IEWS CAL GRACE.

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WHY IS SERVICE SO IMPORTANT TO ME?

BY: Bryan S. Hillsboro, Oregon, USA

Why should service be so important to me? A great question that has many answers, none of which will cause you any pain, just some added tools towards your spiritual growth. My service work started off early in my recovery when my sponsor suggested I take on some commitments at the meetings I was going to. He suggested I start with some small commitments, like being the greeter at all of the meetings I go to.

Being the greeter was great as I would get to the meetings 10-15 minutes early along with the secretary and coffee person and we would have the "meeting before the meeting, meeting". Where we would openly talk about our lives and just the general day to day stuff and where we were in our recovery. It bonded us as brothers and I gained some truly close friends. For some reason it made me feel connected, loved and part of the Fellowship. Best thing about being the greeter was I got to meet and introduce myself to all of the members coming into the meeting and when it came time rotate the secretary and coffee person at the meetings I was going to, they elected me to fill those positions. It was and is an honor and privilege to serve the Fellowship that saved my life.

Service to the Fellowship is part of my Twelfth Step work, it gives me great honor to freely give back what was so freely given to me. I can remember when I was in detox and a panel of Cocaine Anonymous members would come into the facility and share their experience strength and hope that I too would recover from this seemingless hopeless state of mind. My sponsor encouraged me to do the same, once I had the minimum required 90 days to go on a panel and share my experience strength and hope. I remember the first time I went out on a panel and shared my story and how I was recovering from the grips of my addiction.

The feelings of self-worth, compassion, and humility flowed over me like a wave when the panel was over. After that first panel I was hooked, it was a realization that I could feel like a productive member of society while helping my fellow brothers and sisters in recovery. But the best part was I was helping myself and didn't even know it.

By being of service to the Fellowship you get a feeling of belonging and when you take on a commitment it helps you ten times greater than the help others are receiving from you. I still remember this one particular phone call I received. It was a few minutes after 5:00 PM and I was trying to leave work as I was running late to meet my wife and friends for our bowling league. I just walked out of my cubical and my phone started to ring, I could have let it go to voice mail but something told me to turn around and take the call. It was the answering service for our Fellowship and they had a caller that called our helpline and was ready to end it all. I took the call and talked to this person for well over an hour. When the call was over, he was okay. Just okay and in a better state of mind before we hung up. Me on the other hand, I was on cloud 1,000 knowing that I had just saved someone's life. I was there when he needed me, he was just okay but I was (there are no words to explain that feeling of just saving someone's life) but I'm hoping the readers know where I was.

Service for me hasn't stopped at just the meeting or committee member level; I have grown in my service to the Fellowship as I've grown in my recovery. Being the greeter, coffee person, cake person, and secretary were just the stepping-stones to getting involved at the Area and World Service level.

(Cont. on Page 2)

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WHY IS SERVICE SO IMPORTANT TO ME?

BY: Bryan S. Hillsboro, Oregon, USA

(Continued from Page 1)

We learn from those who came before us to show us the path. When I was in that detox I learned many good things, meeting makers make it. They also gave us the statistics on those of us that were in there (30) only ten would probably make it to one year, and probably only five to the next year and three the next year. They also told us that if I decide to get involved in service I would have a 97% chance of accomplishing long-term recovery. Yes, if you just go to meeting statistics give you a 3% chance of getting long-term recovery. And if you're willing to give the slightest bit of yourself for a few hours a week you can change those odds to 97%. So knowing this why is only 3% of our Fellowship doing all the service work. I urge all of the 97% to get involved in service start out small, is there a greeter at your meeting? Join us as we trudge this road to happy destiny, I'll see you at the next service meeting.

Just as A.A. has a phrase "I am responsible" When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.

I learned in Cocaine Anonymous that no reasonable request for service to the Fellowship ever be declined.

* * *

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THE EARLY DAYS OF CAWS CONVENTION

BY: Mike P.

Mariposa, California, USA

So let's start with me my name is Mike Pine and my anniversary date is, Aug. 23, 1984.

In July of 1987, in San Francisco the third C.A. World Service Convention was held. At that time I had two years and ten months when the doors opened. The process started about one year before after the second C.A. World Service Convention in San Diego. So I was about 14 months clean and sober.

The process started and I was elected as the Convention Treasurer. I had zero idea on what this entailed. But as the service junky that I was and still am, I took the commitment.

Guidelines? What guidelines? I took all the money being received from pre-registrations and fundraisers from the local groups. During this time period, none of the local Meetings, Districts and or even the Area, had any reserves to really afford to put on this type of event on. So it was completely in our Higher Power's hands.

The contract with the hotel was \$12,000, which the hotel liaison was able to negotiate and sign a contract and with no money down.

The Area was able to generate enough money from fundraisers in the districts, to meet the preconvention expenses. So it all began.

Every week for the next year, funds continued to be received and expenses were paid. Bookkeeping was done, but not in any way that would be acceptable to today's standards. The committee didn't have to report to the WSO and the WSO was not involved as it is today nor had any control to what and how this CAWS committee did or how we collected money. All the money received went into the bank account that the committee had set up for this event.

Thanks to everyone's Higher Power, it all went well and the Convention took shape and made a profit, about \$16,000.

So after a year's work the day came for the event. This is where it really gets interesting. So here I am two years and ten months clean and sober and I am put into a room to start receiving money. A special note the person in the room with me was my girlfriend with 11 months clean and sober, who is now my wife of 24 years and have been together for 31 years. By luck she had bookkeeping knowledge which I had none.

So as the convention started and money start rolling in from registrations, this wasn't too bad as this was the only source of money being brought in at the time.

When money was delivered to the room it was delivered by some individuals with no receipts, not counted and no security. Also there was no security for my girlfriend or me in this room. The only secured thing was that very few people knew where this room was. We would sit there and count money when it was delivered, as I said with no receipts. This was not much of an issue as it was just registration money as no t-shirts, memorabilia, raffle or dance money was included.

Then not too much later that day, more money started to roll in. When someone would deliver the money, my question was what was this for and lucky enough it was by someone different from either T-shirts, Seventh Tradition, memorabilia, raffle or the dances and then again no receipts, not counted, and no security. Whomever was selling would get the money, together and then ask another committee member where do we take the money. They were given a room number and would arrive and say here this is from wherever.

This was controllable most of the day then later in the afternoon so much money was coming in by so many different people and we had stacks of money laid out all over the room trying to keep control of where it came from and how much there was. As I said the money had not been counted before delivered and no receipts, so it got to a point that we had no idea of the money we had and where it was coming from and no way to identity what was what.

At the end of Friday night and not leaving the room all day, to see what was going on, we had food delivered to the room. When it got to be about 2:00 AM, it was time to stop for the day. We put all the money in a sack and took it to our room with us. I think we slept with it under the pillows.

Early Saturday morning it started all over again and the same process started. How it worked out was beyond me, especially without any receipts no drop off and no security.

After all day and night Friday and Saturday, we (Cont. on Page 4)

THE EARLY DAYS OF CAWS CONVENTION

BY: Mike P.

