriving business and a family, but success did not bring peace.

At 52 surrounded by material comfort yet deeply isolated Peter was introduced to cocaine by a business acquaintance after a cricket match. "It felt like someone had thrown open a window in my brain," Peter recalled. "Every doubt vanished. I felt invincible." What felt like relief was in truth a trap. He bought a bag that lasted three weeks, before long it was five bags a day, what followed was a rapid decent.



By the late 1990s addiction had stripped him of everything he valued, Peter never romanticized this period "I became dishonest, manipulative, and lazy," he admitted. "I lost my marriage, my integrity, and eventually my business, no one did that to me, I did it." Though wealthy on paper Peter was sleeping on the couch in his own house, broken, ashamed, and terrified.

One morning, he woke and heard a voice as

clearly as if it were spoken aloud. "Peter, you are at the last chance corral." "It was like God speaking to me," he said. "I was given two choices, keep going and die, or ask for help."

He confided in a man over lunch that he was in serious trouble, the response was blunt, everyone knows Peter.

Soon after, a friend from the UK, someone Peter would later call "an earthbound angel," stepped in. "I've been where you are," the man told him. "There's a solution, come and see me."

On October 1, 2001 Peter entered a gritty, no-frills rehab in East London with probationers and former inmates. At 59 he was decades older than most of the men there. "I fell out of the taxi," he recalls, "looked up and saw a bloke in a ballerina tutu with a six o'clock shadow, and thought, 'Jesus Christ.' At the same time they took a look at me and said, 'Jesus Christ.'"

Peter stayed ninety days and did the work. When Peter returned to Hong Kong after Christmas 2001 sobriety was painfully lonely. There was no Cocaine Anonymous and people he once knew avoided him.

On New Year's Eve 2002, he walked into an A.A. meeting, panicked and turned to leave. Then another "angel" appeared, a stranger who offered him coffee and gently walked him back inside, Peter sat on the couch and cried.

As sobriety took hold, Peter rebuilt his business and traveled to recovery events around the world, often telling his story and deepening his close bond with his sponsor, Father John. Father John had not planned on a religious pursuit, but negotiations were limited. Having skimmed money from punters in the local numbers racket in Philadelphia he found himself at the other end of a barrel. With his life on the line in pure survival mode, he blurted out, "You can't kill me I'm going to seminary to train to be a priest!" And so it was.

The next "angel" Peter met was a woman during his travels. She marched up and shoved a very large stack of papers into his hands and said, "Take it back to Hong Kong and start a Cocaine Anonymous meeting." To which he responded, "Are you kidding? I've got baggage allowance!" But he did it anyway.

On September 24, 2002 Hong Kong held its first Cocaine Anonymous meeting, five people showed up, some weeks there were two, some weeks only Peter. Gradually the room filled, different nationalities, different stories, one common solution.

(Continued on pg 4)

FROM COLLAPSE TO CALLING, PETER O. AND THE BIRTH OF C.A. IN ASIA

Laurie B.
Mission Viejo, California, USA

(Continued from pg 3)

From there Cocaine Anonymous spread organically, someone carried the message to Indonesia, another to Thailand, another to Malaysia. Small meetings took root quietly in places where addiction is often hidden, punished or denied. Peter never sought credit, "If I was given a second chance," I have the responsibility to pass it on."



Peter often shared an analogy from recovery literature that captured his purpose. Imagine you're trapped at the bottom of a twenty-foot hole crying for help. A passerby tells you to use willpower, a preacher offers prayers from above, a doctor says to come see me once you're out for some pills. Then recovered addict jumps in beside you and says, "I've

been in this hole before, I was shown the way out, let me show you.

Escaping addiction isn't about willpower, it's about asking for "help," the bravest word we can ever utter. Peter spoke often of miracles, not theatrically but reverently. "I've gotten more thrills from miracles than any drug ever gave me."

Years into sobriety, Peter's banker told him the story of a multimillionaire who quietly gave away his entire fortune in the pursuit of dying broke. Two thousand strangers showed up to the man's funeral. This story impacted Peter deeply, he said, "I've lived poor, I've lived rich, I've had one hell of a ride, but I never dreamed of any of this. A few days later Peter returned to the bank and asked his banker to help him die broke too.

Throughout his lifetime, Peter fulfilled the final wishes of seriously ill children, supported the Arsenal Foundation, helped addicts and founded Vera's Sanctuary in the U.S. with a former prostitute who is now sober. Named after his mother it is a peaceful refuge for survivors of human trafficking.

One broken man, restored by grace, carried Cocaine Anonymous across the world and delivered hope to thousands.

On December 9, 2025, at the age of 83, Peter's work was done. We lost an angel and he was reunited with his mum, Vera.

Together again surrounded by her eternal love, whole again, and at peace.



CAWS 2026 ORLANDO

Fundraising needs your help! We now have a donation platform setup where you can make donations to help with the fundraising efforts. As a thank you to those that make a donation of \$100 or more leading up to the convention will receive a personalized thank you gift that will be claimed at the Memorabilia Table at the 2026 CAWS convention.

<https://givebutter.com/CAWS2026>

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CALLING ALL MEMBERS!

Help support CAWS 2026 by donating a basket

Baskets can be donated by members, groups, districts, or areas.

Just select your basket's theme, collect and box the items, and ship them to us!

CAWS 2026 will supply the basket and prepare it on site.

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C.A. WORLD SERVICE CONFERENCE COMMITTEES

CONVENTION COMMITTEE



2026 - Orlando, Florida, USA
2027 - Seattle, Washington, USA
2028 - Glasgow, Scotland
2029 - Toronto, Canada

C.A. WORLD SERVICE CONVENTION

2026 ORLANDO, FLORIDA, USA



May 21-25, 2026

Caribe Royale Resort - 8101 World Center Dr., Orlando, FL 32821

Registration Packages

Sabal Package - Marathon meetings, speaker meetings, workshops and basic entertainment, as well as \$5.00 in C.A. bucks to be used for memorabilia or auctions.

Bismarck Package - Includes everything in the **Sabal** Package plus Breakaway Breakfast, premium entertainment, as well as \$15.00 in C.A. bucks to be used for memorabilia or auctions.

Royal Package - Includes everything in the **Bismarck** Package, plus the Banquet and \$25.00 in C.A. bucks to be used for memorabilia or auctions.

****All Special Events will be added on to the Registration Packages selected and will only be available through RegFox. Space is limited, first come; first served****

Registration pricing in U.S. Dollars:

| | <u>EARLY</u> | <u>REGULAR</u> | <u>LATE</u> |
|------------|--------------|----------------|-------------|
| Sabal - | \$115 | \$125 | \$140 |
| Bismarck - | \$205 | \$220 | \$245 |
| Royal - | \$325 | \$350 | \$390 |

Important Registration Deadlines To Be Aware Of

Regular Registration ends – **February 28th, 2026**, after that date prices will increase

Late Registration ends – **May 4th, 2026**, all online registration closes

On-site Registration – **May 21st, 2026**, on-site registration opens and is limited to Day Passes and Daily Entertainment tickets only.

- Registration & hotel booking links, contact, and all other info check out the website www.caws2026.org
- Paper registrations and registration related questions, please email: registration@caws2026.org
- Hotel related questions, please email: hotelliaison@caws2026.org

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C.A. WORLD SERVICE OFFICE

CAWSO Online Store

There are a lot of changes going on over here at your office. We are working on implementing new software to keep up with the times – the Store being the visual difference. We know that change can be hard for our members, but these changes are being implemented with the fellowship in mind, bringing us into the future, and allowing us to grow as the fellowship grows.

Our hope is to continue to cultivate relationships with all our members, but especially our trusted servants needing to purchase chips and literature for all the different areas C.A. calls home. The office is staffed by members that know that the business of C.A. is as serious as our Recovery, but can be as welcoming and fun as our Fellowship.

