

**HISTORY OF C.A. - BECAUSE YOU DON'T KNOW WHERE
YOU'RE GOING, IF YOU DON'T KNOW WHERE YOU'VE BEEN**

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NEWS



GRAM

Volume 32 No. 3 C.A. World Service Office, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641 3rd Quarter 2014

A Canada Starting Story

BY: Robert F.

Montreal, Quebec, Canada

The date was October 26, 1983, it was a special day, little did I know it would be the last day I would use any mind altering substances. I was living in my filthy apartment. A knock on my door woke me up. My heart raced, who could that be? I did not move, I held my breath, hoping that the person at the other side of the door would think I was not there and leave. If you wanted to get in contact with me, you had to call me first with a code. Ring once or twice, hang up and call back. That would be the only way I would answer the phone. Because everyone was after me, my family who I burnt infinite times, bailiffs, the telephone company, and of course the dealers who I owed a lot of money. I lived in fear; my life was a mess.... I had gone to an A.A. meeting a couple of months earlier trying to alleviate the pressure my family was putting on me. I had met this man Gino at the meeting who told me to read the Big Book of *Alcoholics Anonymous*, he then gave me his phone number. That was the last time I heard or saw him...until that morning. He opened the mail box in my door and said "Robert, it's Gino, let me in!" What was he doing here? I let him in and he was very serious. He cut to the chase and said "your parents have passed on the power of attorney to me as you are not well. They are afraid that you will kill yourself. I have two options for you (1) I have a friend who is a cop, he is in his cruiser downstairs ready to take you to the psych ward or (2) I have you booked to go into treatment, you will leave in two days." This was a very easy decision for me, no psych ward, I'll go to treatment. I had already been in three rehabs over the years, I knew how they worked, so to get everyone off my back again I would

go to treatment. But looking back, the time was right, I was ready to get responsible with my life.

Thirty days later, after completing treatment, my counselor told me I had a 95% chance of maintaining my sobriety if I attended a 12 Step Fellowship, and less than a 5% chance if I did not. It was simple math, so with the support of Gino, my sponsor, I was able to stay sober by attending A.A. and N.A. meetings. I was new to this way of life and so I did as my sponsor suggested. To attend a meeting every day, work the Steps, get active in the group and try to help your fellow addicts. He introduced me to other members that he knew were "winners," and he also warned me to stay away from the women, for at least the first year. I remember I had about 60 days clean time, and Gino called me and gave me a phone number of a newcomer. He told me to pick him up and take him to a meeting! I balked at this, feeling that I was not ready or able to help some one else. Gino replied, "Just call him and do it!" I did. I picked up Dave A. and brought him to his first meeting. When the meeting was done I asked Dave if he would join this group, I would also join. And that is how I joined my first group. I then got active in my home group, Monday Central.

I had finally found what I was looking for after so many years in a fog. I found myself, Robert. I enjoyed life, laughed, and had fun. I came into the rooms and I found happiness, and a new freedom. It really is true. I was not a slave any longer to cocaine, searching for the next high. I read the book, worked the steps, sponsored many, and passed along the message of recovery.

(Cont. Page 2 & 3)

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A Canada Starting Story

BY: Robert F.

Montreal, Quebec, Canada

(Cont. from Page 1)

But there were some elements in the meeting rooms that were bothering me. It seemed some people in A.A. did not like it when I shared and talked about my drug of choice, which was cocaine. I remember after speaking at a large group, the "Speaker Thanker" said, "shares like yours we do not need to hear." Some people in N.A. did not like when I used the word "sober" instead of "clean." They did not acknowledge the Big Book of *Alcoholics Anonymous*, which I understood, as they had their own literature. But the Big Book of *Alcoholics Anonymous*, and the 12 Steps saved my life! These little nuances created a resentment that I had festering inside me.

In 1985, A.A. held their 50th World Convention here in Montreal, and over 50,000 Alcoholics took over the city. The regular meetings were overflowing with out-of-towners. The meeting rooms were full, all seats were taken so many people sat on the floors. I remember sitting in the top rows of the Olympic stadium, filled to capacity for the main meeting! I was building great sober friendships with my peers in the rooms. It was a wonderful experience especially for someone so new in sobriety. It was quite an eye opener.

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(The A.A. Book *Alcoholics Anonymous*, the book *Twelve Steps and Twelve Traditions*, the book *Hope Faith & Courage* and the book *HFCII* are used with permission.)

A Canada Starting Story

BY: Robert F.
Montreal, Quebec, Canada

(Cont. from Page 1 & 2)

I met my buddy, Dave S., in the rooms, and he had met a girl from California in one of the marathon meetings that were being held at the convention. A few months later he went down to visit her in Los Angeles. And at the same time he attended some C.A. meetings. He was so excited about them. "Everyone was blond" he said, and I laughed, but more importantly we saw that there was a common thread that held us together, cocaine...A Fellowship where we could feel free to speak about our drug of choice. Not having to censure how we spoke. Where if you smoked pot, drank booze, or smoked crack, we would welcome you with open arms. I remember how excited we were when the starters kit arrived from Culver City!! Seeing C.A.'s First Step for the first time, "We admitted we were powerless over cocaine and all mind-altering substances - that our lives had become unmanageable." This was the place for me.

It was time for C.A. in "la belle province!!"

So I spoke to a local church and told them I would like to start a meeting for cocaine addicts, called Cocaine Anonymous. This was a taboo subject as cocaine is illegal and I was very glad when they replied asking me, "What night would you like?" I remember how excited we all were when we passed on the message to our friends in the rooms of A.A. and N.A. that we would be starting a meeting called Cocaine Anonymous. Little did we know that we would not only be starting a meeting but a Fellowship! On a Thursday night, August 21, 1986, the first C.A. meeting was held in Montréal. About 20 people attended. Dave S. was the speaker and I was the secretary. We had a timer so that no one could share for over five minutes when it came to participation. It was awesome! A new Fellowship had started. I guess you can say C.A. started here because of a resentment and a girl....

Within three months we had six meetings going, so any addict could work the steps exclusively in C.A. There was such a buzz and enthusiasm in the rooms, and the Fellowship grew very quickly. A couple of months later the first French speaking C.A. meeting started, and we even had bilingual meetings! There was a bilingual meeting called "Saturday Night Live" where we had

over 200 people attend on a regular basis. People shared in French and in English, we were together as one. Growing pains were enormous as this was a completely new Fellowship. I remember Area Meetings lasting hours, where we did our best to practice principles over personalities, but Unity did prevail over all. We were all so young, in our early twenties, and the meetings were jammed. We were the new kid on the block, so to say. But the message was being passed on, that you could get clean and sober in C.A.

I was elected as the first delegate to the Montreal, Quebec Area. I remember attending the World Service Conference in California in 1988. People were so excited that there was a delegate from outside or the United States. C.A. had finally become global!

In 1992 C.A. held its annual World Service Convention here in Montreal! It was the first convention that was held outside of the United States! We had meetings in three languages, English, French, and Spanish! Over 1000 people attended from all over the world.

Today in Montreal we have over 50 meetings per week. The Fellowship is strong here with lots of quality sobriety in the rooms. We have a very active H&I committee passing along the message of recovery to many prisons, shelters, and rehabs. Our annual convention is always well attended with over 500 members, and our sobriety count down is an absolute blast.

It has been quite a fantastic journey for me, one I could never dream of, that today I am clean over 30 years. C.A. is my Fellowship, and I have attended meetings on a regular basis, thank God, never veering off this path. C.A. saved my life and I have been very fortunate that I was in the right place at the right time to help pass on our message. Thanks to the Fellowship of Cocaine Anonymous I will be forever grateful.

QUOTE:

Hope, Faith, & Courage, Page xxxii

In the years since that convention, C.A. has spread its message and enthusiasm throughout the United States, beyond the border to Canada, and across the Atlantic Ocean to Europe.

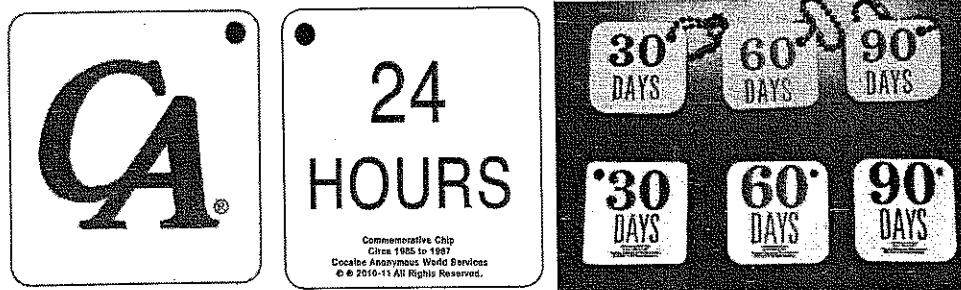
ARCHIVES: Protect & Preserve

BY: Archive Committee
World Service Conference Committee

In 2005, through minor debate the World Service Conference approved the formation of The Archive Committee.