Mariposa, California, USA

(Continued from Page 3)

were finally able to stop and leave the room and go to the main speaker meeting. We just locked the door and went to the meeting and then we came back and started in again.

Again another late night and we had to be up early to try and finalize the numbers before the departure and the end of the convention.

So for the convention this is what I saw and did the whole three day of the third C.A. World Service Convention.

My girlfriend and I lived in Santa Clara about one hour's drive from San Francisco by car. But we didn't drive we came on BART (this is the Bay Area's rapid transit system). It takes about two hours with two stops to get to the station where we had parked to drive home.

So now the convention is over and my girlfriend and I left the hotel with a pillowcase of money and walking out of the hotel to the Bart station about a mile away on foot. So you can just picture the amount of people and the type of people that are around. So we're on the train and sitting with \$29,000 and I look at my girlfriend and say "you know we could stop at the next station and walk over the hill to where my old connection lives and we could make a big buy!!" I really was just joking but the thought was really there. So for the next two hours we sat there and just looked at each other at every stop, just wondering how much longer before we get to the final stop. You know, looking back it, neither one of us had any fear and really never gave it a second thought on what we were doing and what we really had in the pillowcase.

We made it home and did a confirming count that evening and the next day I went to the bank and made the deposit.

So it has been 30 years since that convention and I have been involved with C.A. all this time and seen so many changes, especially in how the convention is run and especially how the money end is done today.

I was the Pacific North Regional Trustee in 1991 to 1996 and have been so grateful to be able to service and help the growth of C.A. in my 33 years that I have been a member.

I was told from the very first meeting I went to in 1984 that be of service was one of the best ways to stay clean and sober. This I have done and will continue to do so.

By the time this article will be printed I will have been to my 33 C.A. World Service Convention. I was at the very first one in Santa Barbara in 1985 and have been to everyone since. With the help of my HP I will be able to attend many more.

Here is what the treasurer's report looked like in 1987:

	Third Annual Cocaine Anonymous Conver	tion		89-Jul-87		
A STATE OF THE PARTY OF THE PAR		TREASURER'	SRE	PORT		Net Cash In/
	Item/Description of Transaction	Expense			Cash Source	(Out)
	Petty Cash (from Account)	-			588.88	500.00
		200.00			18.00	18, 98 (288, 88) (31, 28)
	Registration CashFlow Children's Charmers Supplies Helium (\$100 deposit w/o Receipt) (Refundable on return) =2=	31.28	3			(100.00)
	(Refundable on return) =2=	48.76	5			0.00 (48.76)
	San Rafael Welding Big-4 Rental Michael's Art Supplies	48.76 67.8 36.4	4			(67, 86) (36, 44) (23, 32)
1	Toys-to-60	23.3	5			
	Subtotal	507.6		8.88	510.00	2.34
	Revenue-Pre-Registration			7,500.00		7,500.00
	Registration-CashSource		-	6,638.00	45.00	6,638.00 45.00
	Dance Petty Cash - 7/3 =4				200.00	200.00
	Registration-Lashbource Raffle Petty Cash - 7/3 = 3 Dance Petty Cash - 7/3 = 4 Raffle Petty Cash - 7/4 = 5 Dance Petty Cash - 7/4 = 6 Colob Rassey (walls talikie rental	-7			145.00 83.88	145.00 83.88
	Moothi dasser marre sarring			6,638.00	523.88	7,161.88
	Subtotal	0.0		252.50	223.00	252.50
	Raffle -7/3 Raffle -7/4			301.00		301.00
	Cash drawer from Registration-7/3 = Cash drawer from Registration-7/4 =	3= 45.1 5= 50.1				(50.00)
	Subtotal	95.	88	553.58	0.00	458.50
				3,541.00		3,541.00
	Dance - 7/3 Dance - 7/4 Cash drawer from Registration-7/3 =	-4= 200.	99	1,980,88		3,541.00 1,905.00 (200.00)
	Cash drawer from Registration-7/4 = Cash drawer from Memorabilia-7/4 =	Dm 147*	88			(145.00)
		385.	-	5,446.00	8.00	5,061.00
1000	Subtotal	83.		.,		(83.88)
	Security- Walkie Talkie =7=	60.	00	179.44		179.44
	WorkShops					473.25
1500	Marathon Meetings (32 Meetings)			473.25 315.48		315, 48
	Marathon Meetings (32 Meetings) Speaker Meeting - 7/3 Speaker Meeting - 7/4 Speaker Meeting - 7/5			485, 11 188, 53		405.11 188.53
			. 00	1,382.37		1,382.37
	Subtotal					6,917.00
	Memorabilia Dance Petty Cash =8			6,917.86	40.0	
	Dance Petty Cash =8 Treasurer's Petty Cash =1=	10	. 00		-	
	Subtotal	16	0.00	6,917.0	8 48.0	
	Ramada Hotel Expense	12,00	0.00	1		(12, 800.00)
19.7	Refund of Helium =2				188.6	100.00

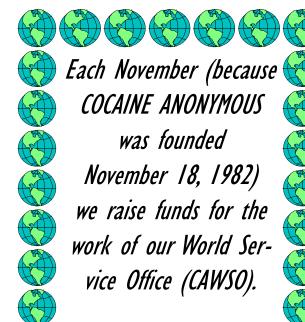
* * *

Our Primary Purpose is to carry the message to the addict who still suffers, and certainly there are suffering addicts in all corners of the world.

Cocaine Anonymous World Service Office, Inc.
(CAWSO)

November 2017

Celebrating 35 Years of C.A.



What is Gratitude Month?

As members we carry our message to still suffering addicts at meetings and our CAWSO works to ensure that that message is carried as far and wide as possible. Here are just some of the ways it does so:

- Publishing and translating books, literature and chips
- Maintaining and updating www.ca.org
- Access to drug court conferences, where we promote Cocaine Anonymous (C.A.) to judges and court workers nationwide and encourage the Drug Court programs to include C.A. meeting attendance as an option when a sentence is rendered.
- Sponsorship of the National Hotline—I-800-347-8998
- Providing administrative support for new Districts, Areas and Regions— In 2016 We welcomed four new World Service Conference approved Areas—Antelope Valley, Central UK, CA London and approved St. George Utah to move to Southern Nevada Area
- · Mailing free meeting starter kits
- Providing free books and literature to inmates
- Facilitating an annual World Service Convention and C.A.'s yearly World Service Conference

Please, when the Gratitude Can comes around in November, remember your unknown brother or sister trying to find their way into the rooms of Cocaine Anonymous, and help the Cocaine Anonymous World Service Office carry the message worldwide.

CAWSO, Inc.

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USA www.ca.org



WHICH CAME FIRST, SERVICE OR LOVE?

BY: Allison M., WSOB Treasurer LaCanada, California, USA

I had no perception or concept of what it was to be of service and what love for others even looked like while actively in my disease. All I knew was how I could be of service to the one thing I loved the most, crack cocaine. I literally sold my soul for that one substance as well as many others.