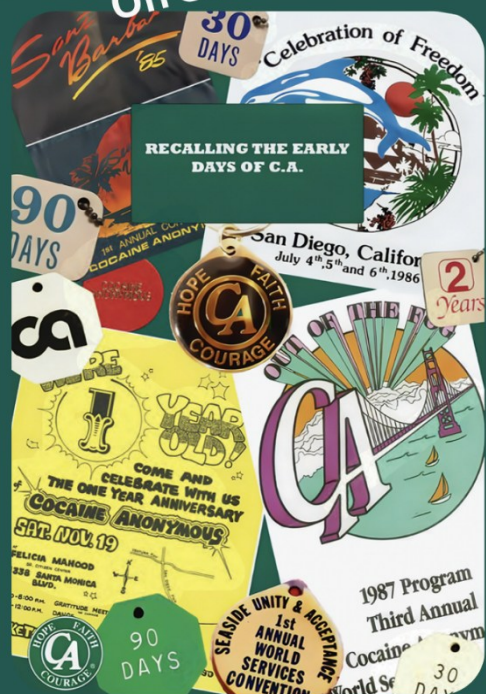
We await your orders!

Visit the C.A. Store

shop.ca.org

Chips, literature, medallions, books and more!

Recalling the Early Days
On Sale Now!!!



The office staff want to thank all of you for your patience when placing orders on our new shop, we are learning a lot of new software to bring this place into this century.

Yep, it's change and it's gonna hurt – addicts just don't like change, even if they want it! Bear with us though, in the end it will benefit the fellowship has a whole – and our primary purpose is always in the front of our minds.

Remember, we are all members here and we truly understand your needs and your frustrations and are doing everything we can to keep you coming back!



REMEMBERING KEVIN M.

Cameron F.
Toronto, Ontario, Canada

Remembering Kevin M. our first ca.org Webmaster, as he speaks about C.A. & the Internet at the 19th World Convention: Miracle Mile: Friday, May 23, 2003, Chicago, IL.

Note: Kevin M. left a large footprint in Cocaine Anonymous. Kevin, as World Service Delegate (1992-1995) served on Public Information (1992-1997 and was elected Chair in 1994) of the C.A. World Service Standing Committees. He also served as Secretary and as a Director on the WS Office Board (1998 – 2003), and was the WS Conference Vice-Chair Parliamentarian (2008), and the Conference Chair (2009-2010) as well as WS Office Trustee (2017-2021).



Audio transcribed by A.I. and edited by Cameron F., Archivist

The topic of this workshop is the World Service Conference Internet Committee. I am Ivan L. and I am the World Service Conference Internet Committee Chair.

We were asked a couple of weeks ago to present something at the convention and Kevin was happy enough to step up. I'm going to go ahead and introduce him, he'll do mostly the facilitating of this meeting if you have any questions. I'll now turn it over to Kevin.

My name is Kevin and I'm an addict. When we got here there was some communication difficulties and we noticed that these workshops were basically organized around the World Service Committees. What we had planned was something a little different, which is the uses of the Internet in recovery in general rather than just what the Internet service committee of the World Service Conference does, that will be part of it but there's lots of other topics that I want to cover. There will be at least one more person joining

us who's an Area Webmaster, we'll talk about that part of service, let me qualify first.



It was, in 1994, I was serving on the World Service Public Information Committee when two of the members thought that we might be able to do something with this newfangled thing called the Internet which most people in the room had not quite heard of. I was aware of it, I'd been online since 1980 but not on the Internet per se, on this other commercial service called CompuServe, which was kind of like AOL for the technically inclined. I had a lot of experience with that and I thought this was a great idea but I wasn't quite sure whether or not we could actually reach out to anybody with the Internet, because very few people were actually connected to it at the time.



To make a long story short the Conference decided to go ahead and they got a web address, ca.org, you could get nearly any web address at that time. And things grew and we eventually put up a real website and I designed that and that was like 1996. So I was, by lack of anybody else willing to do the job, the first webmaster for C.A.. A few years later lots of members were on the Internet and there was a need for online meetings and I started the first one of those as well, Hope, Faith and Courage.

I'm not currently serving in any service capacity with the World Service Conference or with any of those meetings although that may change at any moment. Nobody is willing to let a person who is willing to be of service not be of service.

(Continued on pg 9)

REMEMBERING KEVIN M.

Cameron F.
Toronto, Ontario, Canada

(Continued from pg 8)

In any event I want to break this down into a couple topics, I would be interested to know what people want to hear about more than others. This is the first time I've really done one of these workshops, one topic I want to talk about is the history of C.A. Online, which I briefly touched on.



The other topics are what you can do with the various aspects of the Internet to facilitate not only your own recovery but other people's recovery, and further, can you use that to bring the message to people who might not otherwise hear it? And the last thing is the tools for service work, what can you use the Internet for in order to facilitate service within C.A., the behind-the-scenes stuff?



I'll start with the history of Cocaine Anonymous on the web which started in 1994 and 1995. The Conference really had to be dragged kicking and screaming to do this because none of them understood what it was. There were only 12 people in the room who'd ever heard of the Internet and what we ended up doing was putting up a picture of the escape cocaine billboard on a grey background with the preamble and phone numbers for people to call in their local areas and that was it.

By today's standards it was a really clueless

website but we were there and what happened was the World Service Office had a new phone number and they had a brand new email link and they started getting email and they start getting phone calls.

Up to that point the P.I. Committee at the World Service Office and the P.I. workers at the World Service Office got maybe one or two or three letters a week regarding Cocaine Anonymous, and now they were starting to get three four five emails a day and it looked like a good expense because we were spending zero dollars and we were getting a return for it.

And so the next Conference came and members said let's put up a real website. That job went to the Public Information Committee which already was starting to feel a little uncomfortable with that role because a lot of people with Public Information were not technically oriented and they felt kind of swamped by all this stuff hitting them on the Internet.

I was chair of Public Information at that time, and the job to do that was actually assigned to another person who ran into personal issues. It wasn't happening and his work and stuff started interfering, so I ended up doing it.

It was a really nice site, it was bright and it was C.A. green and the whole thing straight across with embedded logos of C.A. God it was beautiful, it had most of the texts all of which was taken from various C.A. publications. It was a really unfortunate situation because none of the Trustees were on the Internet.

Nobody at the World Service Office was on the internet, the World Service PI Committee which I was chair had been charged to do this but there was really nobody to look at it. So understanding the Traditions and understanding the need for a group conscience I felt really uncomfortable, so I got a couple people in C.A. to look at it and we put it up. The only saving thing was I took everything from C.A. written material which had been previously approved.

For the next couple years I was the Webmaster and I was getting increasingly uncomfortable with that and other people were getting increasingly uncomfortable with that too. As people from the Fellowship got more and more into the internet, I had a lot more people, thankfully willing to help me with it.

For the complete recording transcript visit:
<https://museum.ca.org/remembering-kevin-m-our-first-ca-org-webmaster-sober-since-april-1-1988-november-5-2025/>

C.A. WORLD SERVICE CONFERENCE COMMITTEES

FINANCE COMMITTEE

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The NewsGram is a C.A. publication featuring articles etc. from our worldwide C.A. Fellowship. You can submit small items of 1 or 2 lines up to articles with a maximum of 1100 words. Published quarterly it also features various world committee reports & flyers, WSO & WSBT information as well as event and donation information.

To submit an article go to our website homepage at ca.org, click on NewsGram, and follow the instructions provided.

The suggested theme for our next issue is:

Dealing With Guilt & Regrets

(Although any article related to recovery may be submitted)

The deadline for submissions is:

March 15, 2026

Newsgram@ca.org

Franky's Journey

Franky W.
Prestwick, Scotland, UK

Coming into the rooms of Cocaine Anonymous is one of the kindest things I have ever done for myself although one might add it's also one of the hardest things I have ever done for myself too.

You see the thought that my problems were caused by drinking and taking drugs couldn't be further from the truth, I just didn't know that at the time. I have found out over the years that I never had a problem with drink or drugs until I put them into my body.



I started off doing Alcoholic Anonymous when I was 12, I was led into the room's by a gentleman in 2005 not long after my father passed away and my life was on a downward spiral. Looking back it truly was a God job, it would take me another 14 years (2019) before I made it to my first meeting.

