

# NEWS GRAM

Volume 35 No. 1 C.A. World Service Office, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641 1st Quarter 2017

## "FROM LITTLE ACORNS DO MIGHTY OAKS GROW" THE LONDON AREA

BY: Nicholas L.  
London, England, UK

It was 1994 and I had been sober just about two years hanging out in A.A. I had never heard of Cocaine Anonymous in my life. Life was tricky and I was told not to share about drugs in A.A. and I found N.A., but that was not really my sort of people. Something needed to change. As chance happened (odd or God) I decided to share from the heart and it just happened. I launched into a drugalog to the horror of the members of that group; some walked out, some muttered, but no one told me to stop and I brought my share to a close. One lady however made a beeline straight for me and said you must come and share tomorrow in C.A. – it begins.

I walked into the meeting and to my astonishment when I looked up I saw some pals. "What took you so long," "where you been." I spoke and they spoke back. I was home. These were my folk. This was my home. I had finally arrived. The Big Book of *Alcoholics Anonymous* was already one of my tools. I loved the C.A. literature like it was written for me, about me – my life took on new meaning.

I made that meeting my home group. I soon knew most people (there was only six meetings in Europe at that time – all in London. I served, I made tea, I ranted, I dated, I got dumped, I grew..... God was in my life and we were on the march. I was a secretary, a GSR and met others and went to the UK Area meetings I felt part of most days. Meetings grew, groups split off (out of resentments, geography, helpline suggestions.) We had no delegates then one member went to a convention in the US – we were inspired, Americans started turning up – it was awesome indeed. One of these men is my sponsor today.

We grew and we grew, small conventions to start with then bigger. Districts were formed. I became a delegate and went to the World Service Conference. I got married. Things were still on the move. I did London District service and at one point was humbled to be asked to chair it (I had experience from CAUK.) I then became a World Service Trustee – I helped C.A. grow as much as I could and then I rotated out. The C.A. World Convention was held in Birmingham UK and was a fantastic event.

I stepped back, got divorced and kept moving. I chose to sit at the back, shared less and let others shine - CAUK kept growing. I went back to London District over an amends I owed, I was forgiven and we all moved on. Meanwhile, CAUK was over 320 meetings strong and London District edged towards 90 meetings. It was too much, people were not being heard, I heard of resentments, frustrations etc. Who would be brave enough to propose a London Area? Someone (not me) stepped up a steering group went and worked out how we might proceed.

The day came when we all met up (a few old timers were there too) and debate ensued. Members were hesitant and I smelled some fear in the room. I stood up and made a pitch "if not now when?" I spoke of all my experience and was almost tearful in my gratitude for what courage God had given me to overcome my fears. Another stood up and back up the same sentiment. This was a day to make history. I left them to it (I had no vote). The next day I received an email – they had gone and done it – the birth of a new Area, My heart soared. Never doubt God's plans – he has it all covered!

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## FROM THE C.A. NEWSGRAM EDITOR

BY: Heidi J.

Portland, Oregon, USA

Dear NewsGram Readers:

I wanted to point out that this issue of the NewsGram is a little different than most you will see.

The World Service Office has been undergoing some remodeling and growth. Throughout the issue, you will see some pictures of the "New Look" at the WS Office. Also, please look to Linda Francisco's article on page 11 so you can hear more about the changes.

I hope you enjoy "visiting" your World Service Office via pictures.

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(The A.A. Book *Alcoholics Anonymous*, the book *Twelve Steps and Twelve Traditions*, the book *Hope Faith & Courage*, book *HFCII* and *A Quite Peace* are used with permission.)

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## ESTABLISHING A C.A. AREA OR DISTRICT ARCHIVES

*"Protecting C.A.'s Future By Preserving C.A.'s Legacy"*

BY: Cameron F.

Toronto, Ontario, Canada

The purpose of the C.A. AREA OR DISTRICT archives ought to document permanently the work of Cocaine Anonymous in your Area or District and make the history of the organization accessible to C.A. members and to provide a context for understanding C.A.'s progression, principles and traditions.

The mission of the C.A. Area or District Archive Committee is to collect, protect and preserve, organize, catalogue and present historically valued documents, printed materials, items, artifacts, ephemera and memorabilia of Cocaine Anonymous in your Area or District into two archival collections:

1. C.A. AREA OR DISTRICT General History
  - a. Minutes, Meeting Lists, policies and procedures, etc.
2. C.A. AREA OR DISTRICT Convention and Event History
  - a. Minutes, Committee Reports, Flyers, Banners, Speaker Recordings, etc.

The history of the founding of the Fellowship in your Area or District is a vital and informative resource. We need always acknowledge our background in order to secure our collective future. Historic records help us to sift through our day-to-day experience in recovery and reach back for the shared experience of the past. Sorting the myth from the facts we can ensure that our original message of recovery, unity and service remains the same in a changing, growing, expanding Fellowship.

A C.A. Area or District Archives initiative may take years, even decades, to achieve, but they are worth striving for. Establishing a committee composed of C.A. Area or District members, and asking for their advice and assistance with archival decisions, will encourage C.A. Member interest in the archives. An Archival Committee will help develop policy and procedural decisions, and help raise awareness about the archives in the C.A. Area or District.

The C.A. Area or District Area Archives Chairperson ought to be responsible to form an Archives Committee responsible for documenting the work of C.A., including making the history of the C.A. in the Area or District accessible to C.A. members and to provide a context for understanding C.A.'s progression, principles and traditions.

The C.A. Area or District Archives Committee ought to be responsible for establishing policies, budgets, and procedures. It undertakes and maintains final responsibility and authority for the use of the archives, and exercises its group conscience in regard to matters of general policy. In all of its actions, the C.A. Area or District Archives Committee needs to be mindful of and guided by C.A.'s primary purpose.

