ONE DAY AT A TIME

MEWS CAP GRACE.

Vol. 40 No. 1 C.A. World Service Office, 21720 S. Wilmington Ave., Ste. 304, Long Beach, C.A. 90810-1641 1st Quarter 2022

ONE DAY AT A TIME IS OUR PATH FORWARD

By Nathan R. Airdrie, Alberta, Canada

I started my addiction as a young child reaching out. Reaching out for attention. Reaching out for peer support. Reaching out for acceptance.

My parents split when I was very young and I was bounced around from home to home, from guardian to guardian, from one end of Canada to the other. Never having consistency and never being able to get comfortable with myself.

With minimal supervision I found all the wrong hobbies to keep busy, and it was easy to find friends who were looking to aid me I my wrong decisions.

At such a young age, out and about. Stealing, vandalizing, fighting, hustling, smoking, skipping school, B&E's, running and or hiding from police. At such a young age, spiraling out of control. It was only a matter of time before I found alcohol.... And then drugs.

When I was ten my older brother and his friends got my drunk in a bedroom while my mom was having a Halloween party. I had discovered the "warm and fuzzy". The "warm and fuzzy" was the feeling I'd get every time I was able to ingest enough alcohol. At first this wasn't often but more and more so often my hobby became seeking, finding, and consuming alcohol. In my mind, nothing was off the table so sneaking, stealing. Surrounding myself with aiding parties became the norm.

Within a year I had found pot and hash. Within two years I found LSD, then the next year mushrooms.

By the time I was 12 I was fully into my malady of addiction. Not yet putting it before school but definitely looking for every opportunity to get fucked up. It was the acceptance I had been craving and one day at a time I was drifting further into my malady, and further away from normalcy.

I was in a sense, lucky because a lot of the time when I was very high on pot, I would get paranoid. I still would get the "warm and fuzzy" so that didn't stop me from continually using. It did however deter me from trying other drugs in the meantime, but as I grew older my paranoia got worse.

Through my teens I was still being moved around the country to different locations about once a year. By the time I had reached the end of my adolescence I had dropped out of school three times and returned twice, lived on the streets for a bit, been expelled from 2 schools and messed up a work placement program through school for credits set up by my school board.

By the age of 17, I had been prescribed as a mild case of psycho-schizophrenia from continual drug use. To me, the term "mild" seemed insufficient. To me it was a nightmare. This trauma did help me quit pot. I kept drinking and occasionally would use a hallucinogen.

After I had regained a hold of my mental health and given up on school for good, I was out in the world. A young adult with no real direction. My alcoholism was a big part of my identity at this point. I couldn't hold a job. I was consistently late, absent or hung over. I would find opportune moments to take much needed naps at work when I was there. One day at a time I was training my day to be a functioning alcoholic. Functioning but not legitimately building a life.... Only functioning.

When I was 19, I began working with cocaine and crack. I had still never done it and at the time was adamant I would never. I saw a lot of things, being involved in that industry for the next few years. Being only around people who were in that lifestyle, I continued to go down a rabbit hole. I partied a lot but eventually got arrested. Once out I continued to deal. After a few more close calls with the law I got out. I wanted to straighten up although it never occurred to me that I would need to remove alcohol from my life, so I did not.

(Continue on page 3)

C.A. TRUSTED SERVANTS

CAWS Board of Trustees:

- ◆ Trustee at Large 1: Jason L., Chair, London, England email: tal1@ca.org
- ◆ European Region: Sarah T., Vice Chair, Perivale, England email: ert@ca.org
- World Service Trustee: Joni E., Secretary, San Diego, California, USA email: wst@ca.org
- ♦ Atlantic North Region: George M., Franklin Park, New Jersey, USA email: anrt@ca.org
- ♦ Atlantic South Region: Chris M., Ft. Myers, Florida, USA email: asrt@ca.org
- Mainland Europe Region: Johan T., Stockholm, Sweden, email: mert@ca.org
- Midwest Region: Clayton P., Cleveland, Ohio, USA email: mwrt@ca.org
- ◆ Pacific North Region: Ruby C., Roy, Utah, USA email: pnrt@ca.org
- Pacific South Region: Aurora L., Fontana, California, USA email: psrt@ca.org
- ♦ Southwest Region: Barry H., Oklahoma City, Oklahoma, USA email: swrt@ca.org
- ♦ World Service Office Trustee: Laurie R., San Diego, California, USA email: wsot@ca.org