I had just came back from a holiday in Mexico with my then partner, we had a great first week before, as per usual I lifted a drink and some cocaine, it wasn't long after that I found myself locked up in a Mexican prison due to my behaviour while drinking and doing drugs (would I ever learn). Not only that but I caused my partner to be locked up to.

We paid our way out after 3 or 4 days to find out we had been kicked out of our hotel, I arranged for my brother to send over some money for another hotel for the last night of our holiday, my partner wasn't keen on staying but we couldn't get a flight home.

An hour or so later after a bit of food and a hot shower the illness got me and my head went into overdrive, not knowing that I was powerless over cocaine and all other mind-altering substances. I suggested that we go out to a nightclub as we still had some tickets and they were paid for and I didn't want them going to waste that night. I blacked out, can't remember a thing, had a massive argument with my partner I later found out by her and we flew home. The following day something had to change I knew that much, I decided to message the man who 12 Stepped me all those years ago and he took me to my first meeting.

I'd love to tell you that everything got better from that day onwards but it's not my experience, I

was to find out that putting the drink and drugs down was the easy part, living without a substance in my body was a whole different story.

I just couldn't do it for whatever reason and I found myself back in prison not long afterwards. I could deal with prison, everything from my cooking to my washing was taken care of, I had no responsibility whatsoever, my day was structured and I had discipline in my life.

I could use drugs safely (or so I thought) upon release, that discipline surely but slowly disappeared, but I would hear a suggestion from the people in the rooms that was so important for me and that was "Keep Coming Back" (From A.A. Literature) and so I did.

I have also had to seek outside help through whatever means I could and that meant psychological support and rehab. It was my journey in rehab that brought me into the room's of Cocaine Anonymous where I threw myself into service (working with others). I was told to keep my recovery I had to give it away and that's when the penny dropped for me. I managed to get 2 1/2 years sober, I got my first ever job and my life was tremendous.

I settled in Ayrshire, I was happy for the first time in a long time, before I took my foot off the gas and lost my gratitude. Somewhere along the way I was sitting in a Cocaine Anonymous meeting on a Friday night and took a resentment towards someone in the meeting for absolutely nothing to do with me.



Before I knew it I was on my way to Glasgow to get a bit of Cocaine once again powerless over my illness, I was to spend the next year or so in and out of meetings. I had to resign from my job due to my life being unmanageable, police were back in my life and my mental health was shot to bits, alcohol and drugs were my master.

Through the help of others before me I found my way back into the room's and I'll be forever grateful to them for standing by me.

As I write this nearly 7 years after coming to my first meeting, I am over a month clean and sober, all I can say to you is "Keep Coming Back" (From A.A. Literature) no matter what.



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NewsGram@ca.org

NewsGram Editorial Policy

The NewsGram publishes articles that reflect the full diversity of experience and opinion found within the Fellowship of Cocaine Anonymous. No one viewpoint or philosophy dominates its pages, and in determining the editorial content, the editor relies on the principles of the Twelve Steps, Twelve Traditions, and the Twelve Concepts. The heart of The NewsGram is in the shared experience of individual C.A. members working the C.A. program and applying the spiritual principles of the Twelve Steps. Yet what works for one individual of C.A. group may not always work for another. For this reason, from month to month, articles may be published that appear to contradict one another. Seeking neither to gloss over different issues, nor to prevent such issues in a harmful or contentious manner. The NewsGram tries to embody the widest possible view of the C.A. Fellowship.

The Charter of the World Service Conference guarantees The NewsGram editor the right to accept or reject material for publication. The NewsGram staff members evaluate articles and, while some editing is done for purposes of clarity, styling, length and content, the editor encourage all writers to express their own experience in their own unique way.

Articles are not intended to be statements of C.A. policy, nor does publication of any article constitute endorsement by either Cocaine Anonymous or The NewsGram. Articles are invited, although no payment can be made nor can material be returned.

WEATHERING THE STORM, HOW DO YOU SURVIVE

Daniel S. - Pacific South Regional Trustee
Orange County, California, USA

It's funny how God works in my life. I volunteered to write this article, then heard the topic and ironically found the time to write it tonight. Three years ago today I lost my wife, I was giving her CPR a few feet from where I am at this moment.

When I reflect on the topic "Weathering the storm, how do you survive" it changes at different times of my sobriety. I had a God of my own misunderstanding so all I thought I needed to do was not use, how wrong was I! it's a process, it took me years to get here, it may take years to recover.

June 1st, 1993, I came to, had overshot the mark, worried I had done some brain damage. My Dad, my biggest co-dependent had died May 14th, it was my last run to this day, I had to quit using right then.

I quit drinking and drugging 8/3/89 with the help of loitering inside A.A. meetings, I had about a year of sobriety (no sponsor no Steps) when I picked up again. I had always thought it was a relapse but how could that be if I never worked the program. Mom said church was the answer, it gave me hope.



My old friend Stevie showed up, she invited me to a meeting. I thought "well those A.A. people were OK", there was a meeting hall 6 minutes away, but no we drove for an hour to my first C.A. meeting that changed my life forever. I did remember those A.A.'s talking about this sponsor thing, since my way of thinking wasn't working maybe I should start

listening.

At first it was just about not using, had to find a new way of living, some sort of excitement, some way to stay busy. I was addicted to the party, the event, I had FOMO (fear of missing out), just going to meetings was not going to cut it for me. OCCA had a great group of addicts, some with over six years of sobriety, I was amazed. These folks were going places and doing things, coffee after the meetings. I remember hearing where they were going to be and just showing up, acting surprised when "the people from the meeting were there". I don't think I was fooling anybody, I found a group of guys wanting the same thing from life and hung with the winners. OCCA had an event planned every month, sometimes two, cosmic midnight bowling was my favorite, blacklights and glowing pins. He had it rigged so we could bring our own snacks and coffee pot, we also had campouts. We would "GET IN THE CAR", pick a late-night meeting, usually in LA, all the famous people were up there in recovery, in 1993 it was hip to be sober. Staying busy was important, it's what I needed for that moment.

My sponsor says, "make no mistake there's some work to be done". I was still morbidly consumed with what others thought of me even though I was gaining more confidence the longer I stayed clean. It was time to work the Steps, he already had me calling three addicts a day PLUS him, "A minimum number of meetings, plus one" he would say. 31 years later it finally made sense, if I need a meeting, emotionally or spiritually, I better make two or more that day. He got me involved in Big Book workshops, I had to know this book for there would be a time I had no defense against that first drug and how could I help others unless I knew the manual to life, To this day he will say "if it's not in the book then its just an addicts opinion"

Oddly enough I couldn't wait for Step 5, I knew what I did, I could trust him. He told me "Its none of your business what people think of you!"

(Continued on pg 16)

C.A. WORLD SERVICE

TRUSTEE'S CORNER

(Continued from pg 15)

OMG from the age of 5 I spent 27 years thinking wrong! "Do you want to be right, or do you want to be happy", you can't always be both. "Never pass up an opportunity to keep your mouth shut". "Stop comparing your insides to other people's outsides." I have the power to be happy or sad, nobody can change that but me, I have to ALLOW you to irritate me. "Its only money you will make more". If moneys your problem then you don't have any problems", are some of the tidbits he drilled into my thick skull. In retrospect I found that "God was doing for me what I could not do for myself" (From various A.A. Literature) at different times of my sobriety.

I had to fire that Santa clause God that I had and manage my expectations about a God of my own understanding. HE is the creator, the be all and end all, today I serve him not the other way around. Whether the green light I missed, the person that changed lanes in front of me, or my spouse dying, its Gods will. He just saved me from an accident minutes or hours from now, or maybe I got in one so others could see how I act. I must think that way, if I don't I lose my peace and serenity. If I find myself in a place where something "bad" has happened I know to look around and see where I can be helpful. I learned to wear my sobriety on my sleeves otherwise I may miss an opportunity to be helpful. For me today sobriety isn't about what I don't do it's about what I

do.

Anyone can be a quitter, for me its an action word, its not something I do it is something I am. All



those bad things in life, they are just tools plain and simple. I must play the cards God dealt me today, yesterdays hand is gone, tomorrows isn't here yet, stay in the day.

