

NEWS GRAM

Volume 28 No. 1 C.A. World Service Office, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641 1st Quarter 2011

The Big Party is Almost Here! 27th Annual C.A. World Service Convention Update

By Erica D.
Advanced Info/Newsletter Chair
CAWS 2011 Committee

WE hope to see you in Phoenix May 26-30!

WE, of the CAWSC 2011 Committee, extend our warmest Arizona welcome to all of you, the members of C.A., to join us in the “Valley of the Sun,” Phoenix, Arizona, for the 2011 Convention. “WE” can’t do this thing without all of “you.” An experience not to be missed, there will be speakers from around the world, an assortment of workshops, very cool memorabilia, marathon meetings, events for the kids and a plethora of special events and entertainment for all.

Registration is Easy:

Early registration has been extended until March 31st, so you still have the opportunity to save. If you register before March 31st, basic packages start as low as \$45 and full registration is only \$175. After March 31st, packages are priced from \$50 - \$199.

Convention and hotel registration is easy at www.cawsconvention.org. You will also get complete descriptions of the packages, a la carte pricing, and descriptions and prices for the special events. These events are filling up fast and may have limited availability, so if you haven’t already done so, register now. You can also call the resort directly at 800-950-0086 or 602-955-6600 and mention CAWS for special rates.

Membership Has its Privileges:

The Convention Committee has worked hard to make this convention one of “affordable luxury.” What could be better? Your adventure begins on at the glamorous and luxurious Arizona Biltmore Resort and Spa. A 39-acre getaway in the heart of Phoenix, the Arizona Biltmore is named one of the top 50 resorts by *Condé Nast Traveler* with endless flowering gardens, 8

beautiful pools, 7 tennis courts, and award-winning restaurants and spa. Through the decades, it has been a favorite of celebrities and U.S presidents and has long been a destination of choice for families and discriminating travelers seeking a pampered getaway.

Room rates for a Standard Room are \$125 a night plus applicable taxes (this is a savings of \$82 from their usual rate on a Standard Room). Upgraded rooms and suites are also available at 60-70% discounts. Rates are honored 3 days prior to the convention and three days after. [Cont’d on page 4]

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Note from the WSO:

Could *YOU* Be the Next NewsGram Editor?

By Cynthia C.
NewsGram Editor
Redmond, Washington USA

Are you looking for a service commitment that is creatively challenging and incredibly rewarding? Would you enjoy working with the World Service Office Board, World Service Board of Trustees, and other members of the Fellowship around the world to help carry a message of hope, faith and courage via the NewsGram? Then perhaps this is the job for YOU!

The role of the NewsGram Editor is to select, edit and lay out the content of each issue. While ultimate responsibility for publication of the NewsGram rests with the WSOB as a whole, the Editor will bear primary responsibility for ensuring timely publication of the NewsGram for delivery to the Fellowship. Due to the nature of the roles and responsibilities of the job, it is important that the editor have the following knowledge and skills:

1. Working knowledge of C.A.'s Twelve Steps, Twelve Traditions, Twelve Concepts and World Service Manual.

2. Professional editing experience or prior C.A. service experience involving editing and/or writing material for distribution to the Fellowship.

3. Working knowledge of Microsoft Word (or other similar word processing software compatible with WSO software), regular access to e-mail, good organizational skills and attention to detail.

Responsibilities of the Editor include soliciting submissions, selecting appropriate articles for publication, ensuring that each published article is accompanied by the appropriate release form, editing articles, verifying and attributing quotes, and following the publication timetable and flow set forth in the NewsGram Guidelines.

The NewsGram Editor position is a 2-year-term, appointed by the WSOB. If you'd like to be considered for the position, please send a service resume and recent sample of your work to newsgram@ca.org.

Trustee Corner

By Kim S.
Midwest Regional Trustee and WSBT Chair
Des Plaines, Illinois, USA

As we move through the second quarter of this service year, the World Service Board of Trustees continues to handle and assist with the business of C.A. With two conference calls behind us since the December quarterly meeting, we are looking forward to and preparing for the upcoming March quarterly. One of our March quarterly agenda items that will be eagerly discussed as a result of decisions made at the December quarterly meeting will be *Hope, Faith, and Courage Volume II (HFC II)*.