It is helpful for the Archives Committee to meet on a regular basis to aid the C.A. Area or District Archivist and to become familiar with the maintenance of the collection.

The C.A. Area or District Archives Committee ought to maintain records of permanent value to allow any member to go back and consult the original sources again and again.

For a more comprehensive account of Archival Guidelines for your Area or District, download the 2016 Conference approved Cocaine Anonymous World Service Archiving Guidelines for Areas and District at:

[https://ca.org/content/uploads/2015/07/CA\\_Archiving\\_Guidelines\\_Areas\\_Districts.pdf](https://ca.org/content/uploads/2015/07/CA_Archiving_Guidelines_Areas_Districts.pdf)

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**C.A. Archives – New Space**

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## SPONLESS IN SEATTLE

BY: Kassandra H.

Mt. Vernon, Washington, USA

A definition of the word “unity” is the state of being united or joined as a whole. This definition brings to mind one of my favorite parts of the Big Book of *Alcoholics Anonymous*:

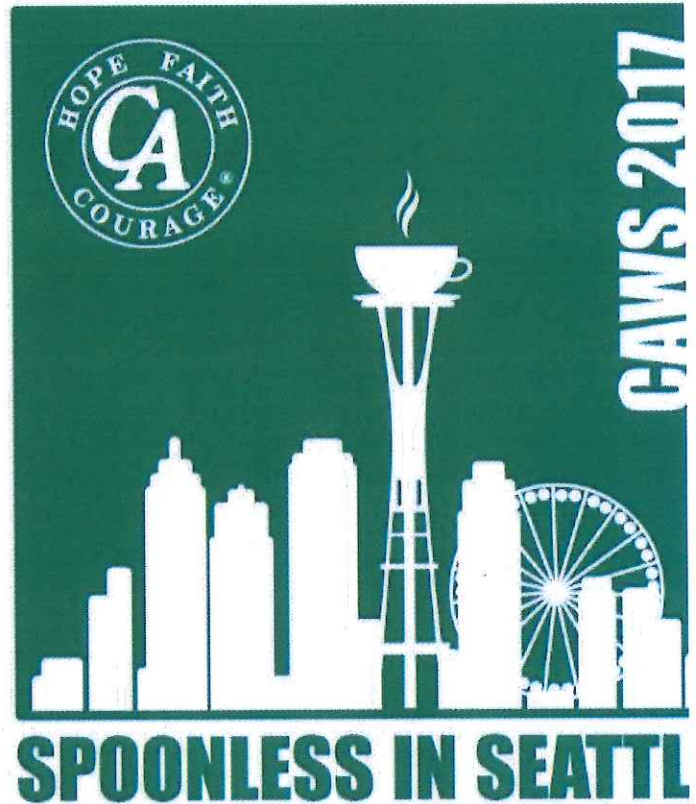
“We are like the passengers of a great liner the moment after rescue from shipwreck when camaraderie, joyousness and democracy pervade the vessel from steerage to Captain's table. Unlike the feelings of the ship's passengers, however, our joy in escape from disaster does not subside as we go our individual ways. The feeling of having shared in a common peril is one element in the powerful cement which binds us.” -*Alcoholics Anonymous*, page 17.

There isn't a time I feel more comfortable than when I'm surrounded by the Fellowship of Cocaine Anonymous, and this quote is a perfect explanation for why that is. It is an indescribable feeling to walk side by side with people who have been through the same misery you have. I never thought I would associate the words “sobriety” and “fun,” but today I can't imagine anything more fun than being sober. I have felt welcome and included from the moment I stepped foot in my first C.A. meeting. This Fellowship picked me up and never put me down, and I watch the same thing happen to innumerable newcomers. This Fellowship is saving lives, and having a darn good time while they're at it!

I am truly grateful for the emphasis the Washington State Cocaine Anonymous area puts on unity. I went to my first professional baseball game at Safeco Field in Seattle with WSCA. I ate birthday cake sober for the first time with WSCA. I attended my first recovery convention in Ocean Shores with WSCA. I can't think of a time that wasn't full of laughter and happiness. So many irreplaceable memories and people that I will always hold on to.

Based on my escapades with WSCA, as well as serving on the 2017 Convention's Steering and General Committees, I don't expect CAWS 2017 to be anything less than unforgettable. What a wonderful experience, to get to enjoy “camaraderie, joyousness and democracy” with members of Cocaine Anonymous from all around the world! I can't think of a more unifying event. Seattle is elated to host CAWS 2017 and we urge the entire fellowship to attend. This is surely a convention you won't want to miss. See you there!

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**C.A. Warehouse – English Chips**



### ULTIMATE AUTHORITY

BY: Tom P.

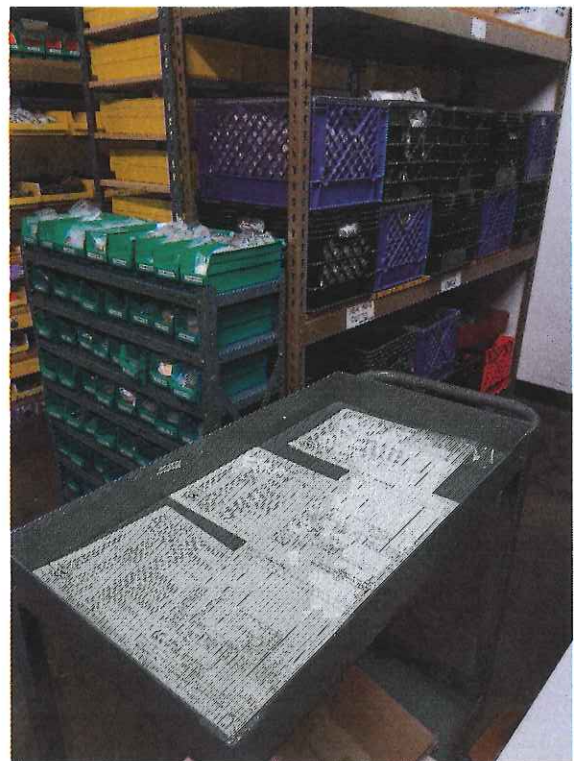
Pacific South Regional Trustee  
Dana Point, California, USA