I did my 9th Step with my father while I was still getting loaded before he died, God KNEW I needed that. When I found my wife of 26 years unresponsive, I found myself in a meeting that evening because my feet are trained to do so.

So how do I weather the storm? I don't just believe in "A power of my own understanding" (From various A.A. Literature) I trust it 100%. All those bad things in my life, I must use to help someone else. My favorite is the bottom of page 66 and the top of page 67 in the A.A. Big Book, it says so, it's in the manual.





2027 CELEBRATE AROUND THE
WORLD THEME:
"BEYOND HUMAN AID"

DESIGN OUR CELEBRATE AROUND THE WORLD 2027 LOGO!

COCAINE ANONYMOUS WORLD SERVICE CONFERENCE
UNITY COMMITTEE NEEDS YOUR SUBMISSIONS!

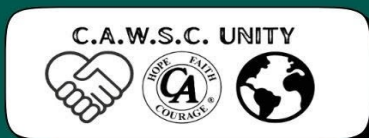
REQUIREMENTS:

- CREATE A NEW LOGO FOR CATW 2027
(ARTWORK WITH THE DESIGN & THEME "BEYOND HUMAN AID")
- SHOULD CONTAIN THE EVENT NAME & THEME
"CELEBRATE AROUND THE WORLD" & "BEYOND HUMAN AID"
- ARTWORK CANNOT BE SIGNED, ARTIST SHOULD SIGN THE RELEASE
FORM (LINK BELOW)
- ARTWORK WILL BE SENT TO THE WORLD SERVICE CONFERENCE
UNITY COMMITTEE AT UNITY@CA.ORG FOR APPROVAL.
- THE DEADLINE IS JULY 26TH 2026
- ARTWORK MUST BE SUBMITTED IN VECTOR FORMAT - HIGH
RESOLUTION PDF/300DPI

Please note: The Unity Committee will review all submissions, vote and present their selected piece to the world service conference floor for final approval.

In the spirit of Tradition 6, C.A. is not allied with any sect, denomination, politics, organization, or institution.

 **FOR MEDIA RELEASE FORM, EMAIL UNITY@CA.ORG** 



C.A. WORLD SERVICE CONFERENCE COMMITTEES

UNITY COMMITTEE

Your WSC Unity Committee Update

I am SO EXCITED to share this news from your World Service Conference Unity Committee: This is a loving invitation to get involved!!!

We have started to build two **Unity CommUNITY** groups. One serves our **European Fellowship** (incl. International Areas, Thailand, Hong Kong, and South Africa) and the other serving our **North American Fellowship**.

These groups are designed to connect C.A. Areas, Districts, Groups and individuals across the whole world of C.A.

These Unity commUNITY groups are hosted in **WhatsApp groups**, (because we all LOVE a WhatsApp group don't we!) The groups create a simple, accessible, focussed and welcoming space to connect, share experience, ask questions, and stay in touch. Please do scan the relevant QR code and join the commUNITY that fits your Area. OR, go wild!! Join them both!!!

Whether you are already passionate about Unity, you want to learn more, you're just curious or even just want to see what's going on, you are so warmly welcome.

We are also hosting **2 monthly Unity CommUNITY calls on the last Sunday of every month, 0930 GMT** for our European CommUNITY AND 0900 Pacific for our North American CommUNITY. **You will find joining instructions on the flyers.**

We would absolutely LOVE to see you there. These meetings are a chance to connect, share ideas, talk openly about challenges, celebrate solutions, and strengthen the bonds that hold our fellowship together.

This is about building something *together*. Our hope is that these Unity CommUNITY groups and calls will help bring the whole wide world of Cocaine Anonymous into closer connection, creating real opportunities for collaboration, communication, and growth.

They also allow your World Service Conference Unity Committee to keep you informed about what we are working on and the resources available to support Areas, Districts and Groups.

So please, scan the QR code, join the WhatsApp group, come along to the call, bring your fellows, bring your questions, bring your experience, bring your love.

We cannot wait to meet you and to build this global Unity CommUNITY.

Your WSC Unity Committee feel incredibly privileged to be of service to this beautiful Fellowship.

In Love, Unity and Service,

Caroline H

WSC Unity Chair / South West (UK) Delegate

Unity@ca.org



C.A. WORLD SERVICE CONVENTION

2026 ORLANDO, FLORIDA, USA

LIVE
Auction



SILENT
Auction

Donate to the
CAWS2026 Auction

At a last resort, every treasure counts-
toss yours to the gators!

Email us: Auctions@caws2026.org

In the spirit of tradition six, C.A. is not allied with any sect,
denomination, politics or institution.



C.A. WORLD SERVICE CONFERENCE COMMITTEES

ARCHIVES COMMITTEE

THE HISTORY OF FLORIDA C.A.

SUSAN D. & THE FLORIDA OLD-TIMERS

(Text transcribed, redacted and edited by Cameron F. from an audio recording of the History of C.A. Florida with Susan D. at the Florida Area Convention: Diversity...Strength Not Weakness January 2-4, 2004)

Susan

Good morning, my name is Susan and I'm an addict.

This workshop is on the history of C.A. in Florida. As I look out among the crowd it's very emotional for me because when I got clean there was no C.A. in Florida that I knew of that essentially existed.

I got clean in another Fellowship while I was in treatment in February of 1985. And I continued to go to those meetings avidly and I continued to go to aftercare at the treatment center where I got clean.

I had about 80 days or so when the counsellor handed me a big brown envelope, well there's some of these meetings all over the country in about 16 states I remembered that. I don't know why but I remembered that number, about 16 states, Chicago, New York, California, and he says we want you to start this meeting.

Just to give you some background I was a school teacher and one of those perfectionist people who had to have everything my way, controlling, not that I'm not like that now. I was very verbal and very accurately verbal, I make it a point to speak correctly most of the time. And I don't know why they chose me but that's probably part of it.

So he handed me this starter kit and I had never heard of this, I had heard of the other Fellowship that starts with an N and I had heard about A.A. and I wasn't all too comfortable going to A.A. because I had never been much of a drinker. I hadn't yet associated the alcohol slash addict togetherness thing there, and I said that those are different people than I am but if I absolutely have to I'll go to an A.A. meeting.

But what is this? It was called Cocaine Anonymous, I had never heard of Cocaine Anonymous. I figured that if there was a Fellowship before I got clean that said Cocaine Anonymous I

probably would have gone for the cocaine because that's what I would have thought they were giving away. I knew better and I was learning.

So I took it home and I looked at the stuff and I read the formats and everything, I thought this can't be too difficult. I've been to meetings and I had not ever chaired one before but it didn't seem difficult. It was actually easier to chair than to speak at because all you have to do is everything they tell you to do.



My sponsor was a nurse in the treatment center and there were several other people, I think there were about 12 of us on that Tuesday night in May, the middle of May, May 15th or so in 1985 at this treatment center. We went into the back room where during the day patients and clients sit in their groups and we met in that room. There were 12 of us in that circle and we started our first C.A. meeting, and we had a business meeting afterward.

We had to decide on a name, I love meeting names, its just that they're so clever but we couldn't think of a name, we just couldn't think of one. Then this one guy named Jeff who sat there and said, well, you know, there's really a need for this meeting, and that became the name "*There's a need*". Of course I was very, very controlling about how that had to be, it's a contraction, it has to be "There Is A Need" and that meeting went on for a while. Sometime after that we discovered happily that there were meetings going on in Fort Myers all the while. I think he said when he spoke in 1984 in October somewhere in 1984. It was prior to February or May of 1985 so those were going on but we didn't know about it. But because we affiliated with C.A. World first they credited South Florida where I was as starting C.A. in Florida, that title doesn't matter here except that the meeting's got started.

(Continued on pg 21)

C.A. WORLD SERVICE CONFERENCE COMMITTEES

ARCHIVES COMMITTEE

(Continued from pg 20)

Next to me is Randy and next to him is Bob, and after the meeting's got started I guess I sort of took a back seat or I was involved in other things for a while. I was still going to the other Fellowship and making the transition. But they came in and got just as involved in service as I was and while I'll probably be back later, I'm going to let them jump in because they've got chronology written down here, and so they can probably fill in some of those gaps.