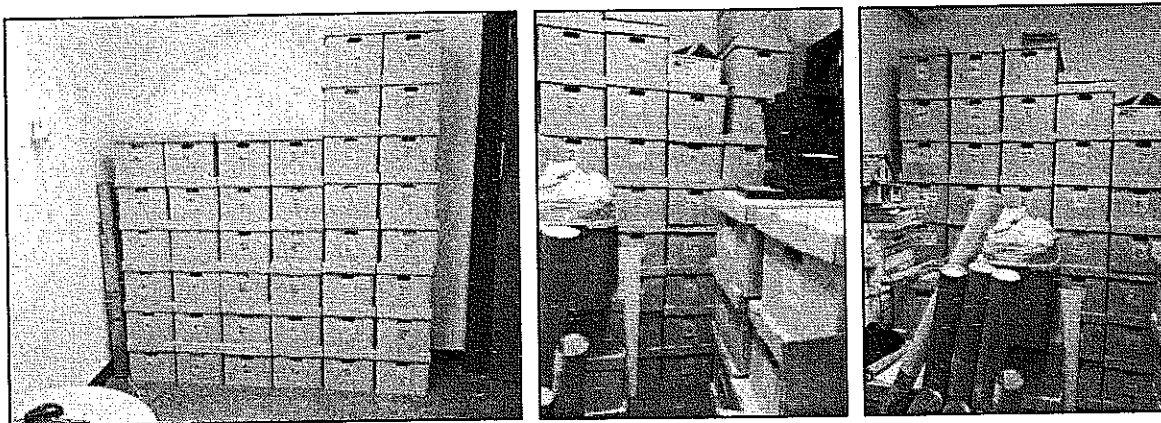
From 2005 to 2010 the committee grew slowly in participation and workflow.

The 2010 Committee proposed its' first in a series of limited edition commemorative reissues of C.A.'s first sobriety chips and approved the first working draft of Guidelines and Procedures.



It didn't take long for the committee to realize that identifying, protecting, scanning, sorting, and organizing the Master Archives would take decades if only undertaken at the Conference.

So, a couple of committee members from the Pacific South Region arranged to go into the World Service Office on certain weekends to move the process along. From Conference 2012 to Conference 2013, our guidelines were expanded and updated, several reprint articles from the first C.A. Newsletter, *The Connection*, were approved by the WSOB and made available to the Fellowship for use in Area and District Newsletters, and the first audio archive interviews with Canadian organizers were conducted! Also, previously unprotected archive items were consolidated and place into 40 boxes of acid-free protection.



The Committee was graced with energetic new members and volunteers at the 2013 CAWS Conference. The result has been a marked increase in the volume of archives protected and a clear vision of projects to be worked on.

We're quickly outgrowing the space set aside for the Archives at the World Service Office! As we continue to compile the Master Archives, we hope to acquire metal shelving this year to facilitate easier access to physical archive items.

The Archive Committee was able to curate and display items from the Master Archives for the first time at the 2013 World Service Convention in Long Beach. This was our 1st Traveling Archive outing and could not have been realized without the support of the 2013 CAWS Convention Committee



Based on the feedback we received at the 30th CAWS Convention, the committee has added another important addition to our project roster – The Digital Archive Project. We will be revealing more about this exciting endeavor at the 2014 World Service Conference.

The committee has established the following project areas:

- Protect & Preserve Project
- Reprint Project
- Audio Transfer/Update Project
- Audio Archive Interview Project
- Traveling Physical Archive Project
- Traveling Archive *Digital* Project



9-1/2 Hours from Tulsa...

BY: Chris P.

Tulsa, Oklahoma, USA

It was mid August 1986 when Ray F. was explaining to me that I couldn't go through life forever with the ends of my hair on fire, and that probably continuing to acquire and deliver cocaine, crank and amphetamines was not a success plan for sobriety!

We were sitting in my cabin on the edge of Cuba, New Mexico when he bluntly stated that he had found this meeting in Santa Fe and that if I wanted to get sober and stay that way, I would get off my ass and drive there as often as possible. To which I informed him it was over 100 miles to Santa Fe and I knew absolutely no one. In the end, he pointed out the list of deficiencies in my thinking and on September 9, 1986 I walked into my first Cocaine Anonymous meeting. It was in the Friendship Club in Santa Fe and it was 103 miles one way and I listened to the same sobriety tape every trip there and back...three times a week for the next seven months. It was at this meeting that I met Alan S., Kelly, Billie D., Leonard, Susie, et al and that I heard for the very first time the words that changed my life "sometimes it seemed we couldn't even breathe without cocaine."

In March of 1987 it had become time to switch my residence back to Tulsa, because of my job I was going to split my time elsewhere. Prior to my departure Alan S. walked up and handed me \$20.00, at the same time saying "here this might help you get a meeting started in Oklahoma" and he gave me the information for contacting the World Service Office (WSO). Upon my return I attempted to get my friends in both A.A. and N.A. to start the meeting for me to which they always replied "sounds like a great idea why don't you go ahead;" therefore, after realizing that I was going to have to face my fears I got a starter kit, a place, a commitment from others with more sobriety, and a date...August 7, 1987 we were set!

Our first meeting time August 7, 1987...we were blessed in Tulsa that all of our Fellowships relied heavily on the books, and that the historical animosity wasn't as pronounced between N.A. and A.A.; therefore, our beginning was aided by people from both Fellowships for the first several months. Our first meeting had 27 people with over 120 years sobriety and clean time and even CB, the old man with 25 years was touched and kept coming back for months. There were

about 15-17 newcomers and we listened to those who guided us to stick to the literature.

The fire was lit and we exploded with our elders help. We attended the World Service Conference that Labor Day, participated with the rewriting of the *Newcomer* pamphlet, responded to questions as to how we got cocaine in Tulsa and jumped into the free for all with every one else. At the end of our first year we had three groups and 17 meetings. Our first year anniversary had approximately 300 attendees and David C. from the WSO spoke for us. Within the next two years we had participated in everything suggested by World. We had 27 meetings a week, we showed up once as an Area with six votes bringing into the fold Kansas and Arkansas as Areas and representing New Mexico (this helped the conference finalize the representation guidelines which had been bitterly fought over by the larger Areas (Northern California, Southern California, Chicago, Houston, New York, and Georgia) for several years.

C.A. in Oklahoma City had originally started in February of 1989 with the Oklahoma City Outlaw group. A few years later Danny F., a transplant from New York brought the energy and commitment to start what is today the Rock Stops Here group.

It was an honor to have spent the largest part of my sobriety in these efforts with other recovering members of C.A., and to have witnessed several thousand people over these years discover their own "Hope, Faith, & Courage."

Unfortunately today, C.A. in Oklahoma as in many Areas, is a shadow of itself. The Rock Stops Here group is the bedrock group, but be that as it may, the gifts and changed lives which were handed to all of us with that \$20.00 AND the suggestion by Alan S. have brought to pass a changed world today, tomorrow, hereafter. One that is eternally lit by C.A.'s "Hope, Faith, & Courage!"

(Dedicated to CB Savage (deceased), who in his last years blessed us with such wisdom as "GOD...an ocean of truth not contained in a teacup..." and all who shared with us their Hope, Faith, & Courage, or simply those whom their "DESIRE to stop"!)

* * *

Looking Back and Moving Forward

BY: Russell S.

European Regional Trustee and WSBT Chair

London, England, UK

As I move into the last few weeks of a four-year commitment I've taken the opportunity to reflect and share my experience of the journey in service as a member of the WSBT.

It's been one of the most demanding and yet rewarding tasks I've ever engaged with and, although I'd never want to serve again in this capacity, I'd recommend any member consider the necessity of service to our Fellowship and what each of us may bring to the table.

The position of a Regional Trustee is unique and to serve as the Regional Trustee for a Region experiencing such phenomenal growth is even more unique. With meetings having increased by 100% in most areas in Europe over the past few years, more in some, the growth is rapid and enthusing.

The European Region has meetings in at least nine languages including English, Russian, German, Swedish, Dutch, Portuguese, Spanish, French and Farsi with C.A. literature available in all those languages and a large percentage of the above translations have taken place over the last four years. Small groups and committees translating at a pace governed by local resources, the results have been incredible. Holland and Sweden have paved the way with the process of translations and have been busy for over ten years gradually moving through our literature inventory. With Quebec having taken the French translations in hand many years ago (and still busy with the task) the Europeans had a live example of such a tough ongoing task bearing fruit. It is achievable, one reading or pamphlet at a time!!!