In December, during the regularly scheduled Board-to-Board meeting that takes place during the WSBT quarterly meeting, the World Service Board of Trustees and the World Service Office Board focused discussion on publication and distribution avenues for *HFC II* internationally. Additional discussion ensued regarding the sale and labeling/stickering of the current inventory of *HFC II* books, with focus regarding domestic sales.

With a spirit of cooperation and unity, as the result of a motion and subsequent discussion we passed, as a joint effort by both Boards, to discontinue the labeling/stickering of the current inventory of *HFC II* books for distribution in the U.S. Unfortunately, due to copyright legalities, books sold outside the USA will continue to be labeled/stickered until such time as a workable solution is found or that a reprint run can be undertaken.

In an effort to be proactive we established an ad hoc committee comprised of members of both Boards to address and make recommendations concerning the course of action and strategies moving forward with respect to expediting the publication, reprinting, sales and distribution of the amended version of *HFC II* internationally. We hope to continue to provide our membership access to our storybook as we endeavor to give the newcomer the opportunity to identify and move into a place of hope that recovery is possible within the Fellowship of Cocaine Anonymous. Our

book will continue to be available at a reduced cost of \$4.75 for softcover and \$8.75 for the hardcover book.

This situation involving *HFC II* remains on our agenda as we are aware of the concerns of our Fellowship regarding this action. We ask that our Fellowship remain involved yet aware of the efforts of all our trusted servants. We are aware of the “upside-down pyramid” of service that reflects the collective conscience of our C.A. groups. Ultimately, with faith, God speaks through each and every one of us and a solution will be brought forward regarding individual members’ concerns. With honesty, open-mindedness and willingness, the true desire is to better C.A. as a whole for all. Together with God’s direction, we are trusted servants; we love C.A. just like you.

Bill W. calls it “a spiritualized society characterized by enough enlightenment, enough responsibility, and enough love of man and God to insure that our democracy of world service will work” (*The A.A. Service Manual Combined With Twelve Concepts for World Service*, p. 9). A loving and caring God will reveal himself through mutual trust and faith of one another. The 12th Tradition reminds me that in the end “our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all” (*Twelve Steps and Twelve Traditions*, p. 192).

On a lighter note, WE are looking forward to the great party Arizona is going to throw for us in May. The CAWS 2011 Convention Committee is excited to announce that “WE” are already at 50% of our committed room block at the Biltmore and registrations are pouring in! This demonstration of enthusiasm for the convention has encouraged the Steering Committee to continue the momentum by extending the early registration discount to the fellowship until March 31st! You won’t want to miss this gathering of our fellowship. Register NOW! See more information at www.ca.org, or call your local service representative. “WE” look forward to seeing you in May!!!!

The Big Party is Almost Here! (Cont'd from page 1):

Rooms are filling fast, so please reserve prior to May 2nd to ensure the special room rate.

While on-site, golfers of all skill levels and ages can also unwind and enjoy a championship 18-hole putting course located around the cottages near the Squaw Peak lawn. You can sunbathe and socialize at any of the eight resort pools or relax and unwind at the spa. Indulge in a variety of culinary experiences at the award-winning restaurants, or enjoy salsa demo and tasting. You can engage in a leisurely game of chess on the life-size lawn chessboard, or play croquet or bocce ball on the resort's lush lawns.

Off property, within minutes, you can hike Camelback Mountain and take in a panoramic view of the city, or discover the local Scottsdale and Phoenix art scene. Window shop or indulge your shop-a-holism at some of the many fashion meccas nearby.

Special Activities and Entertainment:

Whatever your flavor and whatever your budget, CAWS 2011 promises something for everyone. This year's party embraces the spirit of "for fun and for free."

Thursday kicks off with the WE-Olympics, defining the meaning of Rule 62! The WE-Olympics is a **free** all-ages event that promises to bring endless laughter and fun. In the evening WE have live entertainment, a Mix and Mingle and Wii Entertainment & Game Room.