CAWSO Board of Directors:

- ♦ Chair: Brenda M., Los Angeles, California, USA
- ♦ Vice Chair: Alesia F., Lancaster, California, USA
- ♦ Treasurer: Michael T., Los Angeles, USA
- ♦ Secretary: Yves W., Montreal, Quebec, Canada
- Paid Director of Operations: Lolita S., Compton, California, USA
- World Service Office Trustee: Laurie R., San Diego, California, USA
- World Service Trustee: Joni E., San Diego, California,
- Director of Conferences and Conventions: Robert B., Houston Texas, USA
- ♦ Director-at-Large: David C., Weymouth Dorset, England
- ♦ Director-at-Large: Susan L., Fredericksburg, Texas, USA
- ♦ Director-at-Large: Joanne P., Newport, Wales, UK

CAWSO Personnel:

Lolita Smith, Director of Operations Adrianne Lopez, Office Projects Manager Brian Cole, Shipping and Receiving Clerk

NewsGram:

Editor: Yves W., Montreal, Quebec, Canada Associate Editor: Susan B., St George, Utah, USA

The NewsGram is a quarterly publication of the World Service Office of Cocaine Anonymous. This publication and all its contents are copyrighted by Cocaine Anonymous. Any unauthorized duplication or publication is prohibited. Send all requests to: NewsGram, c/o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, C.A. 90810-1641, by e-mail to newsgram@ca.org, or by fax to 310-559-2554, Attn: NewsGram. You can call the WSO at 310-559-5833.

WSO NEEDS YOUR HELP MAINTANING MEETINGS LISTS ON CA.ORG

When was the last time you reviewed your Area contact info on <u>ca.org</u>?

Is the phone number on the Telephone Directory page correct for your Area?

Is the website address for your Area correct?

https://ca.org/meetings/

If you see any discrepancies, please ask your Area Delegate to provide the updated information to WSO.

Attn: Lolita at doo@ca.org

(The A.A. Book Alcoholics Anonymous, the book Twelve Steps and Twelve Traditions, the books Hope Faith & Courage Volume I, Hope Faith & Courage Volume II and A Quiet Peace are used with permission.)

Inside This Edition	Page(s)
7 th Tradition for October - December 2021	15
C.A. Calendar of Events	14
C.A. Trusted Servants	2
C.A. World Service Conference Committees	10-11
Financial Review 4th Quarter 2021	15
God Shots	4
My Life Changed Living One Day at a Time	5
NewsGram Editorial Policy	7
NewsGram Subscription Form	7
One Day at a Time for a Lifetime	6
One Day at a Time is Our Path Forward	1, 3
Today, is Enough for Today	4

ONE DAY AT A TIME IS OUR PATH FORWARD

By Nathan R. Airdrie, Alberta, Canada

(Continued from page 1)

Over the next few years I continued to live by my own accord. I continued to drink and party, continued to get myself into trouble by once in a while getting thrown into the drunk tank, fighting, using people, losing jobs, ruining relationships and even crashing a few cars. Then one day at the age of 23, I finally tried Cocaine. I definitely elevated my addiction that night. One day at a time my addiction took the best of me but at the same time, it all felt so normal. I was still able to function and build a family. My Girlfriend stuck with me through a lot. I had a son at 27. This calmed me for a few months as we welcomed him into the world but didn't last long. Just before I turned 30 I hit my first bottom. I knew in myself that things had to change. The last few-day-binge put things in perspective for me.

I made a commitment to myself and to my family and changed my life. I quit drinking and everything else for almost 4 years. Looking back the positivity poured into my life after that. 11 mo. Later I got married. 25 mo. Later we bought a house. Shortly after that I started a new career and the company I was working for indentured me as an apprentice in a trade.

At almost 4 years sober I took part in a social group with a lot of drinkers. I felt like an outcast and also felt confident whough in all that I had learned about myself in those 4 years that my alcoholic mind told me I would be fine to have coffees with booze in them to become a part of the group. One day at a time I started drinking and using cocaine more and more.

Over the next years I ruined relationship after relationship, drove drunk countless times and put my wife through hell. I made some very poor life choices like quitting my job in my new career and ruining two other jobs. I got my nose in some hot water with the law and my anxiety came back so much I almost got myself killed. I separated with my wife of 8 years (relationship of 16 years), and One day at a time portrayed myself as a raging alcoholic to my children who were now old enough to know what and alcoholic is.