At the age of 23, the only thing I knew for sure was that the aliens were coming down to get me and I was going to be beamed up through the skylight of the psyche ward. That was during my third trip to the funny farm and this time the aliens were coming for sure. The aliens would help me out of this crazy place and insane world. I waited in that long hallway for three days and nights sitting with legs crossed. Security had to carry me each night to my room because I refused to move. Sadly, I was not that heavy to move, I had wasted away to 90 lbs. I'm certain that it was the prayers of my mom and many others that brought an angel to me instead of an alien, or perhaps it was a mixture of both. After about 14 days of doing art therapy I had my moment of clarity, or perhaps it was a come to Jesus talk I had with my counselor, or the panel that came in placed a seed, whatever, the case is, I realized then I may have a drug problem.

I finally concluded I needed to do something about it. I went into a sober living home close to the A.A. Valley Club before it moved to its current location out in the Valley on Van Owen and Tampa Ave. I went to that club every day, all day long. At 23 I had no clue how to even open a bank account, hell; I could barely make a bed at that time. I found many others at that club with similar addictions, but they were clean and sober. They took me to C.A. meetings. Craig H. is just one of those many people. (Bless you Craig!) Cocaine Anonymous is where I learned about being of service and the ones before me taught me how to be a responsible person who can love others and be loved. Smiley (Kenney) always said, "We will love you until you can love yourself."

In the past 22 years of sobriety I have learned SO much, and the longer I stick around, the more I realize how little I really know. Also, the longer I stay sober, the older I get. For me, service and love came at the exact same time. I think

Einstein might have referred to it as E=MC2. Or perhaps, according to Stephan Hawking, it has something to do with string theory or the black hole; just don't quote me on that. All joking aside, it honestly doesn't matter.

I still am shocked I am going to be 46 this year with a daughter who turned 18! I had no idea what I almost missed out on. I talk to God all the time and yes my God has me pissing in my panties at times because I laugh so hard at my silly shortcomings and defects. Ask anyone who knows me well, especially my sponsees, they have literally witnessed it! I meditate all the time and pray countless times, each and every day. And I make my bed every morning. I love being of service and service is what helps me to define what love means more and more.

* * *

A SHORT STORY ABOUT RELAPSE

BY: Melody A. Oakland, California, USA

I hope this short story about relapse helps someone come back to recovery, or the rooms. I hope they come back to C.A., A.A., or N.A. I am a chronic relapser. I am very ashamed that once again, my life has become unmanageable. That I picked-up once again. I tried everything to stay clean. But it didn't work. Until I got on my knees and prayed. It is a God of my understanding. I got my answer. I remember that relapse is not part of recovery. There IS a solution. That realized, I had to write my story. I was reading from the Big Book of Alcoholics Anonymous. This is what I read. "We are in a position where life was becoming impossible and if we passed into region from which there is no return through human aid. We had but two alternatives. One was to go on to the bitter end blotting out the conscious of our intolerable as best we could and the other to accept spiritual help." Guess which one I chose. Yes. I choose the spiritual help. So if I just reach one addict I'm happy. The moral of my story is: I came to believe that a Power Greater than myself can restore me to sanity, Step Two. PS: You must humble yourself and practice some humility. Step 1: We admitted we were powerless over Cocaine and all other mild altering substances - that our lives had become unmanageable.

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Célébrez CA Sans Frontières - CELEBRATE C.A. WITHOUT BORDERS

BY: Patrick R.

Montreal, Quebec, Canada

After attending and serving at all levels in another Fellowship, I had to make one of the most important decisions of my life. Indeed, following a disastrous service meeting in terms of personal attacks, I found myself faced with this choice: Either that I return to use after 16 years and ten months of recovery, or that I find a new family. With the help of God, as I understand it, I had to choose a new family.

Among the options available to me was Cocaine Anonymous with "... and all other mind-altering substances" that made the most sense to me. Feeling I was in danger, I knew that I had to put my decision into action and it was done the next day.

Just like a newcomer, knowing that it worked and that I had to quickly set up a support network, I undertook once again 90 meetings in 90 days: My first meeting was *Toutes Tendances* where I was received respectfully by Michel; I began to meet frequently with my new sponsor and his best friend the co-founders of *Il y a Une Solution* a Big Book study group; I served as Secretary at *Les Cent Ciels de l'Être* beside *the merry pranksters* Eric and Sergio; I also had the privilege of being the chairperson alongside Jinendra at *Wow It's Works?*, the longest running C.A. meeting in Canada; And finally, Yves offered me my first Big Book at *Samedi Soir En Direct*.

In spite of the difficult period I was going through during those 90 days, I was enjoyed by the fresh wind that filled the rooms of Cocaine Anonymous.

Where I came from (and I was one of those, believe me!) we were so much offended when someone dared not to identify the same way as us. In Cocaine Anonymous, this kind of thing does not matter and it is this open-mindedness and unconditional welcome that immediately won me over. In C.A., there is no barrier, only men and women of good will who want to get out of it and give generously what they have been given.

The last few months I have had a lot of emotions. Through my attendance at C.A. meetings, not only was I graciously given a cake for 19-years by a newcomer who was a childhood friend and had initiated me into drugs; I also met a very dear person who gives me new opportunities to cross the last

barriers that I had erected in order to be able to realize myself personally.

While you are in Montreal during the World Service Convention, I hope that you will take the time necessary to visit our French and English-speaking groups and that you transcend your own barriers to sharing your Hope, Faith and Courage.

I'm waiting for you at CAWS 2018 in Montreal!



SMCA 2018 34^{JÉME} CONGRÈS MONDIAL COCAÏNOMANES ANONYMES MONTRÉAL, QC 28 JUIN AU 2 JUILLET 2018 CAWS 2018
34[™] COCAINE ANONYMOUS
WORLD CONVENTION
MONTREAL, QC
JUNE 28[™] TO JULY 2[№] 2018



* * *

Single Celebration





THIS FORM IS FOR YOUR CONVIENCE IN SENDING DONATIONS TO THE C.A. WORLD SERVICE OFFICE. ALL DONATIONS ARE TAX-DEDUCTABLE.

Feel free to use this form in Celebration of your Sobriety Birthday; Memorializing a beloved member of your Fellowship; Honoring a friend in the program; Celebrate your Sponsors/Sponsees Birthday, or anything else you want to honor.

Memoriali	ze my Friend			w	no died on		
		day of					
Honor a m	nember of our Fello	wship for					
Other							
		Check					
Acct. No			Expiration:		_3/4 Secu	rity Code:_	
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Card Billing A	ddress:			19			
		State:			-		
Telephone()		Email:				
	To re	ceive paperless conf	irmation/thank y	you for th	is donation	n. OR,	

Single Donation Envelopes are available!

MARTHA STEWARD OF THE WILD

(My Camping Name)

BY: Adelina A.

San Francisco, California, USA

I was six years clean when I went to a C.A. convention in the Bay Area and ran into Ann S. She was the speaker at the first C.A. meeting I went to in 1986. In the summer of 1987 we went on a co-ed white water rafting trip together. I never made it down the river because I was involved in a "minor" motorcycle accident on my way to camp. However, Ann did and when we met again at the convention she told me that her experience that summer had motivated her to become a river guide.