Friday morning, it's a golfer's dream come true with a CAWS Golf Tournament at the Biltmore Country Club Golf Course. The Adobe offers wide fairways and classic cross-bunkers for that extra challenge, while expansive views of Squaw Peak Mountain and lush greens and trickling ponds surround you. The \$99 cost includes lunch and green fees. There will be a volleyball tournament and **free** all-ages Glow in the Dark Mini Golf Contest. Friday evening, laugh out loud at the comedy show and laugh 'til it hurts at the bull ride—yes, electric bull riding! Now that's entertainment.

Saturday WE will have a day trip to Sedona, which is without doubt the most spiritual and astounding venue in Arizona. Just walk, shop and take in the sights. This is a full day trip leaving early morning & returning late afternoon. The cost is \$39. Seating is limited and filling up fast, so reserve your spot now. How would you like to enjoy the early morning peace and beauty of the desert via horseback or hayride, followed by a full cowboy style breakfast? Horseback is \$49, but if horses aren't your thing, take the hayride for \$20. For a natural

high, take the Piestewa Peak Summit Hike: a 1.2-mile hike, 2,608 feet in elevation with an utterly beautiful view for \$20. Join in the Party at the Pool in the afternoon, with live music. The evening entertainment will be magical, with a live magic show, live band and DJ dance.

Sunday, enliven your spirit, take in the terrain and enjoy the Fellowship at the Fun Run Walk Hike, just \$10 and you get a free t-shirt. If you're looking for the ultimate thrill in cool summer recovery, the Wet 'n' Wild Water Park excursion will not disappoint. All-age event, only \$49, and a burger and salad lunch is included. Then, as evening comes, it's time to dapper up for the banquet, pony up and bid at the auction, then kick up your heels at the dance.

Monday we will be riding the "convention cloud," reminiscing with old friends and relishing in our new friends. WE can then return to our daily lives, enriched, rejuvenated and renewed. There will be a brunch, a memorabilia bazaar, and a spiritual speaker will end the show.

"**WE**," the men and women of the Arizona Area of C.A., are extremely excited to host the 2011 C.A. World Service Convention. "**WE**" hope you join us for a memorable and spiritual weekend. Together, "**WE**" can have fun and recover. "**WE**" look forward to seeing you in Phoenix, Arizona in 2011.

"**WE**" look forward to seeing you soon!

LET THE BIDDING BEGIN ...

Auction Items Wanted for CAWS 2011

WE all play a part. Have your Area take part in the 2011 C.A. World Service Convention Auction and help to carry the message of recovery from your Area to C.A. around the world.

WE are looking for live auction items such as autographed memorabilia, collectable items, limited edition items, and special C.A. memorabilia.

How about having your home group make a gift basket for the auction? You can get involved and be a part of "**WE**." If you have questions or can be of service, contact:

Scott B.

CAWS 2011 Auction Chair

Bscott99@earthlink.net or (602) 315-6197

Get Busy Living, or Get Busy Dying

By Ginger L.

Phoenix, Arizona, USA

I want to thank you for all your prayers and well wishes over the past year; 2010 was trying, to say the least. For those who don't know, for years I suffered from a disease called ulcerative colitis. This is an inflammatory bowel disease that can cause a lot of discomfort and blood loss. Over three years, I had 12 blood transfusions. That's really bad. After a family meeting, it was decided I would go get the only surgery known to cure my disease. This was no easy decision, because the only cure was to completely remove my large intestines. Who would have thought you could live without them?

In the beginning of June last year I went in for the surgery. The doctor was a little concerned and afterwards, he told my family my insides were like tissue paper because I had been on steroids so long (to control the bleeding). I was the star patient. I got out of bed and walked around without the nurses having to harass me. I was doing great—until I wasn't. I went septic. I was surrounded by doctors and then rushed to the ICU (my first of several trips). They stuck a large tube up my nose that went down my throat and into my stomach (by far, the WORST experience of my life). I was awake for the whole thing. I am not sure how long I was in ICU, but it was miserable and surreal. I was in pain and rarely fully conscious. At one point I remember saying silently to my Higher Power, "God, please help me get busy living or get busy dying ... because I cannot live like this anymore." I started improving shortly thereafter.