It was now 5 years since I drank a drop of whiskey in my coffee I was 39 and had found myself in terrible financial, physical, and mental condition. I had hit bottom. I folded.

I reached out to family and friends for a solution which I had no idea about except the fact that it had worked for them. I was introduced to the 12 step program. Walked into a room full of strangers who knew my struggles and who had a solution. All I had to do was "the work". Knowing in my heart I did not want to continue digging I poured my all into recovery. It didn't come easy but I've now completed the steps and One day at a time I am rebuilding my life

THE NEWSGRAM IS LOOKING FOR YOU!!!!!

WOULD YOU LIKE TO BE PUBLISHED???
DO YOU HAVE SOMETHING TO SAY???

The NewsGram is looking for your articles, recovery jokes, recovery poems, suggestions, ideas, recovery drawing, or spiritual thoughts. This is YOUR publication!! We're looking for small items of 1 or 2 lines up to articles anywhere from 200 to 1100 words. If you write an item, you can upload it and sign the release form online at

https://tinyurl.com/y9yu92l3

or snail mail it to:

NewsGram / C/O CAWSO / 21720 S. Wilmington Ave., Ste. 304 / Long Beach, C.A. 90810, USA

TODAY, IS ENOUGH FOR TODAY

By Tai M B. Colton, California, USA

"One Day at Time" the idea alone used to baffle me. I'd often stumble over the timetable as if it was so huge. Some days the thought would be easy, and I'd know I had made it that day especially in later recovery but in the beginning the day the word, the thought would be too hard to understand.

My first 90 days were painful and my body in the first 30 days would often be overwhelmed with shaking, sweating, nausea. My mind well that was a different story, I felt as if the thought of death was easier than the absence of drugs and alcohol. How did people do this? Could I continue to do this after day four?!

It still seems so fresh in my mind even as my four years of sobriety is just days away. The memory of my last run is never far from my grasp for that keeps me here even today. In the first 30 days I would often add up hours, moments and episodes. Days were still too long for me then. I remember telling myself over and over you can have a drink tomorrow, a pill even.

I repeated that for what seemed to be eternity only to realize it was just the first nine months. Even after year one I had days where all I could do was focus on the moments rather than the day. After completing my Steps two years into my recovery I realized I had begun to see and understand the "One Day at a Time" slogan. Trying to grasp the thought before then was hard. I would fantasize often about the future and think to myself "damn, I gotta do this every day for the rest of my life?"

This is impossible. Meanwhile I had accumulated three years, but I think to myself now "thank God" it was only today, one day at a time because any more than that is too much for my crazy mind to understand. Hell let's be honest, I couldn't even call my sponsor for 30 days at the beginning of our work. She's startled even now when I call her two days out of the week. I'm more of a text novel type of gal. It's something I'm working on.

Today is about today, bad, good, crazy, exciting, all of it wrapped in a day and I'm ok with that. That's enough. I love the "One Day at a Time" because I know the good will end and so will the bad. I know that God has me in all the outcomes for the next 24 hours

I know this because I've done some work and continue to even after day 1,458. Cocaine Anonymous is the Fellowship I've craved and created. They help me see where my feet are planted. With the help of my sponsor and the Steps I can focus on the moment and walk through it with God.

I love the idea of today, I love that today I woke up and didn't come to. I love that I get to thank God for giving me one more day to breath and live, I love that today the urge of using and drinking doesn't cross my mind as it once did every minute on day 1. I love that today it's just "One Day at a Time" for me. That one day is enough.

GOD SHOTS

By Amanda D. Magnoli, Texas, USA

My drug of choice was cocaine you see, in a form of a rock it was a friend to me. As the months went by so did my weight from 132 to 108. After the weight came reality, I turned into a dope head with no pride or dignity. I looked in the mirror but did not know the person looking back, once again thanks to that fun friend CRACK. Finally, the realization of that friend was not a friend to me it was my arched enemy! It took my whole life turned it upside down shook it to hell then threw it on the ground.