“For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern (C.A. Tradition Two). Addicts who have experienced the miracle of recovery have, at some time in the progression of their transformation, come to rely upon a Power greater than themselves. In the course of that contact, life takes on a new form. No longer self-reliant, the spiritual tool of God-reliance becomes readily available. As I rely on my Higher Power, the events of my life become joyous, useful, and meaningful. The same concept occurs for a group. Each group is different from the others. Members of the group have different life experiences and different cultural views. Yet each group has to come to the same realization—in order for it to survive, the ultimate authority must be a Power greater than the group. Simply stated, this Power expresses itself through the group conscience. An effective group conscience is one that has been informed by its members’ collective experience and wisdom. Over time, a group will find that the group conscience is far more reliable than the direction of an individual member. The group will come to rely on it” (excerpt from *A Quiet Peace, Daily Meditations from the Fellowship of Cocaine Anonymous*, February 15).

Last night being the last Sunday of the month for February, our “Not In Vein” C.A. 12 and 12 book-study meeting read and discussed Tradition Two. As is typically the case in this meeting I was drawn inwardly to reflect on my experience with this Tradition and the Fellowship of Cocaine Anonymous. I can see how much this tradition has served to facilitate the internal softening/transformation necessary for me to live in the Tenth Step promise of “ceased fighting anything or anyone.” Staying conscious of the fact that God is working and informing the conscience of every member who has made and continues to make the surrendered effort to live by these principles, awakens me to the truth that I don’t have all the answers. The perspective of others enters my heart and brings me closer to each member and in so doing allows me to feel the closeness of my Creator. I have witnessed the group conscience process bring tears and laughter in

the same debate, but always the ultimate authority expresses itself when the group is open to that experience. When these experiences occur, and in my experience they are frequent, a connection is made between those involved that is strong and deep. This commitment to work together is not something that is generated by an ego-driven desire, instead, the member “. . . feels a spiritual and ethical compulsion, because hundreds may be suffering within reach of his help” (*Twelve Steps and Twelve Traditions*, page 133). Always being reminded of our primary purpose by regularly working with suffering addicts who have not yet found this solution is one of the benefits of regular attendance at meetings and C.A. functions and Tradition Two reminds me that I am not God.

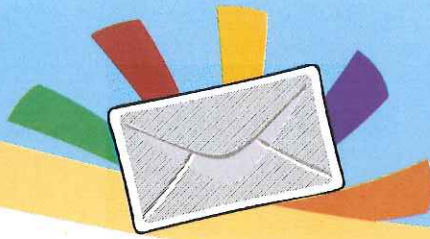
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**C.A. Warehouse – Orders Pulled for this day**



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Feel free to use this form in Celebration of your Sobriety Birthday; Memorializing a be-  
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## A VIEW OF C.A.'S TWELVE CONCEPTS OF SERVICE CONCEPT TWO

BY: Dalton T.  
Any Area, USA

While the “power of the groups and members to alter their world service structure and to criticize its operation is virtually supreme.” (*Twelve Concepts for World Service* by Bill W. pg. 10) it is probably clear to any member of our Fellowship that they, as a group of groups, cannot effectively manage our world services.

So during the first three World Service Conferences, the Fellowship formally delegated the complete authority for the active maintenance of our world services to the World Service Conference. The result is Concept Two which spells out the granting of the authority as follows:

“The C.A. Groups delegate to the World Service Conference the complete authority for the active maintenance of our world services and thereby make the Conference — excepting for any change in the Twelve Traditions — the actual voice and the effective conscience for our whole Fellowship.” (*CAWS World Service Manual 2016 Edition pg. 8*).

As I discussed in a previous article about Concept One, the structure of our World Services is all about ultimate and more importantly delegated authority. In the beginning of Cocaine Anonymous there were many groups that formally established themselves as legal entities. A group of individuals in Los Angeles formed Cocaine Anonymous World Services to operate World Services in 1984. That authority came from the Founders and old timers of Cocaine Anonymous in its infancy. Frankly, it was also a bit about taking the power before someone else did. Remember, it was only a couple of years since the first meeting that the World Services legal entity came into being.

In 1985 our Trustees were in name only (and not well known), Cocaine Anonymous World Services (incorporated) membership was exclusively from Los Angeles; our service structure was loose to say the least. There was confusion and worry as to how Cocaine Anonymous was to survive let alone function smoothly,

Born out of this confusion, the Founders and members of Cocaine Anonymous World Services held meetings starting in September 1985 for the purpose of holding the first World Service Conference. A committee was formed to outline how the business conference of Cocaine Anonymous was to run.

In February 1986 the first business conference was held and effectively did exactly what Concept Two allowed without it even being in force. However, the transfer of authority did not take place at that meeting. A lot was accomplished but primarily it was to establish the process of handing off the authority of the Founders to the World Service Conference

In July 1986 the Conference (known then as the “Cocaine Anonymous Business Conference”, (*minutes of meetings July 2,3 1986 in San Diego, CA*) heard reports and voted on a temporary service structure. Of import at this meeting was the recognition that the Fellowship as a whole as having the authority for the operations of world services. In fact, “Any business that did not go out to the Fellowship can only be voted on at this Conference as temporary. It must go back to the Fellowship for their approval. This is the only way the Fellowship’s voice can be heard, as was discussed at the last conference.” (*ibid*) More reports were heard and a temporary service structure was formed including a formal recognition of a Board of Trustees. For the first time Trustee members were named and voted upon.