I've had the awesome opportunity to sit in meetings around the world and hear *'The Preamble'* in Farsi... *'We Can Recover'* in Swedish... *'Reaching Out'* in Dutch... *'The 12 Traditions'* in Russian... *'Who is a C.A. member'* in Spanish... *'The Promises'* in German. I've been blessed to initiate contact and liaison with addicts from all over the world who contact our World Service's looking for help and building relationships using online translation programs. The Big Book mentions 'modern to modern' and I've witnessed the

effectiveness of what may seem like ineffective substitute of sitting across the table with someone. I've participated with three or four way calls with members in new Areas around the world, bringing in our DOO at the office to show that we really are here and we really do care, the amount of times I've witnessed the question being brought before these new groups..."how can we help you, what do you need?" In fact even tonight as I sit and type this article I've been in communication with a C.A. GSR from a group in Denmark, another new frontline of growth.

I look forward to the upcoming World Service Conference, as always, and especially look forward to seeing Areas never previously represented having their delegates in attendance. This year's *'new kids on the block'* from the European Region include two delegates from C.A. South Africa and a delegate from C.A. Spain. Such participation does nothing but improve and celebrate our Unity through diversity, driving home the truth that Cocaine Anonymous is a worldwide Fellowship and growth overseas is ongoing.

We, C.A., have no option but to support such growth. Without growth we lose focus of our primary purpose and wither with stagnation. Bill W. wrote many essays on the need to reach out and lovingly grasp newcomers into our Fellowship in the hope they would then be exposed to the solution of the 12 Step process.

I had the humbling experience of spending time in Geneva, Switzerland, with local C.A. members as they carried out a PI exercise at a large local festival on the shores of Lake Geneva. It was incredible to observe, members with passion for carrying the message of C.A. recovery interacting with the local community, explaining 'What is C.A.' and handing out meeting lists to interested festival goers.

I served on the committee, from early ad-hoc...to bid committee...to main committee, that organized the first World Service Convention out of North America. CAWS2012 in the UK was a six-seven year journey for me, and a wonderful convention. It gave the Fellowship an opportunity to see the importance of allowing local

(Cont. on Page 8)

Looking Back and Moving Forward

BY: Russell S.
European Regional Trustee and WSBT Chair
London, England, UK

(Cont. from Page 7)

host areas to put their own personality and twists into a convention schedule...sometimes we just do stuff different!, get used to it as Montreal, Sweden and Scotland seek the role of host area for CAWS 2018.

So after a four year 'tour of duty' as a Trustee what am I looking forward to? Well, one of my fellow Trustees, Kenny W – ASRT, wrote a wonderful article on rotation in a previous NewsGram and I very much look forward to the internal struggles that may stir within me as I step aside and let others step up. Without wanting to be seen as criticizing I see one of our biggest challenges at conference level is letting the incoming delegates have a go by those that wont go away.

The previous Trustee for the European Region, Nicholas L, and the Atlantic North Regional Trustee [before the ER was formed] prior to him, Jackie S, have both shared with me their beliefs that rotation means rotation and when you've served at Conference for a term or two...its time to move away. Will that be difficult? Well, I'm about to find out!!

I don't know if I've been a good or bad Trustee....I'm just amazed I was given the opportunity to serve in this capacity. Good or bad, its kinda a bit late to do anything about it but, using my own words to recall another lesson in service from Bill W., *it doesn't really matter because someone else will now get their chance.*

Thank you my dear Cocaine Anonymous, thank you.

In love and service.
Russell S.

* * *

QUOTE:

Twelve Steps and Twelve Traditions Pg. 135

They do not drive by mandate; they lead by example. This is the experience which has led us to the conclusion that our group conscience, well-advised by its elders, will be in the long run wiser than any single leader.

Principles Medallion

BY: Chris P.
Former LCF Chair, Former Trustee
Tulsa, Oklahoma, USA

Approximately half-way through the first book process, one of the authors of a story (whom had broken their own anonymity) put forth a concept to produce a "Principles Medallion," which the Conference adopted and assigned to the LCF committee. In witnessing this I was deeply challenged, as I knew that The Concepts prevented me from confronting them either in committee or on the floor. Particularly since I had opted to abstain from voting on three of the stories due to my familiarity with them. I almost forgot... the real challenge in all of this was that the author had used in their story principles that they had heard me use in a meeting.

The following debate led to Principles being adopted by the Committee and approved by the Conference - and yes, we were the first Fellowship to actually have a set of Conference approved principles, which I felt was a hell of an accomplishment under the circumstances!

In the end, the LCF committee had adopted a list that was one word different than the original approved story. It wasn't until the book was out that I noticed that one word had been changed.

The Concepts and the Principles contained therein guide us to avoid both the public controversy as well as any personal punitive action at the Conference level. In the end, what was from my view, an absolute violation of our trust by an individual in our service, became a gift that being something we had at that time something no other Fellowship** had. Through this process I felt like I was permitted to witness God's will in spite of the strongest of self wills.

**while there were several list of Principles shared around the country in A.A. none had actually been adopted by their Conference and, of course, N.A. didn't adopt theirs until after our former employee joined their office!

* * *

QUOTE:

The Big Book of Alcoholics Anonymous, Pg. 47

That was great news to us, for we had assumed we could not make use of spiritual principles unless we accepted many things on faith which seemed difficult to believe.

Why Cocaine Anonymous?

BY: George S.

Any Area, USA

Coming up on 32 years the Fellowship of Cocaine Anonymous has come a long way. But over these years there have still been questions "Why Cocaine Anonymous???"

Let's go back in time, when talking about drugs in our sister Fellowship was considered (because of singleness of purpose) almost forbidden and almost an affront to these members. Many people with cocaine addictions were turned away...sadly, sadly. Another fellowship that did accept discussion of our drug addiction did not feel that welcoming to many of us.

What to do? What to do?

Create our own Fellowship? Maybe...but not right away. Maybe a "Whatever" meeting, or "A.A. for C.A.?" Those two things seemed such an adventure, or risk! But what did these adventurers do? They started a "Whatever" meeting and an "A.A. for C.A. meeting!" People with a cocaine problem (which had become a national scourge) came to the meetings. WOW!!!! What a relief! They were accepted.

But these rebels were not satisfied with not really being identified on their own! So the risk was taken by these adventurers and on November 18, 1982 the gavel came down on the very first Cocaine Anonymous meeting, in the City of Los Angeles. This was it's own miracle.

OK, now what? Where to go from here? The response to the new Fellowship was amazing. OK...so we need a phone number! A hospital provided a small office and a phone. The ringing was off the hook. Within a few weeks, 15 meetings were started. These adventurers could hardly keep up.

Now, do we need structure? Yes, maybe. NOT Maybe, We Do! These people that started this structure were even more into risk taking. They started a small office and structure borrowing from many sources. It seemed inevitable. Higher Power at work! Shortly thereafter, other C.A. Fellowships started in other cities.

It was decided they needed a gathering. In 1985 in Santa Barbara, California, the first national convention was held. People actually came! A small business meeting was held to let everyone know what kind of organization was going on.

C.A. was off and running. In 1986 the first World Service Conference was held in San Diego

California. Twelve Fellowships attended with their delegates and the Office Board. This was a start of what is now an International Fellowship!

Here are some significant dates:

- 1986: First full board of Trustees elected.
- 1987: The present C.A. logo is approved.
- 1989: The Big Book and 12x12 of A.A. is approved as "our tools of recovery"
- 1992: First World Service Convention outside of the US, is held in Canada
- 1992: First meeting outside of North America, London in January
- 1993: The book *Hope, Faith & Courage* is published.

QUOTE:

Hope, Faith, & Courage, Pg. xxv

Just prior to the close of the meeting, it was suggested that we take a group conscience to turn this Alcoholics Anonymous meeting into a completely new Twelve Step Program, and call it Cocaine Anonymous.

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MY STORY

BY: Deborah G.
Oakland, California, USA

My name is Deborah and I'm an addict. I know that it is only by the Grace of God that I am able to sit here and write my story. I wasn't born into this world to become an addict. I didn't wish to become one, nor do I wish this disease on anyone. Growing up I always dreamed of being successful; having the perfect job, a nice car, a beautiful home, and a wonderful family. My mother and grandparents always told me I could become whatever I wanted to if I just put my mind to it. I was always a very good student. I got A's and B's all the way from grade school through high school. I was so happy when I graduated early from high school with a GPA of 3.75. I applied to colleges and was accepted to San Jose State and UC Davis. I was so thrilled but I couldn't make up my mind if I wanted to travel back and forth to San Jose, or live in the dorms at UC Davis. While I was trying to make up my mind, I received a letter from General Motors saying that I had got the job I had applied for during the summer. My dilemma was; should I take the job, or should I go to college to earn a degree for a career. I figured I could do both, so I decided to go to community college during the day since the job was at night. Here I was just seventeen years old and working for one of the biggest automobile corporations in the world. I thought I had made the right choice. I never would have guessed this was the beginning of my drug addiction.

During my first year there I became pregnant and had a child. I was drug free during this time, but when I returned to work it was hard for me. I was tired all the time with the new baby, school, and work. It was during this time I was offered this little stimulant called mescaline. I was told it would help me make it through the shift. I can't remember if it did or didn't help. I had many sponsors there. During my history at GM, I tried bennies, reds, mescaline, marijuana, crank, and alcohol. All of these drugs I used once or twice and could leave them alone. I have to say that every job I ever had after that, I was introduced to some kind of drug.