That was the beginning of our first Women in Recovery White Water Rafting trip. This summer we are celebrating 25 years of Recovery on the River. Each year Ann, the San Francisco and Lake Tahoe Fellowships and I organize a weekend of camping and white water rafting. On Saturday night we have a C.A. campfire meeting under the stars. What a high!

I can't begin to say what this trip has meant to me over the years. Fun aside and let me tell you this is one of the most exciting and invigorating experiences a former cocaine addict can imagine, I have developed long and meaningful relationships with clean women that I would never have had had it not been for the C.A. Fellowship. We have learned to work together as sober women and support each other on this weekend and throughout the year. Many a newcomer has joined us for their first clean and sober trip and have told stories of how this event gave them Hope, Faith and Courage to keep coming back.

When I first came into the rooms of C.A. I thought fun and life were over without drugs to lubricate me but that was not the case. My new life began that day and is filled with all kinds of experiences including FUN! FUN! FUN!

* * *

Articles in the NewsGram express the individual opinions of C.A. members and not necessarily Cocaine Anonymous.

NewsGram Editorial Policy

The NewsGram publishes articles that reflect the full diversity of experience and opinion found within the Fellowship of Cocaine Anonymous. No one viewpoint or philosophy dominates its pages, and in determining the editorial content, the editors rely on the principles of the Twelve Steps, Twelve Traditions, and the Twelve Concepts. The heart of The NewsGram is in the shared experience of individual C.A. members working the C.A. program and applying the spiritual principles of the Twelve Steps. Yet what works for one individual or C.A. group may not always work for another. For this reason, from month to month, articles may be published that appear to contradict one another. Seeking neither to gloss over difficult issues, nor to present such issues in a harmful or contentious manner, The NewsGram tries to embody the widest possible view of the C.A. Fellowship.

The Charter of the World Service Conference guarantees The NewsGram editor the right to accept or reject material for publication. The NewsGram staff members evaluate articles and, while some editing is done for purposes of clarity, styling, length and content, the editors encourage all writers to express their own experience in their own unique way.

Articles are not intended to be statements of C.A. policy, nor does publication of any article constitute endorsement by either Cocaine Anonymous or The NewsGram. Articles are invited, although no payment can be made nor can material be returned.

YOUR C.A. LITERATURE

AVAILABLE WITH PURCHASE FROM THE WORLD SERVICE OFFICE



HOW HFC II WAS TRANSLATED AND APPROVED IN SWEDISH

BY: Richard E. Stockholm, Sweden

"How do we get approved translated literature (we do of course translate it ourselves)?" This was a quote from an email from Robert sent to the Trustee on Sept. 25, 2003, three weeks before the first C.A. meeting started in Sweden. On March 2, 2013, Sweden received an approved version of HFC II, in Swedish. This is, very briefly, how it happened.

C.A. started in Sweden in the fall of 2003, I went at my first C.A. meeting in autumn 2004, a meeting which consisted, apart from me, of two people. When "Who is a Cocaine Addict?" was read something happened. I recognized the whole description. It could have been written about me, and so I stayed in C.A.

In 2006, C.A. Sweden held its first Area meeting. J. was elected chairman of the translation committee and I expressed an interest in doing service, the whole committee consisted of the two of us. We decided that we would translate the book HFC that year. We asked about what they had done earlier. One of the ideas had been to give each newcomer a pamphlet to translate before the next meeting, that is to say a week later. This was something that all newcomers had happily agreed to, no problems, but the result had been that they never came back.

J and I started working, we translated three pamphlets and some texts for meetings quickly. But that fall I went to Thailand for the winter to work as a diver and J moved to Norway. The translation work stopped completely. But we never stopped discussing it, at every Area meeting we said "the first thing we do will be to translate the book."

By 2009, C.A. had grown and benefited from new talents, and a new translation committee was formed with T as chairman, and this committee translated three stories. The method that we used was each member of the committee translated one story, then the Committee met and the member that had translated the story read it while the others sat and compared with the English original. Translating a story took many hours, and the method was soon phased out.

By 2011, I knew that if we, as a community, were to translate the book in the foreseeable future, we would have to hire a professional. I googled translation agencies and emailed about 30 of them. None were willing to translate something directly from a physical paper book, they insisted upon receiving the text

electronically. I emailed the WSO and asked if I could get the text in electronic form but was not able to get it in the electronic format.

In a desperate last attempt, I checked the Swedish advertising site Blocket.se, and found an advertisement of a man who said that he was willing to translate directly from the physical, paper book. I called my good friend Mattias and asked him to meet the guy, since they both lived in the same part of town. He went to met him on the same day.

After the meeting, he called me and said, "What the hell was that?"

"What do you mean?" I wondered.

"First, he said to meet him on a beach," said Matthias. "As I stood there on the beach and waited in mid-winter, I saw a rowboat come with slow strokes over the water. What an idiot, I thought to myself. The rowboat reached the beach and a long-haired guy in well-worn clothes got out. He pulled the boat up on shore and started walking towards me. The guy held out his hand and said, "Are you Mattias? I'm David." The guy smiled with his bad teeth and asked if I had brought the book. I gave it to him, he said goodbye and went back to his boat, climbed in and rowed away again."

Even if we never heard from David again, we thought the book had probably found a home. But I heard from David a few hours later, he would charge \$1,500 (American) to translate the entire book, and wanted to be paid as each chapter was completed. It would take a month, he said. This sounded too good to be true but it was worth a try, so I said OK.

Later that night the first email from David came. "The first five chapters are complete, pay X USD to my account." I skimmed through the text, and it looked alright, so I paid him. The nightly emails kept coming, and two weeks later the whole book was translated.

We were reluctant to send it all over to the WSO, we wanted to be sure that a book would come of it, and it wouldn't disappear somewhere. The World Service Convention was to be held for the first time in England and I knew that all of the CAWSO Trusted Servants would be there.

I found that people could produce their own books online, you just uploaded the whole text in one

(Cont. on Page 12)

HOW HFC II WAS TRANSLATED AND APPROVED IN SWEDISH

BY: Richard E. Stockholm, Sweden

(Cont. from Page 11)

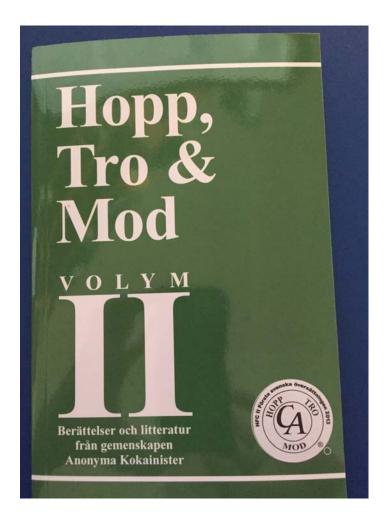
PDF. No sooner said than done. I had just been elected delegate for Sweden and wrote in my first delegate's report to the trustees as an answer to the question: *Is there anything going on in your Area that you would like me to be aware of or that I can help you with?*"

"We're going to print 20 copies of HFCII in Swedish and bring ten to World Service Convention. It's not going to be perfect and we want to write some kind of preface saying, "this is a non-approved translation of HFCII and is not perfect, etc... we think the translation will be finished before the end of the year and we do this to get discussion going about it. Things like: are we allowed to translate and print it, if we print it should we make it look like the English version, typing etc..."