I walked into a room where people are all around feeling ashamed with my head held down. It was in no time I found those people are just like me that their once fun time friend was also their enemy! This program gave me the tools to fight my enemy in case he tries to ever come around to play with me, and that the chance will always be right there waiting on me. I know I will be alright because in this room, you see, is my heavenly father smiling down and his precious angels all around me. Not only do I have the lord and his angels all around, there is also the Twelve Promises that have yet to let me down. So, thanks to my angels, the new fun friends for showing me this is where my life only just begins!

MY LIFE CHANGED LIVING ONE DAY AT A TIME

By: Chris O. Chandler, Arizona, USA

Living one day at a time has changed my life. I walked into Cocaine Anonymous more than ten years ago a totally broken man. I had overdosed on cocaine and collapsed right in front of my young daughter and wife, they thought I was dead. From that brokenness my journey through the Steps has changed all of that. I've become a husband to my wife, a father to my son and next month that little girl will become a bride.

I have regained the trust of my extended family too. The past few months have been tough. My cousin who was a drug addict who wouldn't accept help got sick with cancer and was put into hospice. His parents, my aunt and uncle, who I am very close with had to walk through hell. They would find drug paraphernalia in his hospital room. My cousin had his dealer smuggling dope into the ICU. As the cancer was eating his body and addiction his mind, my entire family was hanging on and definitely living, One Day at a Time. I would go nearly every day to sit and visit with him and support my aunt and uncle as we watched him move towards death.

One day at a time I leaned on my sponsor, my home group and on my Higher Power. My uncle was 83 years old and strong and fit as a man could be. Then came Covid! My uncle got sick with the virus and ended up in the hospital. Those days were hard! I stayed close to my aunt and visited my cousin every day in Hospice. After three days my uncle died.

Because of Cocaine Anonymous, the Twelve Steps and living One Day at a Time, I was able to hold my dying cousin's hand and share the news about his father. A few days later my cousin died. In a matter of a few days, I had lost my closest uncle and cousin. My aunt had lost her husband and her only son.

Yesterday would have been my aunt and uncles 48th wedding anniversary. On social media my aunt posted how she was going to miss receiving the long stem roses that her husband had gotten her every year on their anniversary. When I saw that I knew what to do. I have learned to take loving actions in my recovery. I went and bought a dozen beautiful, long stem roses and because of the trust that has been built over this past decade in Cocaine Anonymous I had the keys to my aunt and uncle's house. I went there and placed the roses on the counter with a note "I know these aren't from Uncle Troy but I want you to know how much you are loved."

Living one day at a time in C.A. has changed not only me but my entire family. So, thank you Cocaine Anonymous for helping me become the good man I am today and thank you for helping my entire family through these hard times.

NEWSGRAM THEME NEXT EDITION

WE INSIST ON HAVING A
GOOD TIME
DEADLINE:

.

APRIL 16, 2022

Articles in the NewsGram express the individual opinions of C.A. members and not necessarily Cocaine Anonymous.

ONE DAY AT A TIME FOR A LIFETIME

By: Terry M. Gilbert, Arizona, USA

As an active, using drug addict I knew all about "One Day at a Time". My life had become nothing more than that. The endless pursuit of the next hit of dope or money to get more was my constant obsession. One day at a time I was digging my own grave and on the way to that grave I was throwing everything precious to me into it: my family, my health, my finances, my hopes, my dreams, all thrown in the grave of addiction.

When I came to Cocaine Anonymous, I heard about living "One Day at a Time". I thought, I don't want any more of that. What I wanted was to stop dying and to have a chance to live without the drugs that I knew were ruining my life. What I discovered was that the Twelve Steps could lead me to a state of mind where I wanted to live. To live free from drugs, one day at a time, instead of dying one day at a time.

There is a story told about a great artist who was creating a huge mosaic out of small pieces of tile on the wall of a great cathedral. People would ask him how it was possible to take on such a massive project that could take what looked like a lifetime to finish. His answer was that each day he would mark out the area that he was going to work on and just for that day that was all he focused on. He knew eventually the project would be complete. My life in Cocaine Anonymous has been very much like that. I roll out of

bed each morning and hit my knees, make a surrender and I ask my Higher Power to help keep me clean and sober just for today and at the end of my day I get on my knees again, do a nightly review and say thank you. My part is to do my best not to screw up between those two prayers. In this way I am marking my own life, condensing it down, like the artist, to a series of, "One Day at a Time" experiences. I believe that at the end of my days I will be able to look back on the work that I have done and be grateful for the Masterpiece that my life has created.