I would return to the hospital several times after my initial release for one problem or another. I even had a couple more stays in the ICU, but not as bad as the first one, thankfully. The surgery did not have the intended outcome I had anticipated. There are now major changes in my life that are hard to accept and deal with.

For several months I was very mad at God. How could He do this to me? Why didn't He just let me die? I certainly didn't want to live with the changes I had been saddled with. I wasn't praying. I didn't like being mad at God. I didn't like the changes in my life. I turned to the only thing I know that can change my attitude when I seem powerless to do it on my own. I started working the Steps again.

Someone had introduced me to a Step workbook that guides you (in depth) thru the Steps as outlined in the Big Book. So I launched into action with the help of other members in the Fellowship. Believe me, I truly felt the powerlessness in Step One in a whole different way than I ever had before. Somewhere during Steps Two and Three I stopped being mad at God. I feel freer than I ever have before. I am still unhappy about the limitations I now endure, but I do not let it rule my life or my emotions. I feel closer to my Higher Power than I have in years. I am now on the 4th column of the 4th Step and believe me, more is being revealed!

It's so much easier to see where God was working in my life, after the fact. He was there for my family. He worked through my friends in the Fellowship and through the doctors and nurses. Having had two previous sponsors who relapsed due to pain medications and never really made it back, I was very worried about something similar happening to me. It is funny how, when narcotics are taken as NEEDED, they just take care of the pain. Who would have thought? I did not have any desires to abuse the medications and when they did make me feel loaded, I let the nurses/doctors know to find an alternative or prescribe a lower dose. So, yeah—I am more grateful than I can ever fully express. I have a whole new attitude and outlook upon life. Well, I guess it's time to get busy living! Thanks for being in my life.

Where 5 Meets 7

By Russell S.
European Regional Trustee
London, England, UK

Paris, Amsterdam, Bournemouth, Rome, Oviedo, Hong Kong, Liverpool, Den Haag, Edinburgh, St. Petersburg, Tehran, Groningen, Bristol, Stockholm, Glasgow, Rotterdam, London, Geneva, Dublin, Delft, Sydney, Monaco, Manchester, Birmingham, Melbourne, Apeldoorn, Brighton, Arnhem, Menorca, and more ...

How amazing that in so many towns and cities around the world, Cocaine Anonymous is reaching out to those in need. The growth within the European Region clearly shows the fruits of our labours.

How wonderful that the extra dollar/pound/euro you dropped in the hat at your home group may have helped the office to send out a Spanish starter kit to a new meeting in northern Spain. How incredible that the new members in Rome were able to liaise with our office staff after finding contact details on our website and start the first meeting in Italy. Every night of the week, addicts come together in St. Petersburg, Russia, and try and help others. Thank you for the dollar/pound/euro that went toward the cost of that first starter kit.

I've come to find myself at a place of wider understanding when I look at our 5th Tradition and how within that Tradition it also reminds me of my personal financial obligation to C.A. Our primary purpose has no geographical boundary and, now that we are truly

global, so have begun the regular requests for help from around the world and the continuing necessity for a response to be dealt with.

With groups in Holland, Sweden, Iran and soon Russia all submitting translated pamphlets and readings, we assume our role in supporting them and checking the translations, for the purpose of maintaining our unity and spiritual integrity. There has also been an investment of time and resources to help our French-speaking members access *Hope, Faith & Courage Volume II* in their own language. Thank you for the dollar/pound/euro that helps with that process.

My life today is truly incredible thanks to Cocaine Anonymous. I'm so fortunate to have been found by C.A. In a small treatment centre in Dorset, England, I was given some literature, a key ring and a big bundle of hope. Thank you for your donation that enabled that H&I meeting to come and save me from the pain and terror of addiction. And, if I may, thank you for the donation you've yet to make. Who knows where we'll be reaching out to next? I trust we'll continue to accept the responsibility that comes in many forms as we continue to let addicts looking for a solution know that "we're here and we're free."™

Subscribe to the NewsGram

For the low price of \$10 U.S. per year, you can receive each copy of the NewsGram before your friends or your group. Complete this form and include your credit card information, or enclose a \$10 check or money order (U.S. dollars only) and send to: NewsGram, c/o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641. A subscription form is also available for download at www.ca.org.