Believe it or not, I actually forgot to attach the Word document to the Trustee, so he never recieved the info. Two weeks before the convention, the 24 books that we had ordered arrived. Mattias and I were like kids on Christmas Eve as we opened the box. They looked so incredibly good, we had fought for them so long and now we had them. We put some among some flowers, took a photo and posted it on the World Service Convention's Facebook page. It only took a few minutes before the Trustee contacted us, and he didn't even have a Facebook account.

In January, the Trustee phoned me and said, "We have to finish the book in time for your ten year convention," a convention that was going to be held on 1st March, (about two months later). Do you think you can handle it if we do everything we can to help from our side?" "Of course," I replied, thinking that there was no way anybody would be be able to say that we in Sweden were not able to get the book finished. An amazing session of work began, and the book, incredibly, was finished in time for our tenth year convention.

We have our book now, and it means a lot to us. Today, anyone can open a meeting, launch a web page, and print out a few pamphlets, but writing a book is not something that you do everyday. It means that it's the real thing, that you're here to stay.



Editors Note: The above description of how the Swedist HFCII Book was translated, and published is not in accordance with the WSO translation and publication policy. Please contact the WSO if you have any questions on how books and C.A. literature are translated into other languages.

QUOTE:

A Quiet Peace Page 182 Silence is Golden

"The practice is not always easy, but placing God squarely in my head as soon as I wake up has become a way of life. I know with certainty it's what I must do to stay rooted in the solution. Thank you, Higher Power and C.A. for showing me the intrinsic value in greeting each day with a quiet mind."

MY NAME IS DEBORAH, AND I'M AN ADDICT

BY: Deborah G. Hayward, California, USA

The day I walked into the rooms of Cocaine Anonymous, I had no idea how much my life would change. My very first day I was greeted with hugs and unconditional love. I had never heard of C.A. until my A.A. sponsor took me to the C.A.L.A. convention! I was seven months clean and sober. This was my first convention and I was stoked! I had never seen so many addicts under one roof, having a party of a lifetime! Immediately, I was hooked. I met people from all over the world. Everyone was smiling and laughing, and hugging each other. I remember my sponsor and I arriving at the hotel and standing in line at the registration desk to get our room key. In front of us was a group of people from Oakland (where I was from). Imagine that. I had never met any of them and we were from the same "hood." They all introduced themselves, with hugs of course. Believe me, that was the best convention ever.

Once I got back to Oakland, I continued to go to my "other" meetings. One evening this guy came to the meeting. I recognized him immediately from C.A.L.A. Once the meeting was over, He asked me did I want to go to another meeting. Well, by then I was a meeting junkie, so naturally I said "yes." He took me to this place called "One Puff Too Tough." From that one meeting I knew I was home

It wasn't long after that I began to become a service junkie. Although I had been a secretary at numerous meetings of my other Fellowship, I really jumped into full swing in C.A. First, I served coffee, helped set up, and cleaned up. Next, I became the Thursday night secretary. Next thing I know, I was nominated for DSR. I attended the Area Meetings, reported to the Area about our District, and took the information from the Area back to our District. From then on, I became a full-fledged service junkie. I have served at every level of Area to World Service there is. If it wasn't for service work and helping other (sponsees) I wouldn't be here today. It is only through God's grace and mercy that I am the person I am today. For Him I am truly grateful.

Step 12: Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

* * *

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MY HOMEGROUP, THE TOPIC WAS: ARE YOU HAPPY IN THE PROGRAM?

BY: Yves W.

Atlantic North Regional Trustee Montreal, Quebec, Canada

In looking back, I was really a happy kid, until I started primary school. Then it was something I chased until I found drugs. It started with LSD and finished with cocaine 25 years later, and in retrospect after a couple of months of using, I was only trying to find the same relief then first time, never to find it again, it wasn't happiness.

That was my first reality check, when not under influence I felt rejected. I was disturbed and disturbing. At one point, I had my first love during the summer and it was special, until I was dropped by my girlfriend. This was my next reality check, it hurt so much that I made the decision to never feel that way anymore in my life. From now on I would never have another person hurt my feelings anymore. I became asocial, only using people for my own goals and pushing away or destroying those who were in my way.

I shifted all my energy in a career to become successful and do anything that is needed to be. I began to live two lives in one: career and drugging, after LSD, it was speed, then magic mushrooms, hashish up until discovering cocaine for my MBA graduation party. That is when all started to really go from bad to worse.

But it never came to mind that getting loaded was a problem, because the smartass in me believed that this was the solution to my life. The real problem was the job, the wife, the boss and the rest of the world.

One day I had enough. I called a friend who had invited me to a meeting four years before, with the caveat that I do not want to have anything to do with any kind of meetings, because I was different and didn't belong there. He told me that it was the only thing that he could offer me. So, I said OK for that time. I took a newcomer chip at a N.A. meeting then went to A.A. and C.A. meetings, where my friend and sponsor-to-be gave me a copy of the Big Book of *Alcoholics Anonymous*, and to take my newcomer chip, too. I was to go to a G.A. meeting, but unfortunately there were none around, only a C.A. meeting. I went there, a few minutes late, but the door was locked. As I was going away, somebody opened the door and

shouted, "Come back you are at the right place for you."

It shook me that somebody told me that I was welcome. It was a discussion meeting, with candles and I heard what I needed to hear. People who were different, but were the same in what they went through and what they felt before. Since then I've only had two homegroups and they both were discussion meetings.

With all being said, my frame of mind was still the same: my plan was to play the game, become the best in doing the Twelve Steps, to impress you all, receive my diploma and then go back to my life, all of this to please my friend who came to my rescue. I would also accept all of what you were proposing to me to not be rejected and to ensure that you would like me. I was still thinking that drugs were not a problem in my life.

I took on the Program my way, even though I had read the Big Book of Alcoholics Anonymous I didn't read it completely, skipping the foreword, "The doctor opinion" (I wasn't sick) and anything around addiction, I read it as it wasn't my problem. I took what I thought was good for me. Steps One through Five were good, because at one point I was obsessed with using. I challenged to God to get me out of the obsession and if he did I would stick around. Step Four and Five because for the first time in my adult life I suddenly discovered that all of what has happened to me resulted from my own choices, all of it. I discovered that I could take back my destiny without having to do all of what others were asking of me or asking me to be, what a relief. Steps Six and Seven were my own responsibility, Eight and Nine were good for me, Ten and Eleven were an afterthought and for Step Twelve, I was sure I was OK, because I never said no to any requests to be of Service. Therefore, I almost always had a task in my group, first because it was giving me a reason to go to a meeting and second, I didn't have any good reason to do otherwise.

A little bit after my second year of abstinence, I started to feel restless and again unhappiness came more easily. I was feeling that what I was hearing I had (Cont. on page 16)

MY HOMEGROUP, THE TOPIC WAS: ARE YOU HAPPY IN THE PROGRAM?