It wasn't until 1990 that I was introduced to crack cocaine. It had been three years since the death of my mother and I was still trying to deal with my loss. I was a single mother with three children of my own and now a fifteen-year-old brother to care for. I was only twenty-eight years old. Even though I had my

boyfriend (now my husband of twenty-three years) to help me, I still felt lost and helpless. The one thing I said I would never try is the thing that took over my life. The first time I ever hit the pipe, I knew that this was it for me. I fell in love at first hit. Crack became the most important thing in my life. It was more important than my children's health and well-being, my job, or my relationship. In our readings it says "sometimes it seemed we couldn't even breathe without cocaine." This was definitely me, I was hooked. I blamed anyone and everything for my behavior. I had become a liar, a cheat, and a thief. Cocaine was in control and my life was unmanageable.

In 1998 I decided I didn't want to live like that anymore so I went into an outpatient program. I was there for one week listening to everyone's problems. I wasn't there for that. I wanted a solution and all I was hearing was the problem. On the fifth day there I decided that I wasn't coming back, I was going to do it on my own. I made up my mind to stay away from people who used or drank (even though drinking wasn't my problem). I was able to accomplish this for eleven and a half months. It was about a week and a half before I would have one year clean that I decided that I had to prove to the one person that said I would never quit, that I had done it. I went to her house on the first of the month when I knew that she would be using. I visited for two hours without using. I was outside on her porch saying goodbye when the thought came to me to try "just one." Well needless to say, that "just one" lasted three days and over seven hundred dollars. It took me seven years to come back to a program. This time I needed in-patient care. That was January 4, 2005. I haven't had a reason since to use. My first year of recovery I had about thirteen deaths in eight months but I didn't pick up. This past year I have had over twenty deaths, and I did not pick up. This is only by the Grace of God, my sponsor, and my family in the Fellowship of Cocaine Anonymous. I used the tools that I picked up in recovery; call someone, play the tape out, and share at meetings what I was going through.

Today I am dealing with health issues which are probably a direct result of my using. Still in all, I find no reason to "medicate" myself. I get regular

(Cont. Page 12)

MY STORY

BY: Deborah G.
Oakland, California, USA

(Cont. from Pg. 11)

checkups, eye exams, and dental exams. I have to take care of myself today in order to see my grandchildren grow up. I have a sponsor who has a sponsor, and has a working knowledge of the Twelve Steps, Traditions, and Twelve Concepts of Cocaine Anonymous. I sponsor women, am very active in service at World level, and a full-time college student. It is so rewarding to be able to give back to others what has been so freely given to me. I love Cocaine Anonymous always and forever.

* * *

**DID COCAINE ANONYMOUS
SAVE YOUR LIFE?
ARE YOU NOW IN A POSITION TO
GIVE MORE THAN YOU ONCE
DID?**



**DO YOU WANT TO SEE C.A.
FLOURISH?**

**CONSIDER GIVING TO THE WORLD
SERVICE CONTRIBUTION PROGRAM.
SEE DETAILS ON PAGE 19**

**Will you be one to
donate?**



QUOTE:

HFCII, Pg. 93

I've since learned that my Higher Power is not some sort of cosmic vending machine, where I drop in a prayer and out pops whatever I want, but that experience was just what I needed at the time.

CAWS 2015 Convention – A Memorable Convention is in the Works 2015 CAWS Convention

A Different Path in Planning

BY: Rob W., Trustee At Large, and
Jay F. CAWS 2015 Secretary

CAWS 2015 will be held in Las Vegas, Nevada over Memorial Day weekend, (May 21-25, 2015). The planning is well underway and registration cards are currently available from the World Service Office (WSO). Also available, is registration on-line at the CAWS 2015 website <http://convention.ca.org/>. The theme for the convention is **"We Absolutely Insist on Enjoying Life."**

There are many, exciting events planned for the Convention including a terrific Magic Show, vibrant Pool Party, a very funny Comedy Show, and a delicious Ice Cream Social. There of course, will be golf, cigar meetings, and special events, which will include a Hoover Dam trip on Sunday and a memorable Red Rocks (Nevada) trip on Saturday. There will be some surprises and other Vegas-style entertainment, so stay tuned for future information on the website and in future issues of the NewsGram.

The Hotel for the CAWS 2015 is Harrah's in the Center of the Strip. Our attendees will have sole access to a large block of the meeting space and we will set up a Recovery Village for the duration of the convention, similar to what was done so successfully in Phoenix a few years ago. Also, in the planning are some varied times of speaker meetings throughout the convention weekend. With so much to do in Las Vegas, several speaker meetings will occur earlier or even later in the evening than usual to provide a nice open block of time for those who desire to enjoy the many varied Las Vegas Night Life options!

For the first time ever, this CAWS Convention is being planned outside of its usual process. Since no Area bid for the CAWS 2015 Convention, and per Standing Rule 22 of the World Service Conference, the CAWS Convention for that year was turned over to the C.A. World Service Office (CAWSO) and CAWSO Board to plan and execute. Through this process, Las Vegas was selected for the Host City. The CAWSO Board put forth three nominations for the Chair position and then CAWS Conference Convention Committee procedures were followed. Earl H. from San Diego was selected as Chair. Earl and the CAWS Conference Convention Committee officers and the applicable

assigned Trustee then selected the other members of the CAWS 2015 Steering Committee, again taking a more national perspective on filling the many of these vacancies.

Kerry W. from the Texas Area was selected as Treasurer, and most of his subcommittee chairs are from Texas in the Southwest Region. Similarly, Randy G. from Phoenix was selected as the Program Chair, and his subcommittee chairs are primarily from Arizona in the Southwest Region with a member from Nevada in the Pacific North Region. Stanzo, from Los Angeles, was selected at the Hotel Liaison and the members of his subcommittees are primarily from Los Angeles in the Pacific South Region. Joy H. is the Vice Chair and hails from Nevada. Some of her subcommittee are from Nevada, others from other cities even in Utah. Jay F. from Colorado is the Secretary.

Also unique to this planning process, the General Committee has been formed and met for the first time during CAWS 2014 at Long Beach. This General Committee will meet again during the CAWS 2015 for the second time. The CAWS 2015 has been planned primarily by the Steering Committee – who has met on line, on a monthly (or when needed more frequently) conference call (for the past 18 months) and also met once as a group in Las Vegas for a two day planning session; and will meet one more time as a group before the Convention next May.

There are still a few vacancies as subcommittee chairs. If you are interested in being of service now through the Convention next May, kindly contact Earl H., Convention Chair CAWS 2015 at earlhenderson@att.net. There are also pre-convention fundraising shirts and raffle tickets for entire convention packages. Also, contact Earl about these for more information.

On behalf of the entire CAWS 2015 planning committee, we look forward greatly to seeing you all in Las Vegas next May!

* * *

HOW OUR STORY BOOKS GOT PUBLISHED (Parts 1 & 2)

The First Storybook!!

BY: Mike P., and Jeanne Ann P.,
C.A. Storybook Subcommittee for HFC
Mariposa, California, USA

I joined the Literature, Chips and Formats (LCF) committee in the late 80's, probably around 1989. At that time the chair was Alan S. from New Mexico. The topic of having a book of our experiences as a companion piece was being discussed, way back then!

Nothing in the entire process ever happened quickly.

The next conference was when Amy B. from Connecticut came along. I don't recall if she was storybook chair or LCF chair. But this was when word went out to the Fellowship that we were collecting submissions from the Fellowship. We asked people to write their stories and send them to WSO; who removed any and all names from the submissions and sent those redacted copies to the committee.

Around this time, Amy rotated off the committee and Bill Z from San Diego took over. He was the chairman of the LCF committee and also on the WSO Board during this time! The storybook committee at that time was probably about eight or nine people. We would get our envelope of stories, read them, and give them a numeric grade. I don't remember if we returned them to the office or just carried them to the committee meetings. During the committee meetings we kept the ones with the top grades: 8-9-10 was the range we kept. This went on for a long time. Probably a year at least, and possibly as long as 18 months.

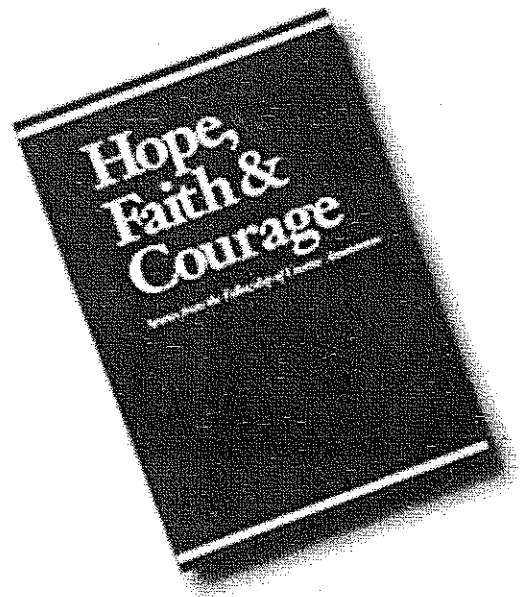
We finally set a deadline and we reviewed the stories again and voted on our top stories. We got our final stories and began to edit. Some stories needed a lot of editing while others only needed minor editing. But the whole process took a long time. I do remember long weekend meeting in LA sitting around a conference table going through each story, line by line after they had gone through the first round of editing. When we

had a finished product and had gotten releases from each author, we threw the titles of each story in a hat and pulled them out in order of placement in the book.