And after we finish if anybody else who's here from some of the districts of Florida wishes to share you would be quite welcome to contribute whatever you can to fill in the service gaps about C.A. in Florida because we'll want to listen to this again later to learn about ourselves. So Randy, Bob.

BOB

I'm an addict and my name is Bob.

We'll go in order of sequence. I got to tell you that I have been thinking about the history as I can remember it and that's the problem. I don't remember a lot of the details so I'm going to try to tell you what I do remember and I might have to make some of it up.

I went to the same treatment center in December of 1985 and when I shopped around, I called around and I went to that treatment center because they had Cocaine Anonymous and I had never heard of it. I had been to a treatment center a few years earlier and I was exposed to the other Fellowships, so I picked it because it had a C.A. meeting there. Little did I know what was in store for me.

(For the complete article visit)

<https://museum.ca.org/history-of-florida-with-susan-d-and-the-florida-old-timers-2004/>

TO CEASE FIGHTING

Lewis E.
New Brighton, Wirral, England

Should the darkest nights and brightest days
Deafen me with their winds and blind my sight,
Should the murkiest winters and fiercest summers
Freeze my bones and blister my flesh,
Should they contaminate my mind and sicken my body,
Strip me of my company and fill me with their terror,
Unfold their most wretched experience and permit calamity to erupt,

Should they obliterate my spirit and evacuate my soul,
It shall wash over like a pebble on the shores of life,
Should chaos persist in a blaze of riot,
It shall envelop me like a wave in the undying ocean,
And ebb as a thought in the eternal mind,

For all that is heard and seen disappears forever,
Sickness and loneliness are only ever felt,
To embrace pain is to be free from it,
To cease fighting is to never lose,
And to know death is to never truly die.

C.A. WORLD SERVICE CONVENTION

2026 ORLANDO, FLORIDA, USA

CAWS 2026: More Than a Convention

Natalia F. - CAWS 2026 Vice Chair
Plantation, Florida, USA

The 2026 Cocaine Anonymous World Service Convention (CAWS 2026) is a cornerstone event that promotes unity, spreads the message of recovery and strengthens the Fellowship's mission to help addicts worldwide. Held annually since 1985 CAWS 2026 serves as a powerful platform for connection, healing, and service. As the Vice-Chair of CAWS 2026 "A Last Resort" I am delighted to invite you to join us in May 2026 for an unforgettable celebration of recovery and hope.

Why CAWS 2026 Is More Than A Convention

Global unity and fellowship: The convention brings together members from across the world, a great way to connect beyond just local meetings. C.A. has meetings in more than 25 countries worldwide.

Carrying the message to the newcomer: Hundreds of newcomers attend each year often supported by our H&I scholarship which allows them to experience the results and happiness of those with long-term sobriety.

Growth in recovery: Workshops explore topics like service, spiritual transformations and practical guidance on the 12-Step program of action. The speaker meetings and the marathon meetings provide a deep and meaningful messages of recovery.

Supporting World Services: The convention generates essential financial support for Cocaine Anonymous World Services by helping to maintain global outreach efforts, literature distribution and support for local groups.

In essence CAWS 2026 represents the purpose of our Fellowship to offer hope, build unity and celebrate the miracles of recovery. CAWS 2026 is where lives change, friendships form, and the message of recovery is carried forward.

C.A. WORLD SERVICE CONFERENCE COMMITTEES

INFORMATION TECHNOLOGY COMMITTEE

EMAIL : itcommittee@ca.org

Onboard your meetings in the C.A. Mobile App

Here's how to get your Area meetings setup

APPOINT SERVANT

Select or elect a trusted servant to be responsible

GET CREDENTIALS

Contact the World Service Conference IT Committee at itcommittee@ca.org to get login credentials for your Area.

GET INSTRUCTIONS

Contact the IT Committee for instructions to add your meetings.

We are asking each Area of Cocaine Anonymous to appoint or elect ONE point person to follow the process to input and maintain your meeting information. No programming skill is required.

Once your meeting information is uploaded into the database, it can be easily updated at any time. The meeting data can also be used on your Area's website.

The App is in the App Store!



In the spirit of Tradition Six, C.A. is not allied with any sect, denomination, politics, organization, or institution.

C.A. WORLD SERVICE CONVENTION

2026 ORLANDO, FLORIDA, USA

Get Ready for CAWS 2026 in Orlando, Florida May 21-25, 2026!

Sean H. - CAWS 26 Program Chair
Fort Myers, Florida, USA

Amanda M. - CAWS 26 Special Events Chair
Fort Myers, Florida, USA

We're so excited to welcome you to Florida and trust us this is more than just a convention. It's a FULL-ON celebration of recovery, unity, and unforgettable moments in the Sunshine State! Whether you're here for the message or the memories this convention has it ALL.

Recovery, Growth & Inspiration

- Powerful World-Class Speakers – Hear stories of hope from around the globe.
- Engaging Workshops – Deep dives into topics that matter—personal growth, service, unity, and more.
- Marathon Meetings – Day and night recovery meetings to keep the message going strong.
- Fellowship Across Borders – Connect with members from all walks of life and corners of the world.

Activities & Excursions You'll Talk About for Years

Glow-in-the-Dark Kayaking – Paddle through glowing Florida waters after sunset.
Gatorland – Experience wild Florida and its toothy residents up close!
K1 Speed Racing – Feel the adrenaline on the track with electric go-karts.
Bass Fishing – Unwind on the water and see what you can catch.
Golf Outing – Hit the fairways with friends new and old.
5K Run/Walk – Whether you're a sprinter or stroller, join us on the course!
Pickleball Tournament – Yes, it's happening. And yes, it's going to be awesome.
Disney Springs – Come see downtown Disney, eat, shop and explore!
Old Town – Orlando must see! Nostalgic mix of vintage fun, family friendly attractions, maybe even a car show!

Evening Entertainment & Social Events

Live Comedy Night – Laughter is the best medicine!
Blues & BBQ & Buffet – Great food, soulful music, and good company.
Dance Party – Let the rhythm move you.
Pool Party – Sun, swims, and pure summer vibes.
Movie Night – Grab a chair and your favorite snack, and wind down with a film under the stars.

This is not just a convention it's a world celebration of recovery, healing and joy. Whether you're attending every meeting or soaking in the Fellowship between events, CAWS 2026 in Orlando will be the highlight of your journey. Don't miss this once-in-a-lifetime celebration of hope, laughter, recovery and connection in sunny Orlando!

C.A. WORLD SERVICE

TRUSTEE'S CORNER

WALKING THE TRADITIONS THROUGH SERVICE

Jenn S. - Pacific North Regional Trustee
Calgary, Alberta, Canada

When I first came into recovery, I heard a message that went far beyond “work the Steps.” People told me that if I wanted to be happy and have meaningful recovery, I also needed to live the Traditions. I didn’t understand what that meant at first, but over time I came to see that the Steps saved my life, and the Traditions taught me how to live it.

The Fellowship showed me early on that service was not just a task, it was a spiritual principle in action. My first service commitments were humble, washing ashtrays and cleaning coffee cups, hopefully not with the same water, stacking chairs and cleaning up after the meetings. But even those simple tasks taught me about Tradition Seven’s self-support, Tradition One’s unity and the humility that runs through all our Principles.

From that point forward service became part of the foundation of my recovery. I’ve been of service at every level, serving the group, district, area, and world levels, every commitment has connected me more deeply to this Fellowship.

Through Tradition Five I learned that our primary purpose is “To carry the message to the addict who still suffers” (From N.A. Literature - “Being of Service”). Every time I’ve stood at a meeting door with a smile, or spoken to someone in detox, or poured a cup of coffee for a newcomer shaking from withdrawal, I’ve been reminded that I am living out that purpose. Service allowed me to feel the heartbeat of our Fellowship and showed me that Spirit often works through simple acts.