BY: Yves W.

Atlantic Regional Trustee Montreal, Quebec Canada

(Cont. from Page 15)

heard it before and I stopped listening. I only looked at what was wrong and people were getting away from me. I gave myself my Twelve Step diploma, having nothing else to learn. I was still in my plan to go back to my former life. I decided to take a break from all of this and self-pity became the main feeling in my life, for about a month until one of my sober friends invited me to a Big Book study.

What a revelation it was going to that study, first because I read in the foreword "To show other alcoholics precisely how we have recovered is the main purpose of this book." Furthermore, "The Doctor's Opinion" showed me what I was really fighting and for the first time I was scared to use again. I decided to really work the Program as it supposed to be. It changed everything for me because I really made my decision to turn my will and my life over to the care of a God of my understanding. I felt happiness coming back again.

Now in retrospect, for a while for the wrong reasons then after for the love of it, what made me stay was to be of Service. I feel that it was God's will for me. I found out that what was bringing this knot in my stomach was the feeling of not knowing who I was, not belonging to anything, and therefore not knowing why I was living in this life. The Program helped me solve the first part and Service helped me resolve the last part.

Since I had a car, I would ask anybody wanted a lift then I drove them home after a meeting and picked them up to bring them to a meeting. This helped me open a little to others and to go over my fear of getting by myself to a meeting.

My first task in my group, for a couple of months was to clean up the ashtrays and sweep the floor, which even though it pissed me off at first, I accepted it in order not to be rejected. It brought me a little sense of belonging.

I was asked to be the coffee person for a while. It was the first time that I ever made coffee, even for myself. This was special experience for me because it helped me get over one of my worst fears, the first contact with somebody. Anybody who needed a coffee had to come to me. Most of them first shook my hand

and then said thanks and some even complimented me for my coffee. For the first time in a while, I was feeling good about myself and important to the group, I felt responsible.

Another task I was asked to do was to give the newcomer chip at an H&I meeting, I was only five or six months sober. Every meeting there were always a lot of newcomers getting up. It was amazing to give a chip to each of them and giving them hope. I do remember this girl who was a repeat newcomer, when she came up for her chip I took the liberty to tell her that this one would be the last one for her. I never saw her again until five years ago at our Area convention. She came up to me. At first, I didn't recognize her and then she reminded me of the newcomer chip and telling me that it was indeed her last one, 20 years ago. It was certainly more proof that I wasn't in charge that day and I am still not in charge. I call all these moments, gifts from my new Way of life.

At one point while attending my first business meeting, I was proposed and voted as GSR. It was my first step in going down on the ladder of Service for C.A. But I didn't understand it that way at that time. I saw it as becoming the owner of the group. Let's say that my first couple business meetings were disturbing. Mainly because of me. I called my sponsor, complaining about the fact that people were not listening, didn't agree with anything I had to say. I was proposing to streamline the meeting or how I wanted to improve our weekly meetings. His answer was to stick there and listen to these people because what I didn't like about them was probably mirroring who I was. I was pissed but I went back, listened to them and they explained to me that GSR duties was to be the voice of the group conscience and be the communication link from the group to the district and the rest of the Fellowship. It was my first humbling experience and more so they became friends. The residual was that I started to read the World Service Manual.

I became involved at the area level, at the request of our delegate. They needed an H&I chair. To bring C.A. into hospital and recovery centers and again opening a little more with other just because I

(Cont. on page 17)

MY HOMEGROUP, THE TOPIC WAS: ARE YOU HAPPY IN THE PROGRAM?

BY: Yves W. Atlantic Regional Trustee Montreal, Quebec Canada

(Cont. from Pages 15 &16)

was willing to serve. I started to feel that I was giving back a little of what was given to me so freely, not doing it to be part of, but because I was part of.

I attended my first World Service Conference in 2000 as alternate delegate, another step further down the ladder of Service. It was me first foray outside of my own French area, into another part of C.A. What an experience it was, having 150 addicts getting together to discuss the business of C.A coming from different way of life, making decisions then changing their mind, undoing what was voted the day before, arguing and suddenly I saw how each voice was important to be heard and that even that sole voice going against the rest of the Conference was the one that we all needed to hear and then make the best decision for C.A.

Now, 17 years later I am completing my term as the Atlantic North Regional Trustee. I'm on my fifth year, on the lowest step on the ladder of Service. It was an amazing leg in my journey of recovery and Service. The first thing I heard was to be teachable, a term that does not translate well in French. It did shed a light on what being of Service is and brought to me: to learn about myself, to get to know me better, to know how to live, because I didn't have a clue before, to become responsible, to become a better person by doing my part in life and finally to have a life worth living and most of all to see what is our Fellowship in its whole.

These five years will always have a special place in my heart and I owe this to all the people who were with me along this leg in my journey, first and foremost my dear friend Richard A. Leve who passed away on May 24, he was my mentor in all of this. Terry M, Russell S, Kenny W, Brian T, Kathy Jo R, Deborah G, Frank P, Duane M, Ira M. L, Jay P, Rob W, Anne B, Jeannette J, Suzanne V, Wade S, Yvette H Tom P, Kerry W and Kevin M. I thank you all for your teaching, your commitment, your seriousness, your laughs and most of all your love for CA. I also would like to thank the WSOB for their commitment to Service day in and day out for the whole of C.A. Thank you for allowing me to be of service.

Finally, to answer the question, yes, I am happy and happier more than I could ever have imagined, just being of Service to my fellow human and helping C.A. grow one addict at a time.

* * *

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19



Share Your Experience, Strength and Hope for C.A.'s First 12 Steps & 12 Traditions Book and 12-Step Workbook

We need **YOU** to help make these books a reality! The Conference has approved the concepts, but as with all new C.A. books, the Literature, Chips, and Format Committee needs YOUR submissions. Be a part of C.A. history and help write these books!

12-Step Workbook:

This workbook will be a tool to be used with a sponsor and in conjunction with literature approved for use at C.A. meetings as listed above. Submissions should be 1-2 pages long and include the following:

- Quotes or references to suggested readings from literature approved for use at C.A. meetings (C.A.'s meeting format, pamphlets, *HFC* or *HFC II*; The Big Book *Alcoholics Anonymous*, *The Twelve Steps and Twelve Traditions*, or *Service Manual*);
- Your personal experience on a particular Step;
- Four to twelve questions to help the reader have his or her own experience with the Step;
- A worksheet applicable to the Step (optional); and
- A prayer or spiritual exercise to conclude the section on that Step.

C.A.'s 12 & 12

Help us write C.A.'s own 12 Steps &12 Traditions book based on our Fellowship's experience with the Steps and Traditions. Provide 1000-2000 words on the Step/Tradition focusing on your own experience, strength and hope, with a closing paragraph summing up your gratitude for that particular Step/Tradition and how it relates to your recovery. For more information, please contact Jason L., Subcommittee Chair, via e-mail at jason lrnc@yahoo.co.uk.