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☐ Visa/MasterCard/Discover/American Express # _____

Signature: _____ Expiration date: _____

Name: _____

Address: _____

City and State/Province: _____ Country: _____

Zip/Postal Code: _____ Telephone Number: (____) _____

7 th Tradition October-December 2010		
Location	Category or Group Name/City	Total
	Anonymous	\$355.62
	Birthday envelopes	\$49.00
	Gratitude month	\$3,991.97
CANADA		
Alberta	Saturday Night Live	\$65.00
	Southern Alberta Area	\$100.00
Quebec	Quebec Area	\$5,000.00
UNITED KINGDOM	CAUK Area	\$1,844.11
	Loner Groups	\$250.00
	Free at Last Group	\$84.00
UNITED STATES		
Alabama	First Freedom Group	\$97.72
	Alabama Area of C. A.	\$143.38
Arizona	Arizona Area of C.A.	\$1,000.00
	Sun Valley Intergroup	\$1,508.00
	Primary Purpose Group	\$16.00
	New Life Group C.A.	\$30.00
Arkansas	Spirituality Group	\$100.00
Southern	Back To Basic Orange	\$60.26
& Central	County	
California	WIECA	\$244.00
	Anonymous	\$150.00
	Foothill District	\$200.00
	WSOB	\$50.32
	CALA Area	\$5,000.00
	C.A. Come Alive - Wed	\$31.00
	One Step at a Time	\$33.00
	CALA Long	\$418.69
	Beach/Compton District	
	CALA \$8.80 Funraiser	\$434.60
	Orange County C.A.	\$1,000.00
	Inland Empire Area SC	\$125.00
	Central California C.A.	\$375.00
	Seekers	\$60.00
	Recovery in the Desert	\$325.00
	C.A. PowerHouse	\$11.00
	SFVCA	\$1,000.00
	Back 2 Basic Fountain	\$10.00
	Valley	
Northern	No. California Area C.A.	\$250.00
California	C.A. Northbay Service	\$75.00
	Group	
	C.A./Marin County	\$5.00
Colorado	Promises	\$60.00
	Dark Side of the Spoon	\$552.84
	C.A. of Colorado	\$600.00
	Beyond Human Aid	\$23.00

7 th Tradition October-December 2010		
Location	Category or Group Name/City	Total
Colorado (continued)	C.A. of Colorado	\$30.00
	Southern District	
	Southwest Regional	\$1,700.00
	Conv. 2010	
DC, MD, VA	C.A. Area - DC, MD, VA	\$25.00
	New Way of C.A.	\$25.00
Florida	Florida Area C.A.	\$36.48
	Vision For You	\$50.00
Georgia	Anonymous	\$30.00
Illinois	IACA	\$900.00
	IACA Northwest	\$111.05
	Suburban District	
Iowa	Miracles Can Happen	\$20.00
Kansas	K.C. District of Cocaine	\$50.00
	Anonymous	
Kentucky	Window Peeper	\$15.00
Michigan	Saturday Morning Live	\$20.00
	Coon Rapid Sunday Nite	
Minnesota	C.A.	\$50.00
	Together We Stand	\$50.00
New Jersey	NJ District	\$100.00
Ohio	TNT	\$25.00
Oklahoma	Freedom for All	\$45.00
	C.A. of Oklahoma City	\$50.00
Pennsylvania	Cocaine Anonymous	\$300.00
	The Moment of Clarity	\$13.20
	Meeting	
South Carolina	Freedom from Bondage	\$20.00
	There is a Solution	\$25.00
Tennessee	Hope not Dope	\$50.00
Texas	Circle & Triangle	\$100.00
	Anonymous	\$200.00
	Step Sisters	\$110.56
	Conscious Contact	\$358.00
	Recovery Text Club 101	\$150.00
	Freedom & Hope	\$100.00
	SCTA of C.A.	\$250.00
	Leap of Faith	\$33.00
	Faith W/O Work	\$20.00
	Unit C	\$146.00
	The Truth, The Way, The	
	Light II	\$100.00
Wisconsin	Razor Edge	\$84.00
	C.A. of Wisconsin	\$800.00
	World Contribution	
	Program (see form on	<u>\$2,774.00</u>
	page 8)	
Total		\$34,694.80

Participating in the World Contribution Program? THANK YOU! To ensure the continuity of recurring donations, please be sure to update the World Service Office regarding any changes to your designated bank account or credit card (including new expiration dates).