At the third World Service Conference in March 1987 the C.A. Twelve Concepts of service were, after much debate (about 30 pages of minutes), adopted, unanimously.

It was also during this Conference that it adopted the Twelve Steps and Twelve Traditions of Cocaine Anonymous, adopting guidelines and procedures, accepting bids for Conventions among many other actions taken. In other words, the process of the Fellowship delegating its authority for the active maintenance of World Services, took nearly 18 months and three conferences to just get to this point.

The reason for this discussion is to note that Concept Two was born in A.A. out of similar circumstances. The result, Concept Two, is the process of getting there if you will. The fact is that the growth of Cocaine Anonymous in its first two years demanded more than a handful of Founders could provide. More and more of the operational authority of World Services were handed to the board of directors of newly incorporated Cocaine Anonymous World Services, and other volunteer. Those directors were

(Cont. on Page 9)



**A VIEW OF C.A.'S TWELVE CONCEPTS OF  
SERVICE  
CONCEPT TWO**

**BY: Dalton T.  
Any Area, USA**

*(Cont. from Page 8)*

selected and voted into office by the existing directors. The Fellowship as a whole did not take part in that. In other words, the same problem facing A.A. now confronted C.A. in the middle 80's.

Our solution was similar to A.A.'s. Get the authority into the hands of the Fellowship which would in turn hand off delegated authority to other bodies that are also outlined in our Concepts (more on those later). Then, as a result of the process of Concept Two, the active service conscience of Cocaine Anonymous now resides in the hands of its World Service Conference as delegated to it by the Fellowship of Cocaine Anonymous. It is to the World Service Conference that the Fellowship turns to when questions arise on matters affecting Cocaine Anonymous as a whole.

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**MY STORY**

**BY: Feleshia S.  
Oakland, California, USA**

Growing up I always was a loner. I wanted to have friends but they were few and far between because my parents moved a lot because of their lifestyle.

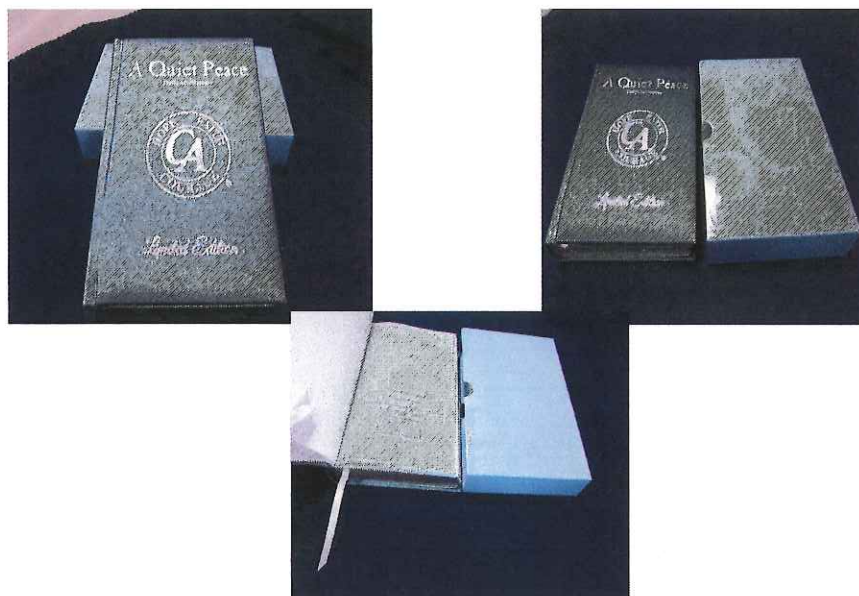
I started smoking marijuana at a young age and drinking as well. By the time I had gotten into high school my sophomore year I was introduced to cocaine. The trauma that I experienced growing up in an abusive family was both physical and mental. I was emotionally and spiritually depleted so I began looking for love in all the wrong places! People, places and things...which is to say got me nowhere. I found myself using off and on, in and out of relationships but I didn't realize that that was my problem. After a little time in college my life took a turn for the worse and I found myself in jail many times. There I was. First introduced to another Fellowship and didn't really hear the message, nor was I looking for one. I ended up going to the penitentiary. There I became very serious about my life and the direction I (it) needed to take. So, I got into the Fellowship and was clean five and a half years. But I stopped doing what was working for me and forgot about God, who is my higher power. So, once again, I became powerless over my addiction and my life became unmanageable. What I found out is that I lost my conscious contact with a God of my understanding and so, I had to connect with both God and I've been introduced to the Fellowship of Cocaine Anonymous. This is a humbling experience but thank God that I am keeping an open mind and I am willing to change. The serenity prayer helps me a great deal and I hope that I said something to help someone else.

\*\*\*

**C.A. Warehouse**







# A Quiet Peace

## *A Commemorative Limited Edition*

The distinctive cover of this limited edition features a beautiful textured blue faux leather with silver lettering, as well as silver foil edged pages. The cover opens to an onion skin hand numbered page it also features a white satin ribbon page marker and comes in a glossy raised printed gift/ display box.

With only 1000 printed \*\*\* You will want to purchase this truly beautiful collector's item for only \$35.00 each. (Also available, a case of 16 books for just \$420.00)



## EXCITING THINGS HAVE BEEN HAPPENING AT THE WORLD SERVICE OFFICE...

BY: Linda Francisco, DOO

World Service Office  
Long Beach, California, USA

We extend an open invitation to anyone who is in the area to stop by and take the tour of the World Service Office. We have been undergoing a few changes these past couple of months with one or two more in the works!