More than 30 years ago someone worked their Twelfth Step on me and introduced me a world I never even dreamed existed. "One Day at a Time" I live a life that's worthwhile, that has value, a life that is filled with Hope, Faith and Courage.

We owe it to ourselves and the new person, to prepare a place for those who have yet to discover us, to prepare a place for those who may be picking up for the first time today. "One Day at a Time" we can work together to make Cocaine Anonymous a little better at serving the still suffering.

"One Day at a Time" is our path forward. Today is all that there is, has been or will ever be. If I live well, if we serve well "One Day at a Time", we can make a difference.

GET S.M.A.R.T.

SAVE MY A\$\$ RECOVERY TRANSFER

DID THE FELLOWSHIP OF COCAINE ANONYMOUS SAVE YOUR A\$\$? DO YOU WANT TO SHOW YOUR APPRECIATION? JUST FOLLOW THESE SIMPLE STEPS!!

- * STEP 1: Log into your Bank Account
- * STEP 2: Go to "PAY BILLS*"
- * STEP 3: Create a monthly recurring payment (\$2, \$5, \$10, ETC) AND
- * SEND TO: CAWSO 21720 S WILMINGTON AVE., STE. 304 LONG BEACH, C.A. 90810-1641 USA

THAT'S IT!! JUST SET IT UP AND THEN YOU DON'T HAVE TO WORRY ABOUT

*Typically a free service with most bank accounts



NewsGram Editorial Policy

The NewsGram publishes articles that reflect the full diversity of experience and opinion found within the Fellowship of Cocaine Anonymous. No one viewpoint or philosophy dominates its pages, and in determining the editorial content, the editors rely on the principles of the Twelve Steps, Twelve Traditions, and the Twelve Concepts. The heart of The NewsGram is in the shared experience of individual C.A. members working the C.A. program and applying the spiritual principles of the Twelve Steps. Yet what works for one individual or C.A. group may not always work for another. For this reason, from month to month, articles may be published that appear to contradict one another. Seeking neither to gloss over difficult issues, nor to present such issues in a harmful or contentious manner. The NewsGram tries to embody the widest possible view of the C.A. Fellowship.

The Charter of the World Service Conference guarantees The NewsGram editor the right to accept or reject material for publication. The NewsGram staff members evaluate articles and, while some editing is done for purposes of clarity, styling, length and content, the editors encourage all writers to express their own experience in their own unique way.

Articles are not intended to be statements of C.A. policy, nor does publication of any article constitute endorsement by either Cocaine Anonymous or The NewsGram. Articles are invited, although no payment can be made nor can material be returned.



The WSCIT COMMITTEE NEEDS YOU!!!

Exciting news C.A. is continuing work on an app for our Fellowship! We are looking for your ideas and input to find out what the Fellowship would like to see. We have a list of ideas from referrals and committee work for possible content:

- Sobriety Calculator (referral)
- Find a meeting (referral)
- Pre-amble
- Who is a Cocaine Addict?
- We Can Recover
- Serenity Prayer
- Link to CA.org

- 12 Steps
- 12 Traditions
- Vision for you
- Reaching Out
- **Meeting Formats**
- Find events: district, area, or international

Let us know what you would like to see, send an email to itcommittee@ca.org

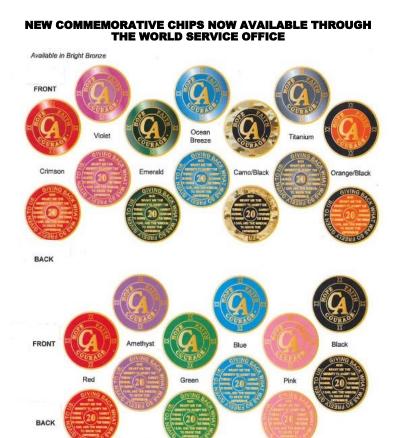
Join us!!!

Do you have a passion for emerging technologies, would you like to get involved send us an email to join the committee.