The book was then sent out for bidding for publication. When the books first came out there was one case that was had a misprint. The inside first page was printed upside down! I believe most of those books were destroyed or sent back.

It was a big, big, big, big, deal in our Fellowship when the book came out! We had pre-sales on hundreds of cases of books. Meetings and Area's were stocking them and people were buying them, talking about them, getting them, and staying clean! We finally had something to give out to treatment centers and prison inmates that was more than a single page piece of literature.

I loved being a part of the First Story Book process and treasure my copies to this very day.



HOW OUR STORY BOOKS GOT PUBLISHED (Parts 1 & 2)

The History of HFC II

BY Susan D., Chair,
C.A. Storybook Subcommittee for HFCII
South Florida, USA

At my first Delegate Conference in 1993, the topic most discussed was the brand new just being published book called *Hope, Faith & Courage Stories from the Fellowship of Cocaine Anonymous (HFC)*. We discussed the size, the cost, the color, the amount, the packaging, the distribution, and just about anything that pertained to the book. I was amazed at this exciting process by which things got done (or not done) and I loved each topic we discussed. It was so encouraging to know that something I voted for at this event could make its way throughout the world of Cocaine Anonymous to the tables of the Fellowship.

I knew I needed to get involved so I ambled to the microphone and suggested that Cocaine Anonymous needed a new pamphlet on a particular subject that piqued my interest. They told me that the process would begin at the committee level. They told me to join the Literature, Chips & Format Committee, so I did.

In 1999, a motion was passed to start another book. I joined the sub-committee for the second book and became part of the process.

I've been told to "trust the process" and I have held on to that wise advice for many years. When it was all over we all knew that what we were holding in hand was a most important piece of history.

Along the way we didn't always "keep it simple." We sent out several calls for story submissions and to our surprise, rarely received the volume we anticipated. The deadline for submitting stories was extended, and extended, and extended again until we received a collection of stories that would be the variety we hoped for. By that time I had become the Chair of the Storybook Subcommittee. During those days, "trust the process" was alive and well in my head.

It was simultaneously exciting and frustrating. We had many conference calls, lasting from one to six and a half hours. The list of stories was whittled down and then the sub-committee finally agreed upon a collection of twenty-five. Each subcommittee member read and reread a group of stories and looked for certain characteristics within each story. We created italicized

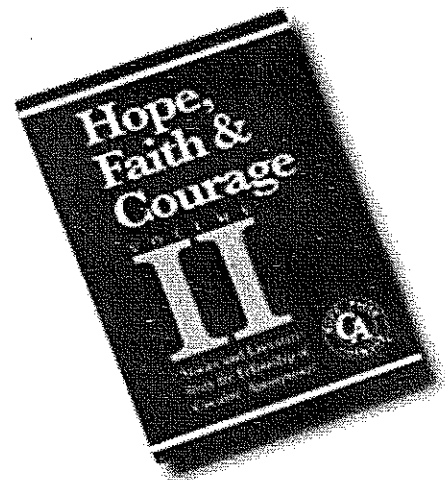
blurbs at the head of each story, selected by lottery the order of the stories, did some more editing, and unanimously voted to carry over from the first book to the second, only one story – that by the founders of our Fellowship.

It was also decided to include in the new book some literature written up to that time. In addition, after more conference call discussion, the title of our book became *Hope, Faith & Courage Volume II: Stories and Literature from the Fellowship of Cocaine Anonymous*.

All the decisions were made. The book was proofed, published and presented. I don't remember a more satisfying conference experience than the joy and personal accomplishment I felt taking our HFCII books out of boxes and giving them to the delegates present. We were actually placing the book in the hands of our Fellowship. I still get that teary-eyed feeling when I see the book on my shelf at home, or when I see it on the tables at a meeting, or when my service work leads me to a quote or a page or a story or a piece of literature in HFCII.

It wasn't a short process. It wasn't always an easy process. It wasn't even always a fun process. But it was a special event in the history of Cocaine Anonymous. The Fellowship spoke and our trusted servants stepped up and volunteered their time, skills and experiences to complete this important and special project.

I still trust the process.



HOW OUR STORY BOOKS GOT PUBLISHED (Parts 3 & 4)

HFC – How We Wrote our First C.A. Story Book
BY: Chris P.
Member, HFC Storybook Committee
Tulsa, Oklahoma, USA

Member, HFC Storybook Committee
Tulsa, Oklahoma, USA

"Our collective effort"

A chance meeting with Alan S from Santa Fe in the 1986, 87, or 88 pretty much led to the formation of the World Service Literature, Chips and Formats Committee, as this was his passion. Therefore, this is where my 1986 meeting with him landed me.

Of course the timing led to our collective discussions around the book for the next several years. At which time he introduced to the committee a book titled "*Recovering Cocaine and Crack Addicts*," which was written by a member, and a completely plagiarized rewrite of the first 164 pages of the A.A. Big Book of *Alcoholics Anonymous*.

Over the next few years and after many false starts the effort to produce a book began in earnest. Here is how we went about it:

- * First, there were NewsGram articles requesting submissions.
- * Delegates made announcements and implored our members to make submissions.
- * There were writing workshops put on by many Districts and Areas to assist those that may have been challenged literarily.

In the end the book committee was presented with, what I believe were 57 stories (perhaps a few more) from our Fellowship. This after several years! Amy B., as our chair, guided us through the anonymous process of evaluating each and everyone for inclusion in our book.

This process was performed by way of the mail, and towards the end, the committee worked with the authors of each story to bring closure to the process.

To this day I am pleased to say that I don't know who the majority of HFC authors were. A credit to Amy's effort to keep the field level for all.

I have heard over the years occasionally from others

mouths (including a trustee) that when writing the book we put forth an effort for a particular type of addict only...that some "cleansing process" had been used to create the first edition...to which I wish to state this is completely untrue!

In the end the committee took what our collective Fellowship presented and did its job. With only one exception...one word was changed by an individual after the committee completed its work and yes I confronted them, but under the Concepts I was guided not to present this issue to the Conference at large.

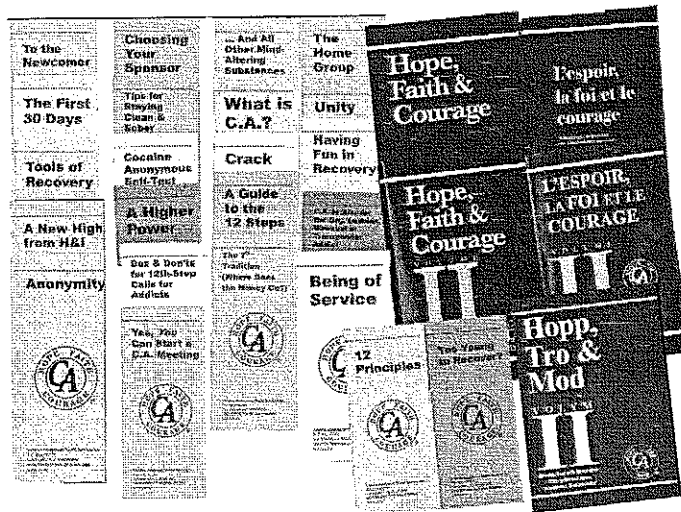
In the end we got our book through the collective efforts of people, most of whom we will never know, as one addict told their story sharing their Hope, Faith, & Courage!

* * *

YOUR C.A. WORLD SERVICE LITERATURE

To the Newcomer	Choosing Your Sponsor	...And All Other Mind-Altering Substances	The Home Group
The First 30 Days	Tips for Keeping Clean & Sober	What is C.A.?	Unity
Tools of Recovery	Cocaine Anonymous Brief-Treat	Crack	Having Fun in Recovery
A New High from H&I	A Higher Power	A Guide to the 12 Steps	Being of Service
Anonymity	Sex & Don'ts for 12th-Step Calls for Addicts	12 Principles (Where Does the Money Go?)	
	Yes, You Can Start a C.A. Meeting		

The collage shows several overlapping booklets. The most prominent ones are 'Hope, Faith & Courage' in English and French, 'L'ESPOIR, LA FOI ET LE COURAGE', and 'Hopp, Tro & Mod'. Other visible titles include '12 Principles', 'The Home Group', 'Unity', 'Having Fun in Recovery', 'Crack', 'A Guide to the 12 Steps', 'Sex & Don'ts for 12th-Step Calls for Addicts', 'Yes, You Can Start a C.A. Meeting', 'Tools of Recovery', 'A New High from H&I', 'Anonymity', 'Choosing Your Sponsor', 'Tips for Keeping Clean & Sober', 'Cocaine Anonymous Brief-Treat', 'A Higher Power', '...And All Other Mind-Altering Substances', 'What is C.A.?', and 'The First 30 Days'. Each booklet features the C.A. logo and the text 'C.A. WORLD SERVICE'.