In the month of December – We added a much needed extension to the existing Archives Room – allowing Archives to continue to grow and be stored safely within our office. We are now able to store odd shaped items as well as posters and graphs in its own area instead of under tables or areas where they must constantly be moved. In fact we are so excited that you can actually spin in circles down the aisle without falling over stuff!

Another improvement is that we have partitioned off a small Equipment Area. This improvement keeps the equipment running safely at a warmer temperature and not interfering with the cooler storage temperature of the C.A. Archives.

A special thanks for all your hard work to Randy M, Norma Jean, Henry A, and Scott S. – they have once again sorted all the boxes by number and made it more manageable to continue cataloging items for our Archival Database. This is one ***Rockin' and Archivin' Committee!***

Once the new extension for the Archives area was completed the WSO invested in some new Pallet Racks and we are now able to stack pallets of books two high as well as storage on the third level for items used just once (or twice) a year. *Yep, we are moving on up to the big times!*

We knew we needed to reorganize – so we took 3 days to take everything out of the warehouse, move it to the front office to make it possible to move and rearrange the shelving in the back. With some input from our incredible staff and the help of some amazing Fellowship members – we moved things about in order “to work smart, not hard”! We have made a cozy little shipping area for Nicole, we have put all the Sobriety Chips in one area, moved all the paper goods to one area and moved the slower moving items to the rear of the warehouse. Don't worry – we know we will be tweaking for the next few months, but so far it is working like a charm. *And it all happened in three Days!*

A special thanks to Tim A, Ira L., Scott S and Henry A. for coming to help with the moving of pallets, shelving and inventory! With a few wonderful volunteers, our amazing staff of Sheila H, Adrienne L and Nicole B along with me (Linda) – we got it done! Yahoo!

Our next project will be to move the office to the Warehouse as our landlord has promised us new carpet! The Archive extension and the new carpet comes without an increase in rent – only a five year commitment to stay where we are! We love it here – we are easy to find and in a safe neighborhood! Yahoo!

As I mentioned before – if you are ever in our neighborhood – please plan to stop in to say HI! At this time we are trying to work it out to host an Open House during the 2017 Conference. (Hopefully the new carpeting will be in!) So please plan to join for some fun and picture opportunities.

\*\*\*

## MEET THE WORLD SERVICE OFFICE

STAFF: Sheila Woody Herrera

I would like to introduce myself; I am Sheila Woody Herrera, your newest customer service gal. I started working for CAWSO in August of 2016 and just love my job and the people I work with. I primarily answer the phones, take and complete your orders as well as process your payments but definitely am not limited to those tasks. I am a college graduate as well as Level 3 Certified in QuickBooks.

If you want to add personal info:

I have six kids (blended family) and 21 grandchildren ranging from 3-16.

I live in Long Beach (on a sailboat) and enjoy sailing the ocean on my time away from work.

My hobbies are scrapbooking and genealogy.

I am a NORM-E!

\*\*\*



## MEET THE WORLD SERVICE OFFICE

STAFF: Adrienne Lopez

Hi, my name is Adrienne Lopez, I have worked in the philanthropic and non-profit worlds for some time and while I have only been here with CAWSO under a year, I am happy to have found a home here. I enjoy the environment in our little office and feel we all work very well together. I primarily handle Starter Kits, Inmate Letters and I assist the DOO with Conference and Convention Preparation as well as answer calls, process orders and assist where needed.

I am a native of the South Bay area and have just relocated back after five years in the Inland Empire. I am very glad to be back near my beloved ocean. I try to get there at least once a week to just enjoy the view. Being back here also gives me the opportunity to spend much more time with my very large family.

In my off time I mentor women in crisis and transition. I docent with an Elementary Art Program in the South Bay and I teach living history as a Renaissance Reenactor and have been doing that for over 40 years. I will forever be a history geek and love the opportunity to expose children and adults to bits of trivia about a culture and history I have NO DNA CONNECTION with whatsoever; it confuses the heck out of my family. Nicole our shipping clerk likes to call me "Snapple Cap" because she likes to ask me random questions to see what trivia she can get from me.

I am a Disneyphile, love to read, create jewelry, mosaics, collect shells, scour thrift stores and feel like there is something missing in my day if I cannot create something of beauty...



**C.A. Warehouse Printed Items**

## NewsGram Editorial Policy

The NewsGram publishes articles that reflect the full diversity of experience and opinion found within the Fellowship of Cocaine Anonymous. No one viewpoint or philosophy dominates its pages, and in determining the editorial content, the editors rely on the principles of the Twelve Steps, Twelve Traditions, and the Twelve Concepts. The heart of The NewsGram is in the shared experience of individual C.A. members working the C.A. program and applying the spiritual principles of the Twelve Steps. Yet what works for one individual or C.A. group may not always work for another. For this reason, from month to month, articles may be published that appear to contradict one another. Seeking neither to gloss over difficult issues, nor to present such issues in a harmful or contentious manner, The NewsGram tries to embody the widest possible view of the C.A. Fellowship.

The Charter of the World Service Conference guarantees The NewsGram editor the right to accept or reject material for publication. The NewsGram staff members evaluate articles and, while some editing is done for purposes of clarity, styling, length and content, the editors encourage all writers to express their own experience in their own unique way.

Articles are not intended to be statements of C.A. policy, nor does publication of any article constitute endorsement by either Cocaine Anonymous or The NewsGram. Articles are invited, although no payment can be made nor can material be returned.