Guidelines for All Submissions:

Don't worry about grammar, spelling or punctuation; we have people to help 'polish' whatever you write. Other than cited quotes, each submission must be the author's original writing. In keeping with the 11th Tradition, submissions will be reviewed anonymously and the authors of material ultimately selected for publication will be asked to maintain their anonymity. Replies will be sent when the selection process is complete for each project. Electronic submissions are preferred. Each submission also requires a properly executed release form (available at www.ca.org or on page 11). You may send your submission(s) and release via e-mail to submissions@ca.org or by regular mail to: CAWSO, Inc. Attention: LCF Committee, 21720 S. Wilmington Ave., Ste. 304, Long Beach. CA 90810-1641. For more information, please call 310-559-5833.

C.A. WORLD SERVICE CONFERENCE COMMITTEE PAGE 1

ARCHIVE COMMITTEE

The World Service Archive Committee needs your help to build a historical record of the growth of C.A. Areas around the world. Your participation in answering, in as much detail as possible, our C.A. Area History questionnaire which can be found online at: https://ca.org/service/world-service-conference/archives/area-history-form/ will contribute greatly to our efforts to protect and preserve the legacy of C.A.

A recent submission from the C.A. Area of Southern Ontario illustrates what we are hoping to collect from the C.A. Areas around the world.

History of Canada's Southern Ontario Cocaine Anonymous Area:

Submitted by Cameron F. SOCA Archives Chair this May 11, 2017.

Southern Ontario Cocaine Anonymous is a registered, charitable non-profit corporation and belongs to the North Atlantic Region of C.A. Our boundaries a delineated by the map pictured below.

Initially, our Area was a Toronto District and part of the Quebec Area. Our first C.A. Group, First Toronto Group of C.A. was started on February 2nd, 1987. According to early Toronto C.A. Members, the sub-culture of cocaine users was quite different than that of A.A., so it was exciting to have a meeting focused entirely on recovery from cocaine and all mind-altering substances.

Submitted by our first World Delegate, David L., our C.A. Area was ratified in 1998. At the time of ratification, our Area had no districts and 15 C.A. Groups. Today, Southern Ontario C.A. has 70 C.A. Groups and 29 H&I Service meetings. Our Area Service Committee meetings take place on the second Saturday of every month at 10:30 am and generally last approximately 2 to 3 hours in length. There are approximately 1000 to 1200 C.A. Members throughout the Southern Ontario Area. Our Area has been experiencing a steady increase in membership and in the number of successful C.A. Groups.

Our Area website is http://ca-on.org. Southern Ontario Area hosts many activities and events to promote unity and enthusiasm throughout its fellowship, such as, Celebrate Around the World, Anniversary celebrations, special event campouts and picnics, golf tournaments and roundups. In addition, our Area hosts an annual Area Convention with its own website https://socaconvention.org. This site was created by the SOCA Archives Committee and not only promotes the current SOCA Convention, it also archives all the previous SOCA Conventions from 1997 forward. The mission of the SOCA Archive Committee is to collect, protect and preserve, organize, catalogue and present historically valued documents, printed materials, items, artifacts, ephemera and memorabilia of Cocaine Anonymous in Southern Ontario into two archival collections: 1) Southern Ontario C.A. General History and 2) The Southern Ontario C.A. Convention History.



Calendar of Events

Sept. 7-10, 2017

Big SUR-enity 2017

LOCATION:

Fernwood Campground Highway 1, Big Sur, California, USA

Sept. 8-10, 2017

Swedish Convention 2017

LOCATION:

Karlstad

Savegatan 7 - Karlstad Scandic Winn Karlstad Hotel

+45 54 776 47 13 Code: CASWE2017

CONTACT:

sweconvention2017@gmail.com

Sept. 15-17, 2017

Florida Area Convention Recovery Unleashed

LOCATION

Bonaventure Resort & Spa 250 Raquet Club

Weston, Florida, USA

Oct. 6-8, 2017

CA Scotland Area Convention Power of Scotland

LOCATION

Go Glasgow Urban Hotel 517 Paisley Rd. West Glasgow, Scotland, UK 651 1RW +44 0141 427 3146

CONTACT:

www.eventbrite.co.uk/e/ca-scotland-annualconvention-2017-power-of-scotland-tickets-29860420321?aff=es2

October 20-22, 2017

Southern Ontario C.A Convention

LOCATION:

Radisson Hotel Admiral Toronto-Harbourfront

November 3-5, 2017

C.A. Ireland Convention Rocketed into a Fourth Dimension

LOCATION:

Crowne Plaza Hotel Dublin15 Blanchardstown

CONTACT:

https://www.eventbrite.ie/e/rocketed-into-a-4th-dimension-ca-ireland-2017-conventiontickets-33423598884

NOVEMBER 10-12, 2017

Southern Alberta Convention Recovery has no Lines

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Hotel Blackfoot 5940 Blackfoot Trail S.E. Calgary, Alberta, Canada

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WOULD YOU LIKE TO BE PUBLISHED??? DO YOU HAVE SOMETHING TO SAY???

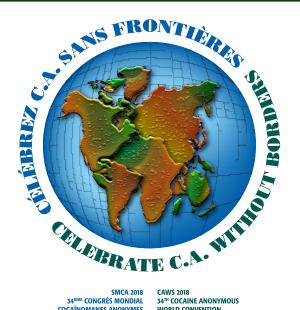
The Newsgram is looking for your article, recovery jokes, recovery poem, suggestions, ideas, recovery drawing, or spiritual thoughts. This is YOUR publication!! We're looking for small items of 1 or 2 lines up to articles anywhere from 200 to 1100 words. If you write an item, please fill out the Release Form on page 4, or at www.CA.org and print out the Release Form and submit along with vour item to:

NewsGram / C/O CAWSO / 21720 S. Wilmington Ave., Ste. 304 / Long Beach, CA 90810, USA

Calendar of Events (page 2)

C.A. World Service Convention

Célébrez CA Sans Frontières – CELEBRATE C.A. WITHOUT BORDERS



SMCA 2018 ME CONGRÈS MONDIAL COCAÏNOMANES ANONYMES MONTRÉAL, QC 28 JUIN AU 2 JUILLET 2018

CAWS 2018 34TH COCAINE ANONYMOUS WORLD CONVENTION MONTREAL, QC JUNE 28TH TO JULY 2ND 2018



LOCATION: Le centre Sheraton Hotel; 1201 Rene-Levesque West, Montreal, Quebec, Canada H3B2L7

Below is a reprinted Article from the NewsGram Issue 4th Quarter 2016

IMPORTANT NOTICE FOR PERSONS WITH CRIMINAL RECORDS WHO PLAN ON ATTENDING THE 2018 WORLD SERVICE CONVENTION IN MONTREAL CANADA

> BY: Steve A. and David J. Tempe & Phoenix, Arizona, USA

The Fellowship of Cocaine Anonymous is preparing to hold their annual World Services Convention in Montreal, Ontario, Canada. Canada has stringent laws regarding Convicted Felons and persons that have DUIs and this article is designed to help our members with those challenges prepare for traveling to Canada and perhaps to other parts of the world (remember, the World Service Convention will be is Sweden in 2019). The time to begin the process is now because it will take some time and considerable effort.