HOW OUR STORY BOOKS GOT PUBLISHED (Parts 3 & 4)

The Evolution of HFC II
By Cynthia C., LCF Publications Liaison
Redmond, Washington, USA

What does it take to produce a book written for Cocaine Anonymous by members of Cocaine Anonymous? In the case of *Hope, Faith & Courage Volume II (HFC II)*, the process spanned eight years and involved countless hours invested by members of the Fellowship at large and multiple service bodies in writing, reviewing, editing, proofreading and reaching group consciences.

At the 1999 World Service Conference (WSC), the Literature, Chips and Format Committee (LCF) presented and the Conference passed a motion to approve the concept for a "2nd edition of the 'HFC-stories from the Fellowship of Cocaine Anonymous' storybook, to be compiled by the standing subcommittee of LCF committee." At the 2000 WSC, the Storybook Subcommittee was formed. That subcommittee worked tirelessly with the main LCF committee, the World Service Board of Trustees (WSBT), and the World Service Office Board (WSOB) for the next seven years to bring the book to fruition.

I had the honor of participating in the creation of HFC II as a Storybook Subcommittee member from 2000-2007 and as LCF's trustee liaison from 2002-2006. Throughout the process, I kept a detailed record of the book's progress and I have relied on those notes in writing this article. I will always be grateful to have served on this project, for all it taught me, and for how the experience has helped shape and inform our current literature approval processes.

Our most immediate challenge was soliciting story submissions from throughout the Fellowship. The first submission deadline was June 30, 2001. When we didn't receive enough material, the deadline was extended to September 30, 2001 and again to October 31, 2003.

At that time, the only Conference-mandated guideline for literature development was the 12 Point Literature Approval Process, which dated back to 1995. It was geared toward pamphlets but we did our best to apply the same principles to the development of HFC II. The cover, preface and book structure (Table of Contents) were all approved by the 2004 WSC. On two

separate occasions (2003 and 2005), the WSOB presented and the WSC passed motions exempting *HFC II* from the points of the process which would have required sending a draft out to the Fellowship for review. LCF was delegated the authority for choosing the stories, with WSBT approval.

After story submissions were received by the World Service Office, the author's name and any other potentially identifying information were removed by LCF's WSBT liaison so that the subcommittee only saw them in an 'anonymized' form. As the search for stories progressed, the Storybook Subcommittee developed increasingly more specific criteria for the submission flyers as well as the review process. What started out as a simple request for solution-oriented stories that carry a strong C.A. message evolved into a multi-point checklist including such criteria as "clearly demonstrates the application of the 12 Steps and 12 Traditions in the author's daily life" and "shares author's experiences with sponsorship." Each subcommittee member was asked to fill out one checklist per story, rating the criteria numerically, and to answer the question "Is this story 'bookworthy'?" with either a yes, no or maybe. The results were then tallied and the stories receiving the highest scores moved forward in the process.

In August 2004, after reviewing 140 submissions from the Fellowship, the Storybook Subcommittee thought the story selection process had been completed. Twenty unedited stories had been sent to the WSBT for approval. After reviewing them, the WSBT recommended that the book be opened up for more story submissions. LCF agreed and made a renewed call for submissions with a deadline of January 1, 2005. Another 46 stories were received and the search was at last complete.

Throughout 2005 and early 2006, the Storybook Subcommittee completed the story review and selection process. The story "Our Hope, Faith and Courage," about the early days of C.A., was carried over from the first book. Twenty-five new stories were edited within subcommittee, given titles and blurbs, and subsequently approved by the WSBT.

In February of 2006, the stories were delivered to the Office for professional editing. In April 2006, letters were sent to the authors letting them know whether their

(Cont. Page 18)

The Evolution of HFC II
By Cynthia C., LCF Publications Liaison
Redmond, Washington, USA

(Cont. from Page 17)

story had been selected. On April 23, 2006, the Storybook Subcommittee had a record six-and-a-half-hour long conference call to discuss which of the editor's changes it would accept and which it would decline. It was important to us to preserve each author's original voice and the flavor of each story, and to respect the recovery lingo we use in C.A. An editing suggestion to change "I did a geographic" to "I moved" simply would not do.

On July 25, 2006, the first typeset draft was provided to the Storybook Subcommittee. It revealed several unanticipated issues that needed to be resolved. At that time, there was no repository of Conference-approved literature available at the WSO. The literature used in the typeset was taken from the website, but the formatting differed from the hard copy literature, primarily in the use of italics. For some pieces, LCF had the correct file available, but for others, we had to painstakingly proof the typeset against the hard copy literature. Where there were inconsistencies or issues with grammar or punctuation, LCF exercised its housekeeping authority per the Conference-approved LCF Guidelines. It was decided that the literature as laid out in HFC II would be the 'gold standard' going forward, and those housekeeping corrections have since been incorporated into the pamphlets currently being printed by the WSO.

Several rounds of proofreading and corrections followed, with revised typeset drafts provided to the subcommittee in April, June and July 2007. Printer's proofs were reviewed in August and at long last, the book was printed and distributed at the 2007 WSC. Subcommittee members were grinning from ear to ear as they were finally able to put the book into the hands of the Fellowship.

If this sounds like a lot of work, it was. It was also truly a labor of love, from the authors pouring their hearts and souls into their stories, to the trusted servants devoting so much of their time to produce a book worthy of the Fellowship they serve. It's easy to take C.A.'s literature for granted, but it can still bring a tear to my eye when I see a copy of *HFC II* being handed to a newcomer. It also warms my heart to see *HFC II* frequently quoted in our soon-to-be-published meditation book, *A Quiet Peace*. If you haven't read any

of C.A.'s books yet, now is the perfect time to start. If you're looking for a humbling and incredibly rewarding service experience, it's also a great time to join LCF, as we have several more projects in need of dedicated subcommittee members.

*** COMING SOON ***

THE C.A. MEDITATION BOOK

A QUIET PEACE

Meditation Book Request Form

A QUIET PEACE

**Interested in the new Meditation Book?
Please fill out the following information
for us to contact you as soon as the book
is printed!**

Name: _____

Phone: _____

E-mail: _____

Area: _____

Region: _____

**How many books are you and/or your
Area planning to order?** _____

**(Mail form to: CAWSO, 21720 S. Wilmington Ave., Ste.
304, Long Beach, CA 90810-1641, or by fax to 310-559-2554,
Attn: CAWSO. You can call the WSO at 310-559-5833.)**

World Service Contribution Program

Cocaine Anonymous World Services depends on the financial support provided by individual members, groups, committees, Districts and Areas. We use your contributions as efficiently as possible, to maximize the services we are able to provide to addicts throughout the world. When you participate in the World Service Contribution Program, you ensure that we are able to serve the needs of those in our Fellowship, and reach even more with our message of *Hope, Faith and Courage*. And because your Contribution Program gifts are conveniently transferred by your bank from your checking account, savings account, debit card, or credit card account directly to the World Service Office, your contributions go farther than ever before. **The C.A. World Service Contribution Program is safe, secure and confidential.** You have complete control of the process, because you specify the amount of your contributions and when they are made. You can always increase, decrease or suspend your participation at any time by writing the World Service Office. Plus, your contributions may be tax deductible (consult your tax advisor). **To help the C.A. World Service Office meet the needs of members, groups, areas and addicts still suffering, please fill out the authorization form below, attach a voided check or deposit slip (if necessary), and mail everything to the address shown. Thank you for your support.**

AUTHORIZATION FOR DIRECT PAYMENT (ACH DEBITS)

YES! As a member of C.A., I want to participate in the C.A. World Service Contribution Program to help keep C.A. World Services going strong!

Cocaine Anonymous World Service Office
21720 S. Wilmington Ave., Ste. 304
Long Beach, CA 90810-1641
(310) 559-5833
cawso@ca.org

As part of my 7th Tradition contributions to Cocaine Anonymous World Service Office, I authorize Cocaine Anonymous World Service Office (CAWSO), to initiate variable entries to my account described below:

Type of Account: ☐ Credit Card ☐ Debit Card ☐ Savings

Credit Card or Debit Card Name: _____

Card Number: _____ Expiration Date: _____

Financial Institution's Name: _____

Financial Institution's Address/Branch: _____

If using a savings account, please include a deposit slip.