World Service Contribution Program

Cocaine Anonymous World Services depends on the financial support provided by individual members, groups, committees, Districts and Areas. We use your contributions as efficiently as possible, to maximize the services we are able to provide to addicts throughout the world. When you participate in the World Service Contribution Program, you ensure that we are able to serve the needs of those in our Fellowship, and reach even more with our message of Hope, Faith and Courage. And because your Contribution Program gifts are conveniently transferred by your bank from your checking account, savings account, debit card, or credit card account directly to the World Service Office, your contributions go farther than ever before. The C.A. World Service Contribution Program is safe, secure and confidential. You have complete control of the process, because you specify the amount of your contributions and when they are made. You can always increase, decrease or suspend your participation at any time by writing the World Service Office. Plus, your contributions may be tax deductible (consult your tax advisor). To help the C.A. World Service Office meet the needs of members, groups, areas and addicts still suffering, please fill out the authorization form below, attach a voided check or deposit slip (if necessary), and mail everything to the address shown. Thank you for your support.

AUTHORIZATION FOR DIRECT PAYMENT (ACH DEBITS)

YES! As a member of C.A., I want to participate in the C.A. World Service Contribution Program to help keep C.A. World Services going strong!

Cocaine Anonymous World Service Office
21720 S. Wilmington Ave., Ste. 304
Long Beach, CA 90810-1641
(310) 559-5833
cawso@ca.org

As part of my 7th Tradition contributions to Cocaine Anonymous World Service Office, I authorize Cocaine Anonymous World Service Office (CAWSO), to initiate variable entries to my account described below:

Type of Account: ☐ Credit Card ☐ Debit Card ☐ Savings

Credit Card or Debit Card Name: _____

Card Number: _____ Expiration Date: _____

Financial Institution's Name: _____

Financial Institution's Address/Branch: _____

If using a savings account, please include a deposit slip.

PAYMENT DETAILS:

Amount in U.S. Dollars: \$_____ Date of first payment: ☐ 1st of month ☐ 15th of month

PAYMENT FREQUENCY:

☐ Monthly ☐ Annually ☐ One-time basis Effective date: ____/____/____ (MM/DD/YYYY)

This authority is to remain in full force and effect until CAWSO has received written notification from me of its termination in such time and manner as to afford CAWSO a reasonable opportunity to act on it.

Name: _____
(Please print name as it appears on the account)

Signature: _____ Date: _____

Address: _____

City and State/Province: _____ Country: _____

Zip/Postal Code: _____ Daytime Phone: _____ Evening Phone/Cell: _____

PLEASE MAKE A COPY OF THIS COMPLETED FORM FOR YOUR RECORDS

(The complete World Service Contribution Program brochure, which includes this form, is available for download at www.ca.org/contribute.html)

My Service Journey

By Terry M.
Pacific North Regional Trustee
Salt Lake City, Utah, USA

My journey through service has been extremely rewarding. I went from being a greeter at a meeting, to a chairperson, then a General Service Representative/Secretary, to multiple area positions and commitments, then off to the World Service Conference as a delegate and now as a Trustee. Every one of these commitments began with a great amount of fear and doubt as to my abilities to fulfill them.

I found it difficult not to harbor resentments and attitudes toward the people that came before me and had trudged this road. I had better thoughts and ideas. Nobody was acting right or doing things the way I wanted them done. I think back now and chuckle to and at myself—as I am sure a lot of people did and some probably still do.