**C.A. Archives Door separating equipment from Archives**



**NEW COMMERATIVE CHIPS NOW AVAILABLE THROUGH  
THE WORLD SERVICE OFFICE**

*Available in Bright Bronze*





Price per coin \$20 USD or 3 for \$45 USD  
 Plus \$3 USD for each coin Shipping and Handling



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**CA Recovery Medallions – Bright Bronze Coin**

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Color:	Years 1-50	Quantity
_____	_____ Year	_____
_____	_____ Year	_____
_____	_____ Year	_____
_____	_____ Year	_____
_____	_____ Year	_____
_____	_____ Year	_____
_____	_____ Year	_____

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Long Beach, CA 90810-1641

Please allow 7-10 days for delivery



## CAWSO - FRANÇAIS

## DEVANT



Violet



Émeraude



Pourpre



Brise d'océan



Titane



Camouflage



Orange/Noir



Améthyste



Vert



Rouge



Rose



Bleu



Noir

## DERRIÈRE



Violet



Émeraude



Pourpre



Brise d'océan



Titane



Camouflage



Orange/Noir



Améthyste



Vert



Rouge



Rose



Bleu



Noir



## Share Your Experience, Strength and Hope for C.A.'s First 12 Steps & 12 Traditions Book and 12-Step Workbook

We need **YOU** to help make these books a reality! The Conference has approved the concepts, but as with all new C.A. books, the Literature, Chips, and Format Committee needs YOUR submissions. Be a part of C.A. history and help write these books! Help us write C.A.'s own 12 Steps & 12 Traditions book based on our Fellowship's experience with the Steps and Traditions. Provide 1000-2000 words on the Step/Tradition focusing on your own experience, strength and hope, with a closing paragraph summing up your gratitude for that particular Step/Tradition and how it relates to your recovery.

### Guidelines for All Submissions:

Don't worry about grammar, spelling or punctuation; we have people to help 'polish' whatever you write. Other than cited quotes, each submission must be the author's original writing. In keeping with the 11th Tradition, submissions will be reviewed anonymously and the authors of material ultimately selected for publication will be asked to maintain their anonymity. Replies will be sent when the selection process is complete for each project. Electronic submissions are preferred. Each submission also requires a properly executed release form (available at [www.ca.org](http://www.ca.org) or on page 11). You may send your submission(s) and release via e-mail to [submissions@ca.org](mailto:submissions@ca.org) or by regular mail to: CAWSO, Inc. Attention: LCF Committee, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641. For more information, please call 310-559-5833.

## GET \$.M.A.R.T.

### SAVE MY A\$\$ RECOVERY TRANSFER

**DID THE FELLOWSHIP OF COCAINE ANONYMOUS SAVE YOUR A\$\$? DO YOU WANT TO SHOW YOUR APPRECIATION?  
JUST FOLLOW THESE SIMPLE STEPS!!**

STEP 1: Log into your Bank Account

STEP 2: Go to "PAY BILLS"

STEP 3: Create a monthly recurring payment (\$2, \$5, \$10, ETC) AND

SEND TO: CAWSO  
21720 S WILMINGTON AVE., STE. 304  
LONG BEACH, CA 90810-1641  
USA

**THAT'S IT!! JUST SET IT UP AND THEN YOU DON'T HAVE TO WORRY ABOUT IT**

\*Typically a free service with most bank accounts

## Subscribe to the NewsGram

For the low price of \$10 U.S. per year, you can receive 10 copies of the NewsGram to share with your friends or your group. Complete this form and include your credit card information, or enclose a \$10 check or money order (U.S. dollars only) and send to: NewsGram, c/o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641. A subscription form is also available for download at [www.ca.org](http://www.ca.org).

☐ I have enclosed a check/money order payable to CAWSO

☐ Visa/MasterCard/Discover/American Express # \_\_\_\_\_

Signature: \_\_\_\_\_ Expiration date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City and State/Province: \_\_\_\_\_ Country: \_\_\_\_\_

Zip/Postal Code: \_\_\_\_\_ Telephone Number: (\_\_\_\_) \_\_\_\_\_

**AUTHORIZATION FOR DIRECT PAYMENT (ACH DEBITS)**



**PLEASE USE ONE FORM PER PERSON OR  
REGISTER ONLINE AT CONVENTION.CA.ORG**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip/Country \_\_\_\_\_  
Sobriety date \_\_\_\_\_ Phone \_\_\_\_\_  
Badge to read \_\_\_\_\_  
City or Group \_\_\_\_\_  
Email \_\_\_\_\_

☐ C.A. ☐ Co-Anon ☐ Guest

<b>PACKAGES</b>	<b>BY 5/1/17</b>	<b>AFTER 5/1/17</b>
<b>Basic Package</b> Includes Registration, Workshops, Marathon Meetings, Speaker Meetings & Hospitality	\$45	\$55
<b>Junior Package</b> (age 15 & under); Includes Basic Package	\$10	\$15
<b>Alki Package:</b> Includes Basic Package Plus All Entertainment	\$110	\$120
<b>Emerald City Package:</b> Includes Alki Package Plus Banquet	\$185	\$195
<b>Full Package:</b> Includes Emerald City Package Plus Brunch	\$215	\$225

#### **À LA CARTE**

Banquet (Sunday) <input type="checkbox"/> Chicken <input type="checkbox"/> Fish <input type="checkbox"/> Veg	\$75
Brunch (Tuesday)	\$35
Entertainment (Friday)	\$20
Entertainment (Saturday)	\$20
Entertainment (Sunday)	\$20
Entertainment (Monday)	\$20

#### **SPECIAL EVENTS (INCLUDES TRANSP.)**

Golf Tournament	\$160
Seattle Center Trip	\$75
Ride the Ducks City/Water Tour	\$60

#### **NEWCOMER DONATION**

**TOTAL (ALL PRICES IN U.S. DOLLARS)** \$ \_\_\_\_\_

- ☐ Please send me info on World Service Contribution Program  
☐ Please add me to C.A.'s confidential mailing list