No matter where I serve my home group remains my spiritual anchor. Tradition Four reminds me that each group is autonomous and because of that autonomy my home group becomes the place where I plug in, grow roots, and stay grounded. It is and always will be my favorite place to serve, that is where I feel unity, humility and love in their purest forms.

Today I serve as the Pacific North Regional Trustee and it is one of the greatest honors of my life. Tradition Two reminds me that I am not in charge and that a loving Higher Power expresses itself through our group conscience, I simply show up and do my part. I walk in the footsteps of those who held this position before me, people who dedicated years of their lives to C.A. Their example taught me that trusted servants do not govern that they lead from the front by serving.

C.A. has made my world bigger than I ever imagined. Tradition Three ensured that I had a place here long before I believed I belonged. I had no life before C.A., now I have a life filled with purpose and connection. I can never repay what has freely been given to me but the Traditions show me how to give back in a way that is spiritual, useful and grounded in love.

Every level of service reminds me that this Fellowship exists because people before me stepped up. Tradition Nine teaches me that we are organized enough to do our work but never so rigid that we lose the spiritual nature of our program. I get to be part of that balance helping C.A. reach the addict who has not yet walked through our doors while supporting the people who already have time and stability.

After 33 years in recovery I know this truth, I don’t “have to” do service, I “get to” do service. It is my gratitude in action, my contribution to unity, and my way of honoring the spiritual principles that saved my life.

The Steps gave me a design for living and the Traditions taught me how to live in harmony with others. Service is the bridge between the two and it continues to be one of the greatest spiritual gifts of my recovery.

C.A. WORLD SERVICE CONFERENCE COMMITTEES

UNITY COMMITTEE

C.A.W.S.C. UNITY



LAST SUNDAY OF EVERY MONTH
0930 GMT / 1030 CET
CAWS UNITY COMMITTEE

EUROPEAN

Community Call

drop in, hang out, share experiences

MEETING ID: 812 5656 3458
Passcode: Unity2025



2026 NORTH AMERICAN PI SUMMIT

Radisson Hotel Phoenix Airport

427 N 44th St
Phoenix, AZ 85008

February 18-22 2026

Call/Text Cody E for
Registration Questions
480-349-7386



Registration QR



In the spirit of tradition six, "CA is not allied with any sect, denomination, politics, organization, or institution."

THE SPIRITUAL LIFE IS NOT A THEORY

Earl H.
Oceanside, California, USA

“Having had a *spiritual awakening* as the result of these Steps, we tried to carry this message to addicts, and to practice these principles in all of our affairs.”

Our literature describes a general definition of a spiritual awakening:

“When a man or woman has a spiritual awakening, the most important meaning of it is that he has now become able to do, feel, and believe that which he could not do before on his unaided strength and resources alone. He has been granted a gift which amounts to a new state of consciousness and being. He has been set on a path which tells him he is really going somewhere, that life is not a dead end, not something to be endured or mastered. In a very real sense he has been transformed, because he has laid hold of a source of strength which in one way or another, he had hitherto denied himself. He finds himself in possession of a degree of honesty, tolerance, unselfishness, peace of mind, and love of which he had thought himself quite incapable. What he has received is a gift, and yet usually, at least in some small part, he has made himself ready to receive it.” (Pg. 106-107 12X12)

He makes himself ready for the free gift by practicing the 12 steps of our program.

Most spiritual awakenings are gradual in nature, not sudden.

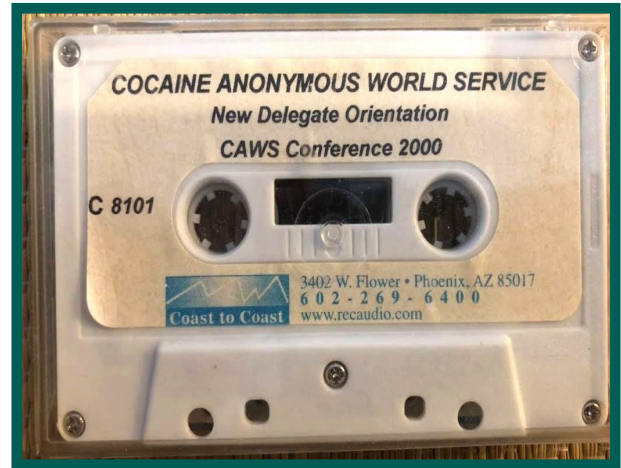
My service sponsor Bill Z described it as Slowbreity!

Dr. Paul O. author of the 17th story in the 3rd Edition of the Big Book sponsored Bill Z. The 17th story is entitled: Doctor, Alcoholic, Addict. He took Bill Z through the Steps via the Big Book and the 12X12 in a certain order and fashion. I was blessed and lucky enough to study this process with Bill Z most Tuesday nights from 2008 until Bill’s passing a few years ago. Bill started this closed group August 1st 1995, he called it “The Men of the Garage”. We still meet on Tuesday nights to study our literature and the history of A.A. & C.A.

What Dr. Paul taught us through Bill Z was that we were building a sober structure for our recovery. Practice takes time and repetition. We’re working the Steps in our hearts as well as our minds while learning to apply the principles to situations.

Dr. Paul led Bill to excerpts in our Big Book regarding the building of the structure:

Pg 12 “*It was only a matter of being willing to believe in a power greater than myself. Nothing more was required of me to make my beginning.* I saw that



growth could start from that point.” Upon a *foundation* of complete willingness I might build what I saw in my friend. Would I have it? Of course I would. HOPE

Pg. 47 “Do I believe, or am I even willing to believe, that there is a power greater than myself?” As soon as a man can say that he does believe, or is willing to believe, we emphatically assure him that he is on his way. It has been repeatedly proven among us that upon the simple cornerstone a wonderfully effective spiritual structure can be built. HOPE

Pg. 62 “First of all, we had to quit playing God. It didn’t work. Next, we decided that hereafter in this drama of life, God was going to be our director. He is the principal; we are his agents. He is the Father, and we are His children. Most good ideas are simple, and this concept was the keystone of the new and triumphant arch to which we passed freedom. FAITH

Pg.75 Carefully reading the first five proposals we ask if we have omitted anything, for we are building an arch through which we shall walk a free man at last. Is our work solid so far? Are the stones properly in place? Have we skipped on the cement put into the foundation? Have we tried to make mortar without sand? COURAGE & INTEGRITY

Pg. 97 Helping others is the foundation stone of your recovery. A kindly act once in a while isn’t enough, SERVICE

(Continued on pg 29)

THE SPIRITUAL LIFE IS NOT A THEORY

Earl H.
Oceanside, California, USA

(Continued from pg 28)

Please Hear Our Prayers

God thank you for all that you have granted us and for bringing us this far,
Please continue to help us now and today as we grow in Your love,

May we be at peace,
May our hearts remain open,
May we awaken to the light of our own natures,
May we be healed of all things,
May we be a force of healing in others if it be thy will,

God please keep us sane and sober today allowing us to accept that which we cannot change,

Build with us and do with us as thou wilt,
Relieve us of the bondage of self,
Please free us from our self-centeredness,
Self-seeking, selfish delusions, selfish obsessions, self-pity, and selfish debasement,
Please take away our difficulties that we may be a good example of
Your power, Your love, and Your way of life today and always,

Please grant us the willingness and humility to drop the rocks that weigh our spirits down,
Please remove from us every obstacle that lies in our path towards You,
We humbly ask You to free us from the need to know, to be right, to look good,
to judge, to control, to keep score and to get even,

Let us go forward and be unafraid, kind, and loving in service to others,

Grant us the wisdom to see when we are approaching fear, resentment, or selfishness,
Prevent us from causing any harm to others and should we do so
grant us the power to amend and heal that harm quickly,

Help us improve our conscious contact with You that we may better do Your will,
Allow us to do a little better each day and to continue to access Your Power,
We will carry and give away Your gifts bestowed upon us,
We will strive to practice Your principles in all of our affairs,
We will continue to have Spiritual Awakenings

Amen.