Subscribe to the NewsGram

For the low price of \$15 U.S. per year, you can receive 10 copies of the NewsGram to share with your friends or your group. Complete this form and include your credit card information, or enclose a \$15 check or money order

(U.S. dollars only) and send to: NewsGram, c/c 90810-1641. A subscription form is also availa	o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, C.A. ble for download at www.ca.org .
☐ I have enclosed a check/money order payable to CAW	VSO
$\begin{tabular}{l} \square \ Visa/MasterCard/Discover/American \ Express \# ___$	
Signature:	Expiration date:
Name:	
Address:	
City and State/Province:	Country:
Zip/Postal Code:	_ Telephone Number: ()









COMMEMORATIVE C.A. RECOVERY MEDALLIONS

BRIGHT GOLD w/ HIGH GLOSS, COLORED, ENAMEL FINISH - MADE TO ORDER!!!

	Bill To:				Ship To:		
Email:			Zip/Postal: Phone #: Email:			OR MORE	
Quantity:	Year:	Color:	St	JBTOTAL:			
Quantity:	Year:	Color:					
Quantity:				Tax:			
Quantity:							
Quantity:				HIPPING:			
Quantity:							
Quantity:	Year:			TOTAL:			
Quantity:							
Quantity:				~			
Quantity:				JIRCLE MI	ETHOD OF	PAYMENT	•
Quantity:					CREDIT	D D	
Quantity:			CASH	Cash Check		PayPal	OTHER
	Color C	CODES	If medal	lions are p	urchased o	alongside a	ny other
AMETH	HYST - AME	GREEN - GRN		-		will be calc	-
BLA	ck-BLK	OCEAN BREEZE - OCN				shipped w	
BLU	JE - BLU	PINK - PNK		-	_	t directly fr	
CAMOUR	FLAGE - CMO	RED-RED				ng rate of \$4	
CRIMS	SON - CRM	Titanium - TTM	-	_		بو ہوری he rest of a	-
Emer.	ald-EME	VIOLET - VLT	1	•	-	-	
	BLACK W / OD	ANCE OPC	Please	allow for	7-10 busir	ness days to	snip.

Please make checks, money orders, or chashier's checks payable to: CAWSO Contact CAWSO for credit/debit card payments and for shipping costs to addresses outside of the U.S. and Canada.

CAWSO

21720 S. WILMINGTON AVE. STE 304 LONG BEACH, CA 90810-1641

PHONE: 310-559-5833 FAX: 310-559-2554 EMAIL: CUSTOMERSERVICE@CA.ORG

C.A. WORLD SERVICE CONFERENCE COMMITTEES

TRUSTEE CORNER

To help promote understanding of and participation in the Long-Term Planning Advisory Committee, the World Service Board of Trustees is sharing a portion from the Long Term Planning Committee Procedures.

Long-Term Planning:

The Long-Term Planning (LTP) committee is a subcommittee of the World Service Board of Trustees (WSBT). Its role is to plan and guide the future of Cocaine Anonymous to ensure that the addict that still suffers can receive the message of recovery. This committee is not limited in participation by current WSBT members, and it is suggested that trusted servants be included on a Long-Term Planning Advisory Committee (LTPAC) that investigates projects and produces reports for the WSBT as and when requested.

Membership:

The Long Term Planning Committee, as a subcommittee of the World Service Board of Trustees of C.A., shall be comprised of all current Trustees serving the Fellowship. The Trustee At Large (TAL) shall serve as the lead of this WSBT subcommittee, or such Trustee as designated by the WSBT Chair.

The term of office for the chairperson of the Long-Term Planning subcommittee of the World Service Board of Trustees shall be 2-4 years, commensurate with that Trustee's service term, or until said Trustee's service on the WSBT ends. All members of the WSBT serve on the WSBT LTP subcommittee for the full term of their office on the WSBT. The WSBT Long-Term Planning subcommittee also has a connected arm of service known as the Long-Term Planning Advisory Committee which shall be comprised of all currently serving Trustees as well as any members of the C.A. Fellowship wishing to serve in this capacity.

Except for the Secretary of the LTPAC, there shall be no specified term of office for the C.A. Fellowship members of the Long-Term Planning Advisory Committee as activity on this committee is completely voluntary. It is suggested, however, that members willing to serve in this capacity recognize that the scope of this committee is dealing with long -term items but not for a long duration. There is a further commitment required of Project Group leads to produce a regular report (minimum bi-monthly) to the Long-Term Planning Advisory Committee as a whole.