From the first meeting I walked or shuffled into, it took a couple years for me to realize why I was of service. It came from an unlikely person, someone new to me. It was not so much what he said, it was more about the look he had. He told me I was on the verge of using and needed a safe place to be. C.A. let me into the dance and I did not use that night. I did not remember seeing him at the dance, or after, or his name. The thing I love about C.A. is that we never turned anyone away.

In the beginning the thing I remember most is that feeling of 100% hopelessness, and then the feeling of finding somewhere I belonged. I felt hope at the first meeting, although you could have never seen it in me. But honestly, people were hugging each other

and laughing. I could not remember the last time I had laughed. The hugs were happening and no one was stealing each other's wallets. I did not want a hug from anyone. I had that "do not touch me" sign up and they welcomed me anyway. Those people that night were bringing a message of hope to the place I was detoxing.

I spend a lot of time thinking today: WHAT IF Bill W. would have quit reaching his hand out before he met Dr. Bob? Where would we be today?

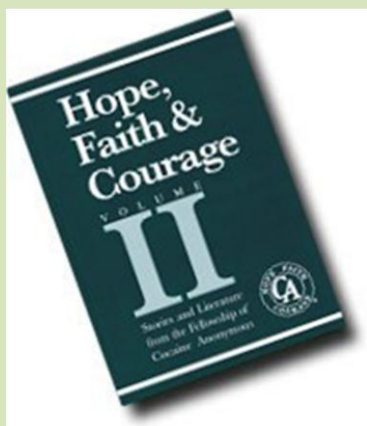
Love and service is what I owe to the Fellowship of C.A.

Serving on every level, I have experienced challenges: I have laughed, cried, not slept. I have said I am done, watched heated debate, debated myself and so much more. I could go on and on. Then I think of the person who has not had a chance to be here yet. I feel it's my responsibility to keep the door open and reach out my hand.

If it weren't for the program of C.A., I would not have some of the promises the *Big Book* talks about. I wouldn't have the host of friends that I have, and be able to watch a Fellowship grow up around us. Seeing C.A. grow not only in the USA but in the international areas as well makes my heart all warm and fuzzy.

Thank you to God and everyone that has been part of my recovery and to the new friends I will meet as we continue to trudge the road of happy destiny.

HFC II is on SALE!



The price of *Hope, Faith, and Courage II* has been reduced to \$4.75 for soft cover and \$8.75 for hard cover. Spread the word! At these prices, every group should be able to purchase at least two books, and some members may also be able to buy one for a newcomer!

This is a temporary offer so place your order online at <http://www.ca.org/purchase.html> or contact the World Service Office (310-559-5833/fax 310-559-2554) to reserve your copy today!!

***Copyright protections require copies of *HFC II* sold internationally include adhesive stickers with a disclaimer regarding *How It Works*. Domestic sales are exempt per the actions of the WSBT and WSOB on 12/4/10 (see Trustee Corner on page 3 for additional details).

We Will Survive

(To the tune "I Will Survive" by Gloria Gaynor)

By Scott 'Evil' P.

Surrey, British Columbia, Canada

At first I was afraid, I was petrified,
Kept thinking I could never live without drugs by my side;
But then I spent so many nights
Thinking how they did me wrong,
And I grew strong, and I learned how to get along.
So I've come back from a hellish place,
Walked in these rooms to find you here with
that smile upon your face,
I've had to change my stupid locks,
And make sure God is the new key,
'Cause I had to learn the hard way,
The obsession would come back to bother me.
I had to go, and try "Just one more,"
Went and burned it down,
And again found myself crawling on the floor.
When we're tired, lonely and feeling dead inside,
Once we crumble, and we're ready to lay down and die,
It might take all the strength we have not to fall apart,
To try to find and keep God deeply entrenched in our hearts,
And what seemed like oh so many nights,
Just feeling sorry for ourselves, where we used to cry,
We can now hold our heads up high.
And what you'll see, is somebody new,
Not that chained up little person you
thought was all of you.
We've got so much life to live but in order to be free,
Make no mistake brothers and sisters,
There is work to be done by thee.
Now if you go and try "once more"
You can turn around now and you too will be
welcomed at these doors,
We'll be here with a hug and with that smile.
I have survived,
You can survive,
We will survive.