Many of us have suffered the consequences caused by some of our choices and having a DUI or Felony on our record can give us some of the biggest headaches. There are several methods to have some of our rights restored. The Internet offers many assets that address these issues and give very helpful hints for us to reestablish our rights as citizens again.

There are several issues in Canada's immigration law that will restrict people with felonies and/or DUIs from entering into Canada and name them as "inadmissible." Some of those are; security risk, human or international rights violations, criminal history, health problems, financial problems, dishonesty with applications to enter Canada, failure to meet conditions in the Canada's immigration law, and a member of your family is not allowed into Canada. You can find a list of criminal offences in the Criminal Code of Canada and the Controlled Drugs and Substances Act.

Any and all of those issues could make one inadmissible to Canada; you will not be allowed to enter. However, if travel to Canada is necessary, they may issue you a temporary resident permit. "To be granted a TRP, the applicant will need to demonstrate a required need for entering Canada, such as work, an emergency situation, or a humanitarian/compassionate reason. "The goal of a TRP application is to demonstrate that the individual is not a threat to Canadian security during the period they will be in Canada, and to convince the office that their reason for being in Canada during that period may be a benefit to Canada (for example, if the person is attending a work meeting and will be bringing business to Canada). The benefit of a TRP is that unlike Criminal Rehabilitation, it can be applied for at either a Canadian consulate or at any Canadian port of entry (borders, airports, etc.) Making the application at a port of entry will most likely be significantly faster than through a consulate which often have long wait times. Wherever you file it, a TRP application can take up to six months for processing and a personal interview may be required."

If convicted of driving while impaired by alcohol or drugs, probable cause will be found to make you criminally inadmissible to Canada. As of March 1, 2012, you may be able to get a temporary resident permit for one visit without paying the \$200 processing fee (Canadian dollars).

Check with your local State authorities before booking travel, as every State has different paths to reestablish your rights. This will help make sure that when you arrive in Canada, a border services officer has enough information to decide if you can enter Canada. The officer will still check to make sure you are not inadmissible for other reasons.

Depending on the crime, how long ago it was and how you have behaved since, you may still be allowed to come to Canada, if you: convince an immigration officer that you meet the legal terms to be deemed rehabilitated, or applied for rehabilitation and were approved, or were granted a <u>record suspension</u> or have a <u>temporary</u> resident permit.

Most states have now passed laws to have felonies forgiven once all of the prescribed requirements are met. (Time Served, probation completed, fines paid, etc.) Please check with your individual state and local for their regulations.

Resources to assist in deciding what path to take:

http://www.ezbordercrossing.com/

http://www.cic.gc.ca/english/information/inadmissibility/conv

https://exoffenders.net/felon-voting-rights

7 th Trae	dition April – June 2017	
	Category or Group	
Location	Name/City	Total
Anonymous	Anonymous	\$ 5,129.16
EUROPE		
Germany	C.A. Germany	\$ 1,567.00
Portugal	C.A. Portugal	\$ 1,938.72
The Netherlands	C.A. Men's Meeting	\$ 164.48
United Kingdom	Kent District	\$ 1,879.78
	C.A. London Area	\$ 1,556.83
	N.E. Hertfordshire Dist.	\$ 845.87
	UK South Central Dist	\$ 385.19
USA		
Arizona	EVMG	\$ 672.27
Northern California	Northbay Serv. Grp.	\$ 90.00
Southern California	CALA Longbeach/	\$ 468.25
	Compton	,
	Come Alive Group	\$ 71.00
	Focus on Recovery	\$ 30.00
	WIECA Women at Another	\$ 50.00
	Level	\$ 336.00
Colorado	C.A. of Colorado	\$ 334.14
	C.A. of Colorado H&I	\$ 13.84
	Nirvana Group	\$ 198.63
Florida	Florida Area C.A.	\$ 2,000.00
Georgia	Carry the Message Grou	\$ 19.00
_	Log Cabin Group	\$ 135.30
	Spearheads Group	\$ 235.00
Ideaho	Magic Valley CA Dist	\$ 1,500.00
Illinois	Forever Free Mtg	\$ 20.00
	I.A.C.A., Inc.	\$ 300.00
	IACA NW Suburban Dist.	\$ 141.54
Kansas	Newfound Life CA	\$ 125.00
Massachusetts	Mass Area CA	\$ 109.00
Maryland	Group DC,MD, & VA	\$ 25.00
Missouri	End of the Line Group	\$ 50.00
Oklahoma	CA Oklahoma City	\$ 585.00
	CA So. District of Oklahoma	\$ 50.00
Oregon	CA of Ore & SW Wash.	\$ 75.00
Pennsylvania	C.A. of PA/NJ/DE	\$ 300.00
Texas	Freedom & Hope Group	\$ 60.00
	No. Texas Area	\$ 25.00
Utah	C.A. of Utah	
Wisconsin	1st Things 1 st Group	\$ 60.00
	Sunday Night	\$ 150.00
	Strength Group Webnight Big Book	\$ 24.00
CELEBRATION	(Birthday's,	\$ 107.00
CONTRIBUTIONS	Memorials, Etc.)	
GRATITUDE		\$ 1,135.80
CONTRIBUTIONS		

7 th Trac Location	lition April - June 20: Category or Group Name/City	17 Total
Memorial for Richard Levy		\$ 745.00
World		
Contribution	(See form on Page 15)	\$3,605.00
Program	<i>,</i>	
Total		\$27,312.80

A FAIRWELL ADDRESS BY: Heidi J. NewsGram Editor Portland, Oregon USA

At the World Service Convention in Phoenix in 2011, there was an article in that issue of the NewsGram that the NewsGram Editor was looking to be replaced. I talked to my dear friend, Jeanne Ann P., and my husband, Bob L. and I said, "I'm thinking that NewsGram Editor is a commitment I might want to do." At the time, I was hoping they would both scream at me "Snap out of it! Don't do it." But they both said, "Heidi, you'd be great at that job." So, I put my name forward to the WSO Chair. I filled out my Service Resume and was interviewed for the job. That was the start of the greatest service commitment I've EVER held.

This is the 24th issue of the NewsGram that I've worked on for the Fellowship that I love. This is the last issue, as I also feel it is time to turn the reins over to someone else. Someone with fresh eyes, someone who also loves this Fellowship. Someone who can continue to bring you the words of our Fellowship.

I have loved bringing you each and every issue of the NewsGram. The NewsGram allowed me to be in contact with so many addicts, all across the world. It allowed me to stretch my wings and talk to people I didn't know and people I came to love.

I've been allowed to work with numerous Conference Committee Chairs, Trustees, and WSOB members. I became closer to former Trustees and WSOB members who I contacted and asked to write stories for the NewsGram. I spoke/emailed delegates, prisoners, members of the Fellowship who I might not have gotten to know if not for this commitment.

Thank you to all of you who made me successful as your NewsGram editor. I especially want to thank Jeanne Ann P, and Bob L. who, because they said I'd be great at this, have faithfully helped me by proofing each issue. But, I could not have done it without you, the Fellowship of Cocaine Anonymous. See you around rooms!

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