Function:

There are two project charts. One is for the items being addressed by the WSBT (WSBT LTP), and the other is for items that are being addressed by the Fellowship Long Term Planning Advisory Committee (LTPAC). The WSBT votes on whether items are to be addressed by the Board or passed over to the LTPAC. In either instance it is the WSBT that decides whether an item is to be addressed; and if so, on which projects chart it is to be placed. Once it is decided to proceed with a project, it is assigned a number and added to the 'Master List,' which is maintained to track items and to act as a reference for future WSBT members to see if the subject has previously been addressed. Access to the 'Master List' is restricted to the WSBT. Some 'sensitive' items are placed on the WSBT LTP chart and may be concluded there or, in time, may be moved over the LTPAC chart. The charts themselves are very similar. The only difference on the WSBT LTP chart is that there is a fourth designation/status for project items, and that is 'Retained for monitoring of Progress.' This is to act as a place marker to continue to review the progress of items that may be actioned by another body, such as the WSOB.

Please help to ensure the Fellowship of Cocaine Anonymous is here for future generations who will come looking for the means by which we moved from the problem of drug addiction to the solution of recovery. Currently, the LTP Advisory Committee meetings are held virtually, every two months, with Project Teams meeting on an as-needed basis. If you have questions or would like to join this committee, please contact Clay P. at mwrt@ca.org or reach out to your Regional Trustee.

C.A. WORLD SERVICE CONFERENCE COMMITTEES

Archives

The Early Days of Georgia Area of C.A.

The first Atlanta Area meeting of Cocaine Anonymous is scheduled for Monday, August 1st at 8:00 p.m. at St. Patrick's Episcopal Church, 4755 North Peachtree Road in Dunwoody.

(The Atlanta Constitution, Thursday, July 28, 1983, Main Edition, p. 120)

According to Leon K. (an early 1984 CA Member of Atlanta, Georgia), said that "Dock" (his nickname) Crandall who was originally from A.A. brought C.A. from California to Atlanta, Georgia in August of 1983 because many of his prospects were "cocaine junkies." At first Atlanta, Georgia made their own sobriety chips from 1985 to 1986. When Georgia was ratified as an Area at the 1st World Conference Feb. 8,9, 1986, it was agreed that they would buy their sobriety chips from World Services in L.A.

Set of Atlanta C.A. chips submitted by Mike S. (Georgia Area)

Leon K., says "Dock" was killed accidentally on a 12 Step call to one of his sponsees who had relapsed and was going to commit suicide with a shotgun. "Dock" tried to intervene and the shotgun accidentally discharged killing "Dock." (Chips from Leon K.)

Recognized as an Area at the February 8, 9, 1986, 1st World Services Conference, San Diego, California and was one of fifteen C.A. Areas represented at the 1st World Services Conference.

The Georgia Area hosted the 12th Annual World Convention: 12 Years/12 Steps: May 24, 25, 26, 27, 1996 and will host the 37th World Convention in Atlanta, Georgia in 2023.

Addicts anonymous

Help is on the way for those who suffer from cocaine addiction.

The first Atlanta area meeting of Cocaine Anonymous is scheduled for Aug. 1 at 8 p.m. at St. Patrick's Episcopal Church, 4755 North Peachtree Road in Dunwoody.

"There will be people there who are recovered cocaine addicts. They will share their experience in overcoming the addiction," a spokeswoman, who asked to remain unidentified, said.







TRANSFER AND ASSIGNMENT OF ALL RIGHTS, TITLE AND INTEREST IN ORIGINAL LITERARY WORK AND ACKNOWLEDGEMENT OF ORIGINALITY

(This form is intended for original material submitted to Cocaine Anonymous World Services, Inc. and Cocaine Anonymous World Service Office, Inc., and must accompany all submissions in order for such material to be published. All materials submitted become the property of Cocaine Anonymous World Services, Inc. and Cocaine Anonymous World Service Office, Inc.)