C.A. WORLD SERVICE CONFERENCE COMMITTEES

LITERATURE, CHIPS & FORMATS COMMITTEE



The World Service Conference Literature, Chips, and Formats (LCF) Committee is actively seeking new members to help create what the Fellowship has asked of us.

Our Fellowship Needs YOU...

Any C.A. Member Can Join!

Main Committee meets on the 3rd Sunday of every month at
10:00 am PST / 6:00 pm GMT

<https://us02web.zoom.us/j/88147614236?pwd=BUCPCh6sTyGJ660J8bKf6ulc bKFNff.1>

Meeting ID: 881 4761 4236 / Passcode: lcf

Project Subcommittees Meet Separately

Have questions? Email lcf@ca.org

Put your creativity into service!



In the spirit of Tradition Six, Cocaine Anonymous is not allied with any sect, denomination, politics, organization or institution.

CELEBRATE AROUND THE WORLD IDEA'S FOR AREA'S

Larissa O.
Edmonton, Alberta, Canada

Celebrate Around The World Ideas That Have Worked For Areas In Our Fellowship!

Celebrate Around the World is fast approaching! When I first became a Delegate in Manitoba I wanted to do the best I could for the Fellowship! I asked people in my Region what they did for this event and they were oh so helpful in sharing ideas. I have since moved and am an Alternate Delegate in another Area and I thought it would be a fun idea to gather more ideas that have worked in other Areas and put them in one spot so that it could help other Areas in the Fellowship that I love so much!

I have heard a lot of Areas having their Celebrate Around the World events being Delegate fundraisers!

Some Ideas that have been shared include:

- Virtual/ In person meetings with games and speakers were a very popular option!
- Having the CATW events focus on helping the Area understand what Delegates do. Having the job description of a Delegate read out of the WSM and having one or more current or former delegates speak at a meeting.
- Meeting the Delegates Meetings.
- Focusing on the theme of the upcoming World Convention and implementing that into the CATW theme!
- Having meetings simultaneously running across the Area.
- Tacos, Guest Speakers, and Swag.
- Chili Cookoff and/or Chili Eating contest.
- Creating sweaters, shirts, and other items with the CATW logo.
- Resentment Pies (some Areas sell them for a flat rate others have only a certain number and they go to the highest bidder) and Live Auctions paired with workshops.
- Addicts on Ice; Ice Skating, hot cocoa, cookies, and sometimes an ugly christmas sweater.
- 80's themed Roller Skating Party.
- Movie Night - using a projector and screen if you can't find somewhere with equipment or a smooth wall.
- Yard Sale - members donate items and profits go to delegates or Area whatever is decided.
- Indoor Mini Golf.
- Ornaments or planters of some kind with logo on them.
- Bingo with C.A. memorabilia as the prizes.
- Raffles, Fellowship Dinner and Speakers.
- Sing the next line / Guess that tune.

A lot of these ideas include speakers, a raffle of sorts, food, and a whole lot of Fellowship!

I want to thank everyone for sending ideas that have worked in their Areas!

I hope this can help folks who are looking for ideas for Celebrate Around the World!

Father Francis

Brian N.
Pasadena, California, USA

I met Father Francis when he joined the trustee board in 1994 and had the pleasure of serving with him until I rotated off after the World Service Conference in 1996. I had not been on the board during the discussions and voting to fill the position but those that were raved about him and I was eager to meet him. As our first non-addict trustee I was curious about how he would fit in and what he would bring to the board.

By the end of our first day together I knew they had made a good choice. Francis had a smile and easy laugh and an infectious calmness that put others at ease. He used to joke that he didn't know why he was on the board, or what he was supposed to do, but he took on whatever projects he was assigned or volunteered for with a willingness and determination that was inspiring.

He wasn't one of "us" but felt the work we were doing was important and wanted to help. For me personally his impact was the opening of my mind, I came to realize that I was somewhat closed-minded

about religion and those who practiced specific faiths.

I had developed and grown my own understanding of a Higher Power and was unconsciously suspicious of those practicing "Religion vs. Spirituality".

Spending time with Francis gave me the opportunity to get to know someone who was not an addict but had had a spiritual experience. He was dedicated to helping others find and grow a relationship with a Higher Power and practice spiritual principles in all of their affairs.

He helped me to understand that the freedom to have a Higher Power "of my own understanding" extended to him and everyone else so my skepticism was limiting. What a beautiful teaching and one that continues to guide me. Ironically he did a workshop on this topic at the World Service Convention in Salt Lake City.

I am grateful for the time I shared with Father Francis and I am better for it. Isn't this the legacy that we all hope for? To leave it better than we found it.

WHY? A LETTER TO THE ONE WHO'S GONE

Nadz L.
Hackettsland, Ireland, UK

I had so many whys,
Why this, why that, why me?
Why this, why that, why you?
I was drowning in it.

I was angry at your silence,
At the mess you left behind,
I wore this fiery blanket,
To keep me safe and alive.

The storm was here,
I shouted into the wind,
I added fire to the rain,
I mistook its fury for life.

I stood in downpours of regret,
Every lie I told was a drop,
Every truth I ran from was a flood,
Why couldn't you let me hear?

I was pulled from the bottom,
And learned to breathe again,
The storm didn't stop,
I stopped fighting the wind.

One step, one day at a time,
I grew stronger, I grew wiser,
Those whys became whispers,
I don't need answers anymore.

Why?

I forgave us instead.

C.A. WORLD SERVICE CONVENTION

2026 ORLANDO, FLORIDA, USA

Your Ultimate Florida Packing Guide for CAWS 2026

Getting ready for the CAWS 2026 Convention in sunny Orlando, Florida means registration, booking flights and hotels, but it's about being prepared for everything that happens in and around the convention. Daytime high temperatures can be in the upper 80s to low 90s Fahrenheit (around 31-33°C) and overnight lows near 70°F (21°C). And while we are the "Sunshine State" late May is nearing our rainy season so we may see a brief afternoon rain shower. Regardless of the time of day at CAWS 26 Orlando there will be endless opportunities for both Fellowship and adventure so packing smart is key. Whether you're strolling through the nearly 60-acre expanse of the Caribe Royale Resort, exploring Orlando's many attractions, or relaxing by the pool, having the right essentials will keep you comfortable and stress-free. To assist I've put together a practical list of must-have items plus a bonus section for tech and travel gear so you can focus on enjoying your experience without any last-minute hiccups. With these essentials in your bag you'll be ready to make the most of your time at the CAWS 2026 Convention.

10 Must-Have Items for Your Packing List

1. **Lightweight, breathable clothing** – Florida's warm and humid climate calls for comfortable attire.
2. **Business or Formal attire for the Sunday Night Banquet** - The Party AT the Party, our BIG event!
3. **Swimwear** – Pack more than one!! Poolside or beachside, dress for the water and protection!
4. **Sunscreen (SPF 30+)** – The sun is strong year-round; protect your skin.
5. **Sunglasses with UV protection** – Essential for eye safety and comfort.
6. **Hat or cap** – Helps shield your face from the sun.
7. **Comfortable walking shoes** – Great for theme parks, nature trails, and city strolls.
8. **Flip-flops or water shoes** – Perfect for beaches and water activities.
9. **Bug repellent** – Mosquitoes can be common, especially outdoors near water or in the evenings.
10. **Rain poncho or small umbrella** – Florida weather can bring sudden showers.

Bonus: Tech and Travel Essentials

1. **Portable phone charger/power bank** – Theme parks and day trips can drain your battery quickly.
2. **Waterproof phone case or pouch** – Protect your device poolside, during beach days, or water rides.
3. **Extra charging cables** – Always have backups for your devices.
4. **Travel adapter (if coming from abroad)** – Ensure compatibility with U.S. outlets.
5. **Noise-canceling headphones or earbuds** – Great for flights or relaxing downtime.
6. **Camera or GoPro** – Capture underwater and adventure moments.
7. **Smartwatch or fitness tracker** – Helpful for tracking steps in theme parks and outdoor activities.
8. **Travel-size first aid kit** – Include band-aids, pain relievers, and motion sickness tablets.
9. **Dry bag** – Keeps valuables safe from water poolside, during the night time kayaking tour, or beach/springs trips.
10. **Printed or digital copies of reservations/tickets** – For theme parks, tours, and other ticketed activities.
11. **Lightweight backpack or daypack** – Perfect for carrying essentials during excursions.
12. **Travel insurance documents** – Always good for peace of mind.