#### **Credit Card**

☐ Visa ☐ M/C ☐ Amex ☐ Disc CCV code \_\_\_\_\_

Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Sign X \_\_\_\_\_ Zip Code \_\_\_\_\_

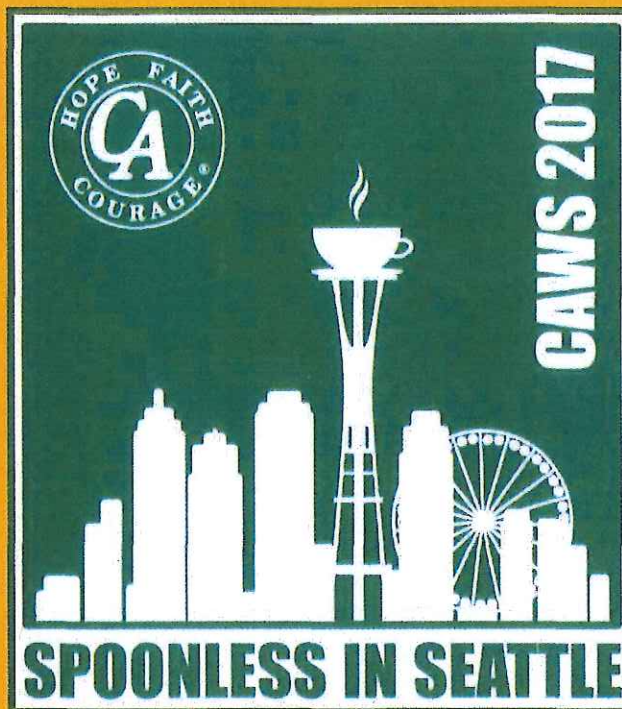
Print name \_\_\_\_\_ Amount \$ \_\_\_\_\_

Or send check or money order (NO CASH) to:  
CAWS Convention 2017

21720 S. Wilmington Avenue, Suite 304  
Long Beach, CA 90810-1641 USA

**MAIL-IN REGISTRATION CUTOFF IS 6/15/17.**

**NOT RESPONSIBLE FOR REGISTRATIONS MAILED AFTER  
THIS DATE. NO REFUNDS WILL BE GIVEN ON-SITE.**



**FRIDAY, JUNE 30 -  
TUESDAY, JULY 4, 2017**

**Speaker Meetings**

**Workshops**

**Live Entertainment**

**Special Events**

**Marathon Meetings**

**DoubleTree by Hilton Seattle Airport  
18740 International Boulevard, Seattle**

**Rooms starting at \$205 U.S.**

**Register online at [convention.ca.org](http://convention.ca.org)  
WSO 310-559-5833**

*In the spirit of Tradition 5th, C.A. is not affiliated with any sect, denomination,  
politics, organization or institution.*



## Calendar of Events

**April 14-16, 2017**

### **30<sup>th</sup> Quebec Area Bilingual Convention**

#### **LOCATION:**

Hotel Universel Montreal  
5000 Sherbrooke St East  
Montreal, Quebec Canada  
1-800-567-0223 (Canada or USA)

#### **CONTACT:**

Cocainomanes-anonymex.org

**April 21-23, 2017**

### **Pacific North Regional Convention**

#### **LOCATION:**

Red Lion Hotel  
1357 Blue Lakes Blvd.  
Twin Falls, Idaho

**April 28-30, 2017, 2017**

### **Danish 2<sup>nd</sup> Convention 2017**

#### **LOCATION:**

Brorsens Kirken  
Rantzausgade 49  
Copenhagen, Denmark

**May 5-7, 2017**

### **2017 Atlantic South Regional Convention**

#### **LOCATION:**

Crowne Plaza Little Rock  
201 Shackelford  
Little Rock, Arkansas

#### **CONTACT:**

Tamika J. Convention Chair, 501-613-1911  
Dino D., Registration Chair, 501-612-4975

**May 18-21, 2017**

### **Portugal Convention**

#### **Let Your Spirit Fly2**

#### **LOCATION:**

Grand Real Santa Eulalia Hotel Spa  
Praia de Santa Eulalia  
8200-916 Albufeira - Albufeira

**May 19-21, 2017**

### **2017 Northern Alberta Convention**

#### **Mind Body Spirit**

#### **LOCATION:**

Coast Edmonton Plaza Hotel  
10155, 105 St. N.W.  
Edmonton, Alberta, Canada

**May 19-21, 2017**

Frankfurt, Germany  
Unity Day 2017

#### **LOCATION**

Merianplatz 13  
Frankfurt, Germany

**June 23-25, 2017**

CAUK24  
*Shipwreck to Shore*

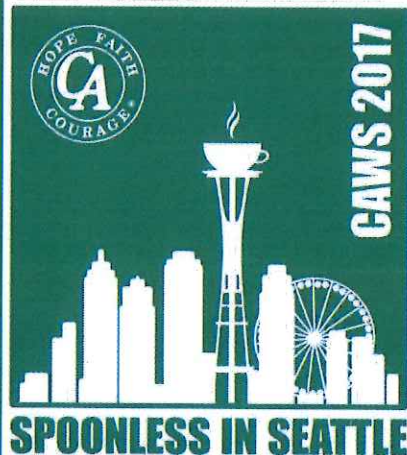
#### **LOCATION**

University of Exeter  
Stocker Road  
Exeter, England UK  
Accommodations: 07553 319 022