With this document, I, the undersigned Cocaine Anonymous (hereinafter referred to as "C.A.") member, hereby grant permission to COCAINE ANONYMOUS WORLD SERVICES, INC., a California corporation (hereafter referred to as "CAWS") and COCAINE ANONYMOUS WORLD SERVICE OFFICE, INC., a California corporation (hereafter referred to as "CAWSO"), their successors, assigns, and those acting on their authority, to publish the attached material entitled or described as follows:

I further acknowledge and agree that:

- 1. I possess full legal capacity to exercise this authorization and hereby release CAWS and CAWSO from any claims by myself, my successors, and/or my assigns regarding the attached material.
- 2. This transfer includes the assignment and transfer of any and all claims I may have to United States and foreign copyrights, claims of authorship or origination.
- 3. I am the author of this work, i.e. this work is completely original and I have not used any third party source(s), in part or in whole, to create this work unless said third party source or sources are given full credit within the body of this work and further that said third party or parties have given written permission for said use, copies of which are attached hereto.
- 4. CAWS and/or CAWSO may change, modify or revise this work to whatever extent either or both deem necessary. I understand that, if selected for publication, this material will be edited in keeping with C.A.'s understanding of the Twelve Steps and Twelve Traditions. Submissions will also be copyedited to ensure ease of comprehension and adherence to standard rules of grammar and punctuation as well as current CAWS and CAWSO style guidelines. In addition, editorial staff may also substitute different words and/or revise sentence structure for clarification. I further understand that this material may be retitled and/or reprinted in more than one CAWS or CAWSO publication.

3		
d.		

CALENDAR OF EVENTS



April 15-17, 2022 2022 European Regional Convention LOCATION: TBD May 26-30, 2022 C.A. WORLD SERVICE CONVENTION LOCATION: Hyatt Hotel in Austin Austin, Texas, USA July 1-4, 2022 **Atlantic North Regional Convention** LOCATION: New York Hilton, New York City, NY May 25-29, 2023 **37th Annual Cocaine Anonymous World Service Convention** LOCATION: Atlanta, Georgia, USA

7th Tradition October-December 2021 Category or Group

LOCATION	NAME/CITY	TOTAL
CANADA		
Quebec	CA Quebec Area	\$3,074.21
Europe		
England	Ancient Masters Saturdays	\$10.00
England	CA London	\$2,293.11
England	CA North London District	\$839.00
England	CA UK E&W	\$40,869.65
England	CAUK Hants & Berks District	\$795.01
England	CAUK Kent	\$794.00
England	Daily Reprieve	\$37.00
Thailand	PaKlok Group of CA Thailand	\$50.00
Mainland Europ	е	
Holland	CA Holland Online 7th Tradition	\$112.13
German	CA German Area	\$650.00
USA		
Arizona	Birds of a Feather	\$193.44
	Birds of a Feather	\$23.40
	CA EVMG	\$600.00
California	CA Area Service	\$50.00
	CA - OCCA	\$500.00
	CA Grp Sunlight of the Spirit	\$32.00
	CA LBC	\$30.00
	CA Northbay Service Group	\$200.00
	CA Online Service Area	\$1,666.10
	One Puff Too Tough	\$700.00
	San Fernando Valley CA Central Office	\$2,500.00
	•	

7th Tradition October-December 2021 Category or Group

LOCATION	NAME/CITY	TOTAL
	WIECA Hope Faith & Courage	\$150.00
	WIECA Open Book Study	\$12.60
Colorado	70/30 Coconuts Sun AM CA Denver	\$180.00
	CA of Colorado	\$5,627.50
Florida	Florida Area CA Inc. SWFL District	\$210.00
Georgia	Log Cabin Group CA	\$57.00
Idaho	Magic Valley CA District	\$250.00
Illinois	Forever Free Meeting CA	\$30.00
	IACA South & West District	\$38.70
Massachusetts	Mass Area of CA	\$60.00
Missouri	Fried Pipers & Cocanuts	\$20.00
Nebraska	Monday Miracles	\$401.00
New Mexico	CA New Mexico Area	\$438.82
New York	CA New York Inc.	\$1,000.00
	NY Sunday Serenity Meeting	\$180.00
Ohio	AM Sunday CA Group Meeting	\$250.00
Oregon	CA of Oregon	\$100.00
Pennsylvania	CA Warrington	\$2,200.00
South Carolina	There is a Solution	\$39.63
Texas	Beyond Human Aid	\$150.00
Anonymous	Anonymous	\$7,304.87
Freedom Fund	Freedom Fund	\$8,013.69
Gratitude		\$929.76
S.M.A.R.T.	Smart Program	\$510.00
TOTAL		\$84,172.62

Note: In the 3rd Quarter, C.A. Sweden made a generous donation of \$5,639.20 that was mistakenly recorded as a Freedom Fund donation. C.A. Sweden, please accept sincere apologies from the WSO for this mistake.