With this guide, you'll be ready for both the CAWS 2026 Convention and all the other adventures Central Florida has to offer. Pack smart, stay comfortable, and make memories that last a lifetime!

C.A. WORLD SERVICE CONFERENCE COMMITTEES

PUBLIC INFORMATION COMMITTEE

Please take a few minutes to complete the World Service Committee Public Information Survey:

pi.ca.org/survey

For information about why the survey is a useful tool for PI see:

<https://pi.ca.org/fact-file-survey/>



WORLD SERVICE COMMITTEE PUBLIC INFORMATION SURVEY



Please take a few minutes to
complete the Survey:

pi.ca.org/survey

C.A. CALENDAR OF EVENTS

January 16 - 18, 2026

Cocaine Anonymous Philly Area Convention

LOCATION

Radisson Hotel Philadelphia Northwest

2400 Old Lincoln Highway, Trevese, PA 19053

February 20 - 22, 2026

30th Annual N.E.O.D.C.C.A. Unity Convention

LOCATION

S. Event Center, Quality Inn & Suites Richfield

4742 Brecksville Road, Richfield, Ohio 44286

March 13 - 15, 2026

Illinois Area Unity Convention

LOCATION

Hilton Rosemont

5550 N. River Road, Rosemont, Illinois

March 20 - 22, 2026

European Regional Convention 2026

LOCATION

Royal Marine Hotel

Dun Laoghaire, Dublin, Ireland

April 16 - 19, 2026

Atlantic North Regional Convention

LOCATION

DoubleTree by Hilton Hotel

401 Buffalo Ave, Niagara Falls, NY 14303, USA

May 21 - 25, 2026

C.A. World Service 2026 Convention

LOCATION

Caribe Royale Resort

8101 World Center Dr. Orlando, FL, 32821, USA

Volunteer With US!

To become a member of a committee or to be of service before, during or after the event, please contact our Volunteer Coordinator:
Chris D. @ volunteers@caws2026.org



Steering Committee

| | |
|------------------------|---------------------------|
| CHAIRPERSON: Justin C. | chair@caws2026.org |
| VICE-CHAIR: Natalia F. | vicechair@caws2026.org |
| TREASURER: Randy M. | treasurer@caws2026.org |
| PROGRAM CHAIR: Sean H. | programchair@caws2026.org |
| HOTEL LIAISON: Sam S. | hotelliaison@caws2026.org |
| SECRETARY: Brandi G. | secretary@caws2026.org |

STATEMENT OF PURPOSE:

The purpose of the World Service convention is to carry the message to the addict who still suffers and promote enthusiasm and unity within the fellowship of Cocaine Anonymous and financially support World Service's effort to carry the message to the addict who still suffers.

In the spirit of Tradition Six, C.A. is not allied with any sect, denomination, politics, organization or institution

SPECIAL EVENTS PRESENTS OFFSITE FUN



FRIDAY EVENTS: 5/22/2026

GOLF
OLD TOWN TRIP
DISNEY SPRINGS TRIP
EPIC PADDLE BOARDING & KAYAKING

SATURDAY EVENTS: 5/23/2026

5K FUN RUN / WALK
K1 RACING

SUNDAY EVENTS: 5/24/2026

BASS FISHING
PICKLEBALL TOURNAMENT
GATORLAND

Join us as we head offsite for some of Orlando's top attractions! Register now these will sell out!

REGISTER AT CAWS2026.ORG
PLEASE EMAIL SPECIAL EVENTS WITH ANY QUESTIONS
SPECIAL.EVENTS@CAWS2026.ORG

C.A. 7th Tradition Donations - 4th Quarter 2025

| <u>Location</u> | <u>Area/Groups</u> | <u>Donation</u> |
|--|--------------------|--------------------------------------|
| Asia | Thailand | Thailand Group of C.A. |
| | | \$ 25.00 |
| Canada | Alberta | Southern Alberta Area |
| | | \$ 336.36 |
| | Nova Scotia | Serenity Seekers |
| | | \$ 35.29 |
| Europe | Netherlands | Noord-West |
| | | \$ 347.00 |
| United Kingdom | England | CA-London |
| | | \$14,863.05 |
| | | CAUK Online District |
| | | \$ 2001.95 |
| | | England & Wales |
| | | \$ 6524.93 |
| | | Kent District |
| | | \$ 955.74 |
| | | North London District |
| | | \$ 1472.51 |
| | | South Central District |
| | | \$ 485.88 |
| | | SCD-Ferndown Meeting |
| | | \$ 105.33 |
| | | Southwest UK |
| | | \$ 1282.80 |
| | | West London District |
| | | \$ 87.99 |
| | Scotland | Scotland Area |
| | | \$ 958.00 |
| United States | Alabama | First Freedom Group |
| | | \$ 100.00 |
| | | The Wall |
| | | \$ 80.70 |
| | Arizona | Birds of a Feather |
| | | \$ 60.66 |
| | | SNL Group |
| | | \$ 164.38 |
| | | Brick by Brick |
| | | \$ 5.00 |
| | California | Because of you God |
| | | \$ 75.00 |
| | | CALA WSH District |
| | | \$ 880.00 |
| | | Conway |
| | | \$ 80.00 |
| | | Grateful in Granada |
| | | \$ 79.00 |
| | | Inland Empire Area Service Committee |
| | | \$ 1414.00 |
| | | Long Beach Compton |
| | | \$ 387.50 |
| | | Love and Tolerance |
| | | \$ 27.00 |
| | | Northbay Service Group |
| | | \$ 250.00 |
| | | OCCA |
| | | \$ 200.00 |
| | | One Puff too Tough |
| | | \$ 1000.00 |
| | | San Diego Area |
| | | \$ 1167.90 |
| | | San Fernando Valley Central Office |
| | | \$ 2000.00 |
| | Colorado | Hope not Dope |
| | | \$ 9.06 |
| | | Startin'over Group |
| | | \$ 87.45 |
| | Florida | Florida Area C.A. Inc. |
| | | \$ 210.00 |
| | Georgia | Beyond Human Aid |
| | | \$ 45.10 |
| | | Log Cabin Group |
| | | \$ 120.00 |
| | Illinois | C.A. IACA Inc. IL. |
| | | \$ 300.00 |
| | Massachusetts | Mass Area of Cocaine Anonymous |
| | | \$ 50.00 |
| | Michigan | A New Way of Life |
| | | \$ 35.00 |
| | Nebraska | CA of Nebraska Inc. |
| | | \$ 220.35 |
| | | Monday Night Miracles |
| | | \$ 564.00 |
| | New Jersey | NJ District |
| | | \$ 500.00 |
| | | Speedball to Recovery |
| | | \$ 111.25 |
| | North Carolina | Don't Push It |
| | | \$ 46.58 |
| | Ohio | Back to Basics |
| | | \$ 100.00 |
| | Oregon | C.A. of Oregon |
| | | \$ 600.00 |
| | Pennsylvania | CA of PA NJ DE Inc. |
| | | \$10,000.00 |
| | South Carolina | Spiritual Lines |
| | | \$ 200.00 |
| | Tennessee | Off the Rocks |
| | | \$ 125.09 |
| | Utah | CA of Utah |
| | | \$ 5513.49 |
| | Washington | DC-MD-NOVA |
| | | \$ 25.00 |
| Online Service Area | | Daily Reprieve |
| | | \$ 71.75 |
| | | Step It Up Big Book Study |
| | | \$ 106.50 |
| Member Donations | | CAWSO |
| | | \$ 20.00 |
| | | Give Butter Donations |
| | | \$ 3289.11 |
| | | Freedom Fund |
| | | \$ 5419.27 |
| | | Gratitude Contribution |
| | | \$ 638.16 |
| | | Individual Donations |
| | | \$ 5000.00 |
| 4th Quarter 2025 Total Donations | | \$70,860.13 |