**JUNE 30- JULY 4, 2017**

### **C.A. World Service Convention**

## **SPOONLESS IN SEATTLE**



Get the word out about your local event! Use the form at [www.ca.org/event\\_form.html](http://www.ca.org/event_form.html) to get your event listed both on the web and in the NewsGram, or notify us by mail to  
NewsGram,  
c/o CAWSO,  
21720 S. Wilmington Ave., Ste. 304,  
Long Beach, CA 90810



<b>July 14-16 2017</b>
8 <sup>th</sup> International Convention - Holland
<b>LOCATION</b>
Conference Centre Leeuwenhorst Langellan 3 Noordwijkerhout
<b>CONTACT:</b>
<a href="http://www.ca-conventie.nl">www.ca-conventie.nl</a>
<b>October 6-8, 2017</b>
CA Scotland Area Convention <i>Power of Scotland</i>
<b>LOCATION</b>
Go Glasgow Urban Hotel 517 Paisley Rd., West Glasgow, Scotland, UK 44 0141 427 3146
<b>CONTACT:</b>
<a href="http://www.eventbrite.co.uk/e/ca-scotland-annual-convention-2017-power-of-scotland-tickets-29860420321?aff=es2">www.eventbrite.co.uk/e/ca-scotland-annual-convention-2017-power-of-scotland-tickets-29860420321?aff=es2</a>

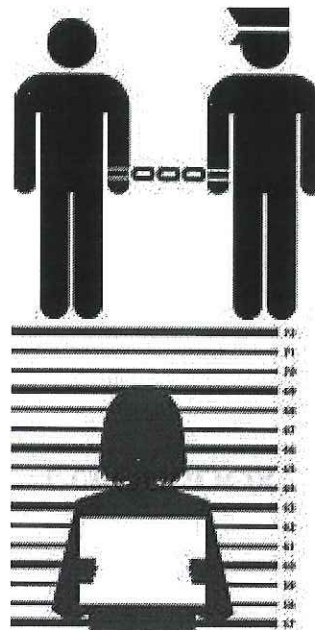
Articles in the NewsGram express the individual opinions of C.A. members and not necessarily Cocaine Anonymous.

#### C.A.WAREHOUSE – FOREIGN CHIPS



# WANTED

## NEWSGRAM EDITOR



### MALE OR FEMALE

**Reward** – The satisfaction of reaching out to the Fellowship.

**Time Investment** – Approximately 40 hours a Quarter

**Pay–Compliments** - A job well done! Sobriety. Fellowship with your fellow Cocaine Anonymous addicts.

**Contact:** [newsgram@ca.org](mailto:newsgram@ca.org)  
**For more information**



7 <sup>th</sup> Tradition October-December 2016		
Location	Category or Group Name/City	Total
<b>Anonymous</b>	Anonymous	\$2,721.94
<b>EUROPE</b>		
<b>United Kingdom</b>	C.A. Kent District	\$ 1,661.38
	So. Central District	\$ 1,036.73
	C.A. London District	\$ 583.76
	Central UK Area	\$ 1,050.00
	Scotland Area	\$ 1,039.93
<b>CANADA</b>		
British Columbia	British Columbia CA Area	\$ 361.85
No. Alberta	Stepping Stones	\$ 72.44
	C.A. Meeting	\$ 36.30
<b>USA</b>		
Northern California	Northbay Serv.Grp.	\$ 55.00
Southern California	CALA Longbeach/Compton	\$ 86.55
	C.A.L.A. Westside Hollywood District	\$ 525.00
	Central C.A. Area	\$ 1,000.00
	CooCoo After One Puff	\$ 150.00
	IEACA	\$ 99.96
	So. Beach Gar Mtg.	\$ 100.00
	The last house on the Block	\$ 25.00
	Tired of Being Dogged Out	\$ 150.00
	West Inland Empire	\$ 200.00
	West L.A. Candlelight	\$ 30.00
	WSBT	\$ 66.83
	WSOB Meeting	\$ 21.00
Colorado	C.A. of Colorado	\$ 450.00
	C.A. of Colorado H&I	\$ 133.94
Georgia	Big Book Study & Action Group	\$ 14.00
	Carry the Message Group	\$ 53.00
	Log Cabin Group	\$ 112.22
	New Life Group	\$ 8.00
Illinois	Forever Free Mtg	\$ 50.00
	IACA, Inc. So & West Dist.	\$ 172.77
	IACA NW Suburban Dist.	\$ 327.89
	I.A.C.A., Inc.	\$ 354.31
Michigan	Saturday Morning Alive	\$ 8.50
Missouri	Courage to Change	\$ 10.00
Nebraska	C.A. Nebraska	\$ 278.38
Ohio	Akron C.A.	\$ 300.00
	AM Sunday Group	\$ 75.00
Oklahoma	CA Oklahoma Area	\$ 25.00
	So. Dist. of CA	\$ 50.07
Oregon	CA of Ore & SW Wash.	\$ 75.00
Pennsylvania	C.A. of PA/NJ/DE	\$ 300.00
Tennessee	TACA	\$ 300.00

7 <sup>th</sup> Tradition October-December 2016		
Location	Category or Group Name/City	Total
Texas	Freedom & Hope Grp	\$ 60.00
	Texas Area Serv. Gulf Coast	\$ 3,091.03
Utah	C.A. of Utah	\$ 5,500.00
<b>CELEBRATION CONTRIBUTIONS</b>	<b>(Birthday's, Memorials, Etc.)</b>	<b>\$ 10.00</b>
<b>GRATITUDE CONTRIBUTIONS</b>		<b>\$ 1,395.01</b>
<b>World Contribution Program</b>	<b>(See form on Page 15)</b>	<b>\$3,775.00</b>
<b>Total</b>		<b>\$28,002.79</b>

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## YOUR C.A. LITERATURE

AVAILABLE WITH PURCHASE FROM THE  
WORLD SERVICE OFFICE