PAYMENT DETAILS:

Amount in U.S. Dollars: \$ _____ Date of first payment: ☐ 1st of month ☐ 15th of month

PAYMENT FREQUENCY:

☐ Monthly ☐ Annually ☐ One-time basis Effective date: ____/____/____ (MM/DD/YYYY)

This authority is to remain in full force and effect until CAWSO has received written notification from me of its termination in such time and manner as to afford CAWSO a reasonable opportunity to act on it.

Name: _____
(Please print name as it appears on the account)

Signature: _____ Date: _____

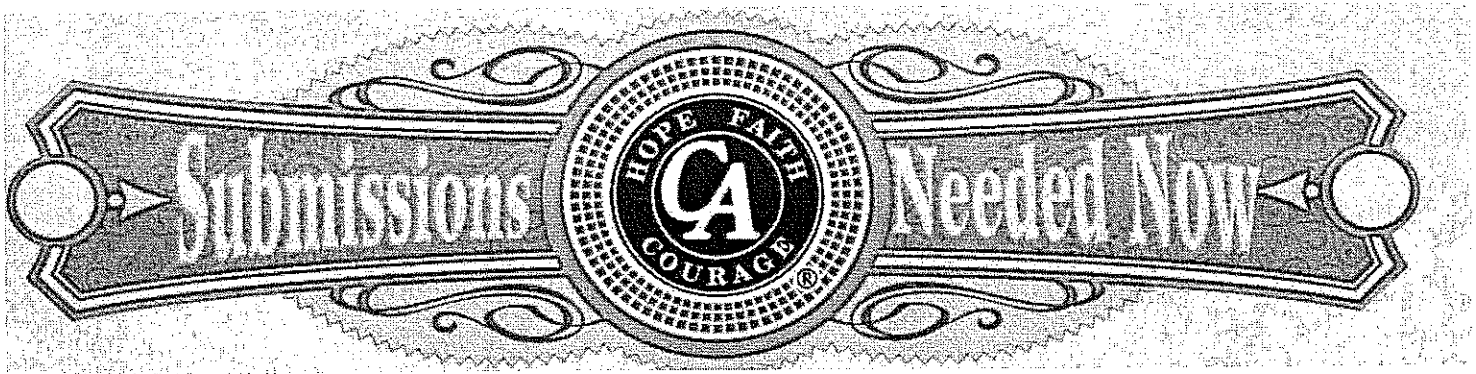
Address: _____

City and State/Province: _____ Country: _____

Zip/Postal Code: _____ Daytime Phone: _____ Evening Phone/Cell: _____

PLEASE MAKE A COPY OF THIS COMPLETED FORM FOR YOUR RECORDS

(The complete World Service Contribution Program brochure, which includes this form, is available for download at www.ca.org/contribute.html)



Share Your Experience, Strength and Hope for C.A.'s First 12 Steps & 12 Traditions Book and 12-Step Workbook

We need **YOU** to help make these books a reality! The Conference has approved the concepts, but as with all new C.A. books, the Literature, Chips, and Format Committee needs **YOUR** submissions. Be a part of C.A. history and help write these books!

12-Step Workbook:

This workbook will be a tool to be used with a sponsor and in conjunction with literature approved for use at C.A. meetings as listed above. Submissions should be 1-2 pages long and include the following:

- Quotes or references to suggested readings from literature approved for use at C.A. meetings (C.A.'s meeting format, pamphlets, *HFC* or *HFC II*; The Big Book *Alcoholics Anonymous*, *The Twelve Steps and Twelve Traditions*, or *Service Manual*);
- Your personal experience on a particular Step;
- Four to twelve questions to help the reader have his or her own experience with the Step;
- A worksheet applicable to the Step (optional); and
- A prayer or spiritual exercise to conclude the section on that Step.

For more information, please contact Kellie F., Subcommittee Chair, via e-mail at flowerz2@telus.net.

C.A.'s 12 & 12

Help us write C.A.'s own 12 Steps & 12 Traditions book based on our Fellowship's experience with the Steps and Traditions. Provide 1000-2000 words on the Step/Tradition focusing on your own experience, strength and hope, with a closing paragraph summing up your gratitude for that particular Step/Tradition and how it relates to your recovery. For more information, please contact Jason L., Subcommittee Chair, via e-mail at jason_lnc@yahoo.co.uk.

Guidelines for All Submissions:

Don't worry about grammar, spelling or punctuation; we have people to help 'polish' whatever you write. Other than cited quotes, each submission must be the author's original writing. In keeping with the 11th Tradition, submissions will be reviewed anonymously and the authors of material ultimately selected for publication will be asked to maintain their anonymity. Replies will be sent when the selection process is complete for each project. Electronic submissions are preferred. Each submission also requires a properly executed release form (available at www.ca.org or on page 11). You may send your submission(s) and release via e-mail to submissions@ca.org or by regular mail to: CAWSO, Inc. Attention: LCF Committee, 21720 S. Wilmington Ave., Ste. 304, Long Beach. CA 90810-1641. For more information, please call 310-559-5833.

HFC II Available in English, French & Swedish!

The price of *Hope Faith & Courage* and *Hope, Faith, and Courage II* in English is \$9.95 for SOFT COVER and \$14.95 for HARD COVER. Spread the word!

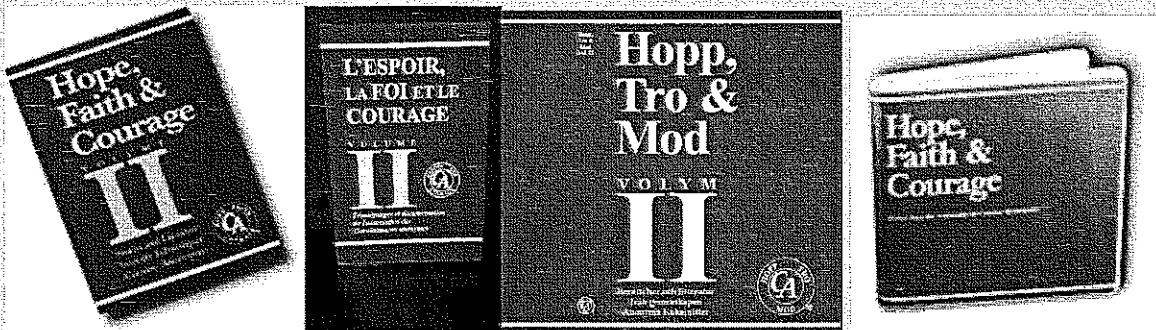
We have available the *HFC II* in French!
L'Espoir, la Foi ET le Courage, volume II for \$9.95 US Dollars

We have available the *HFC II* in Swedish!
Hopp, Tro & Mod, Volym II for \$9.95 US Dollars

Hope Faith & Courage is also available in an Audio Set for \$15.00

So place your order online at <http://www.ca.org/purchase.html>
or contact the World Service Office (310-559-5833/fax 310-559-2554)

BUY ONE FOR YOURSELF, BUY ONE FOR A FRIEND!



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☐ Visa/MasterCard/Discover/American Express # _____

Signature: _____ Expiration date: _____

Name: _____

Address: _____

City and State/Province: _____ Country: _____

Zip/Postal Code: _____ Telephone Number: (____) _____

Calendar of Events

September 5-7, 2014

British Columbia Area

Super Natural Serenity
Vancouver, BC Area

LOCATION:

Executive Plaza Hotel & Conference Centre
405 North Road
Coquitlam, British Columbia, Canada
604-936-9399

CONTACTS

Greg Y., Chair, 778-877-8688
Lesha M., Registration, 778-918-6664

September 25-28, 2014

Utah Area

Recovery in the Rockies XXV
Park City, Utah, USA

LOCATION:

Yarrow Hotel and Conference Center
1800 Park Ave.
Park City, Utah
435-649-7000 (ask for Rockies Rate)

October 17-19, 2014

24th Annual S.W. Regional Convention

Trudge the Road to Happy Destiny
Kansas Area

LOCATION:

Best Western Airport Inn & Conference Center
6815 Kellogg (US 54)
Wichita, Kansas 67209-2217
316-942-5600 or fax 316-943-1549
Mention Code: SWRC

CONTACTS:

Glen T., Chairperson 316-259-8650
Don M., Program, 316-655-3022
Vicki T., Hotel Liaison: 316-644-1577

October 24-26, 2014

10th Annual Scottish Convention

Vision for You
C.A. Scotland

LOCATION:

The King James By Thistle Hotel
107 Leith St.
Edinburgh, EH1 3SW
Info@cascotland.org.uk

October 31- November 2, 2014

2014 MW Regional Convention

Illinois Area of C.A.

LOCATION:

Hilton Indian Lakes Resort
250 W. Schick Rd.
Bloomington, IL 60108
650-529-0200
Mention Illinois CA Event when registering

CONTACTS:

Loni S., Chairperson 773-668-5380
Charlene B., Registration, 708-870-6154

Get the word out about your local event! Use the form at www.ca.org/event_form.html to get your event listed both on the web and in the NewsGram, or notify us by mail to NewsGram, c/o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810

May 21-25, 2015

C.A. World Service Convention
We Absolutely Insist on
Enjoying Life

Las Vegas, Nevada, USA

LOCATION:

Harrah's -The Heart of the Las Vegas Strip
888-458-8471

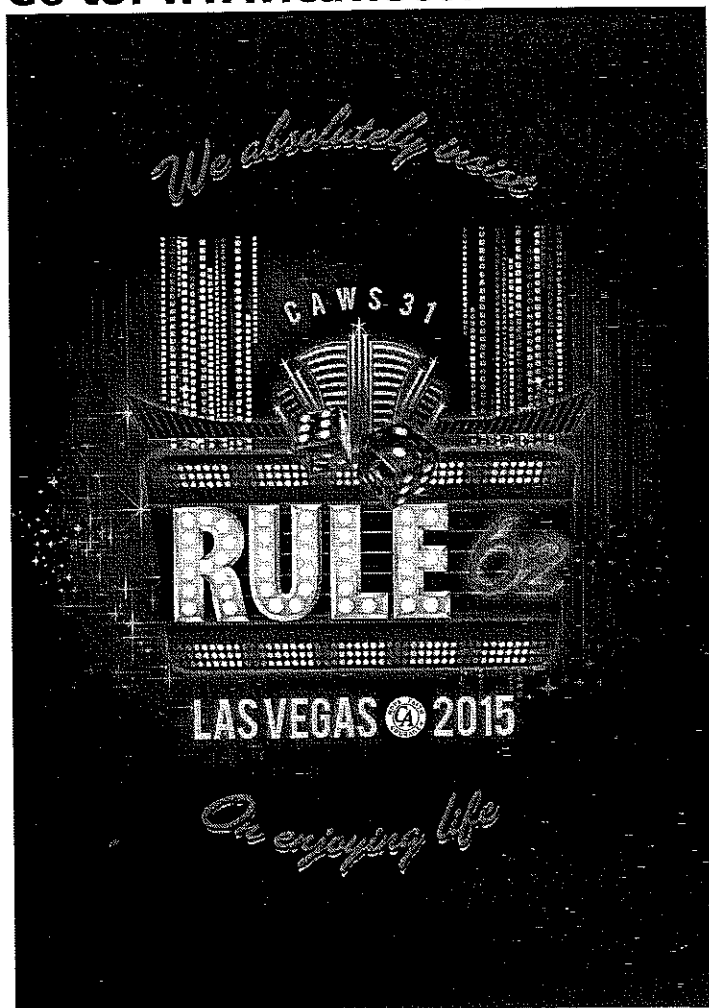
Mention Reservation Code: SHCAW5

\$105 room rate, to book on-line go to:

<https://resweb.passkey.com/go/SHCAW5>

CONTACT:

Go to: www.cawsconvention.org



November is Gratitude Month

COCAINE ANONYMOUS was founded on November 18, 1982, which is why November is Gratitude Month. During November of each year, we pass the **GRATITUDE CAN**, where the money collected goes directly to the Cocaine Anonymous World Service Office

Our PRIMARY PURPOSE is: To Carry the Message to the Addict who still Suffers, and certainly there are suffering addicts in all corners of the world!!

The Cocaine Anonymous World Service Office has a worldwide reach and helps to carry the message in important ways:

- Publishing and translating books, literature and chips.
- Access to Drug Court Conference
- Sponsorship of the National C.A. Helpline
- Administrative support for new Districts, Areas and Regions.
- Mailing free meeting Starter Kits
- Providing free C.A. Books and Literature to inmates.

So, when the **GRATITUDE CAN** comes around in November, remember your unknown brother or sister trying to find their way into the rooms of **COCAINE ANONYMOUS**, and help Cocaine Anonymous World Service Office **CARRY THE MESSAGE WORLDWIDE!**

**ASK YOUR MEETING SECRETARY TO
PASS THE GRATITUDE CAN!!**

**CAWSO / 21720 S. WILLIMINGTON AVE.,
STE. 304 / LONG BEACH, CA USA 90810**

7 th Tradition APRIL-JUNE 2014		
Location	Category or Group Name/City	Total
Anonymous	Anonymous	\$ 89.41
CANADA		
Ontario	SOCA -- Southern Ontario	\$ 226.23
Quebec	District 2 -- Quebec	\$ 89.02
	Montreal Quebec Area	\$ 132.53
	Saturday Night Live Montreal	\$ 140.00
EUROPE		
Scotland	Scotland Area	\$ 647.76
		\$
Sweden	Sweden Area	\$ 879.91
United Kingdom	London District	\$ 1,534.62
	UK Area	\$ 14,956.10
USA		
Alabama	Everything or Nothing	\$ 183.00
Arizona	Birds of a Feather	\$ 94.38
	Razor Edge	\$ 127.00
	Sun Valley Intergroup, Inc.	\$ 1,459.00
Arkansas	AR Area	\$ 225.00
Northern California	C.A. of Northbay Serv. Grp.	\$ 105.00
	North. Calif. Service Comm.	\$ 2,000.00
Southern California	Anonymous -- Hawthorne	\$ 45.00
	Anonymous -- Los Angeles	\$ 245.00
	Anonymous -- Keep Coming Back	\$ 55.00
	Anonymous -- Orange County	\$ 20.00
	C.A. San Diego	\$ 610.09
	CALA Longbeach Compton Dist.	\$ 222.50
	CALA Westside/Hollywood District	\$ 200.00
	CAWS 2014	\$ 1,825.00
	Focus on Recovery	\$ 30.00
	IEACA	\$ 32.38
	Open House -- Long Beach Anonymous	\$ 71.00
	Orange County C.A.	\$ 30.48
	SGPVCA	\$ 223.42
	SFVCA	\$ 1,000.00
	Tired of Being Dogged Out	\$ 130.00
	Wed. Night Come Alive	\$ 76.00
	WSOB	\$ 182.00
Colorado	Anonymous -- Denver	\$ 55.00
	C.A. of Colorado	\$ 397.63
	Drawing Closer	\$ 124.00
	C.A. Nirvana	\$ 150.17
	White Out	\$ 68.50
Florida	District of Fort Myers	\$ 80.28
	Florida Area	\$ 12.00
	South Florida	\$ 362.00
Georgia	Book Study Action Group	\$ 22.00
	Carrying the Message	\$ 45.00
	Log Cabin Group	\$ 65.71
	New Life Group	\$ 18.90
	Solution Group	\$ 60.00
	Spearheads	\$ 37.54

7 th Tradition APRIL-JUNE 2014		
Location	Category or Group Name/City	Total
Illinois	Anonymous -- Normal	\$ 20.00
	Chicago District #1	\$ 69.61
	Honeymooners Group	\$ 23.00
	Hope, Faith & Courage	\$ 22.28
	IACA, Inc.	\$ 900.00
	IACA South & West Dist.	\$ 179.82
	Wed. Night Winners Group	\$ 30.00
Kansas	Newfound Life	\$ 50.00
Michigan	Don't Pick Up	\$ 50.00
Missouri	Anonymous -- St. Louis	\$ 10.00
	Come and get It	\$ 13.00
	Courage to Change	\$ 10.00
	Fried Pipers and Cocanuts	\$ 10.00
	Serenity on Saturday	\$ 10.00
Nebraska	Monday Miracles	\$ 200.00
Nevada	Anonymous -- Las Vegas	\$ 200.00
	Las Vegas Area	\$ 25.00
New Jersey	Tues. Night Serenity in Sand	\$ 50.00
New Mexico	NM & Lubbock TX	\$ 120.00
New York	CANY, Inc.	\$ 3,000.00
	Sunday Serenity	\$ 175.00
Ohio	AM Sunday	\$ 100.00
	District of Columbia	\$ 1000.00
	Toledo Intergroup	\$ 100.00
Oklahoma	C.A. of Oklahoma	\$ 75.00
	The Rock Stops Here Group	\$ 150.00
Oregon	C.A. of Oregon & SW Wash.	\$ 75.00
Pennsylvania	Philadelphia PA	\$ 300.00
	Positive Attitudes	\$ 25.00
Tennessee	TACA Memphis	\$ 500.00
Texas	Anonymous -- Fredericksburg	\$ 120.00
	Anonymous -- Houston	\$ 20.00
	Basic Instincts	\$ 30.00
	Tuesday Night Visionaries	\$ 71.79
Utah	Anonymous -- Roy	\$ 30.00
	Utah Area	\$ 500.00
Washington	Don't Do It Dry	\$ 100.00
	Freedom Fighter	\$ 141.39
Wisconsin	Big Book Study Format	\$ 49.10
	Razor's Edge	\$ 176.00
	Strength Candlelight Group	\$ 273.00
	Wed. Night Big Book Mtg.	\$ 57.00
Birthday Envelopes		\$ 161.00
Gratitude Month		\$ 312.00
World Contribution Program		(See form on page 19)
Total		\$ 5,271.79
		\$ 44,281.34