We need submissions NOW!

Share your experience, strength and hope for the first C.A. Meditation Book

Wouldn't it be great to have a C.A. meditation book to read each day? We need *YOU* to help make this book a reality! Tap your inner core and put your experience on paper. What has worked for *you* on the road of happy destiny? As shown in the example, the meditation for each day will include three parts:

Quote (optional): Choose a sentence or two from literature approved for use at C.A. meetings (C.A.'s meeting format, pamphlets, HFC or HFC II; A.A.'s Big Book, 12 & 12 or Service Manual). Please cite the source so we can verify the quote. If you choose not to select a quote and your submission is chosen for publication, the committee will find an appropriate quote.

Personal experience (mandatory; this is the part we need you to write!): Focus on the C.A. message of recovery. Share how you apply the Steps & Traditions in your daily life; how you communicate with the Higher Power of your understanding; an experience you found particularly uplifting or powerful; a solution to an issue or character defect you've dealt with, etc. Don't worry about grammar, spelling or punctuation; we have people to help 'polish' whatever you write.

Thought for the Day (optional): Close with a thought to ponder in meditation and/or throughout the day. If you choose not to add a thought for the day and your submission is chosen for publication, the committee will write something appropriate to accompany your personal experience.

Other than cited quotes, each submission must be the author's original writing. Length should be approximately 250 words or less.

In keeping with the 11th Tradition, submissions will be reviewed anonymously and the authors of meditations ultimately selected for the book will be asked to maintain their anonymity. Replies will be sent when the selection process is complete.

Online submissions are preferred. **Each submission also requires a properly executed release** (please use the online submission form available at www.ca.org or the form on page 12). If you are unable to use the online form, you may send your submission(s) and release via e-mail to submissions@ca.org or by regular mail to: CAWSO, Inc., Attention: LCF Committee, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641. For more information, please call 310-559-5833.

February 7

***"What we failed to do alone,
we can do together."
(Tools of Recovery)***

We share our experiences at meetings because it helps us to stay sober. By sharing, we express our love for others who might be having the same difficulties and joys we have had. It helps us all to understand we are not alone and that we have common situations we work through on a daily basis.

Thought for the Day

I will share my experience today so that others may take comfort in the knowledge that others have been there and done that. I will share my experience today in the hope that someone will help me. I will share today to bring us together.

**TRANSFER AND ASSIGNMENT OF ALL RIGHTS,
TITLE AND INTEREST IN ORIGINAL LITERARY WORK
AND ACKNOWLEDGEMENT OF ORIGINALITY**

(This form is intended for original material submitted to Cocaine Anonymous World Services, Inc. and Cocaine Anonymous World Service Office, Inc., and must accompany all submissions in order for such material to be published. All materials submitted become the property of Cocaine Anonymous World Services, Inc. and Cocaine Anonymous World Service Office, Inc.)

With this document, I, the undersigned Cocaine Anonymous (hereinafter referred to as "C.A.") member, hereby grant permission to COCAINE ANONYMOUS WORLD SERVICES, INC., a California corporation (hereafter referred to as "CAWS") and COCAINE ANONYMOUS WORLD SERVICE OFFICE, INC., a California corporation (hereafter referred to as "CAWSO"), their successors, assigns, and those acting on their authority, to publish the attached material entitled or described as follows:

I further acknowledge and agree that:

1. I possess full legal capacity to exercise this authorization and hereby release CAWS and CAWSO from any claims by myself, my successors, and/or my assigns regarding the attached material.
2. This transfer includes the assignment and transfer of any and all claims I may have to United States and foreign copyrights, claims of authorship or origination.
3. I am the author of this work, i.e. this work is completely original and I have not used any third party source(s), in part or in whole, to create this work unless said third party source or sources are given full credit within the body of this work and further that said third party or parties have given written permission for said use, copies of which are attached hereto.
4. CAWS and/or CAWSO may change, modify or revise this work to whatever extent either or both deem necessary. I understand that, if selected for publication, this material will be edited in keeping with C.A.'s understanding of the Twelve Steps and Twelve Traditions. Submissions will also be copyedited to ensure ease of comprehension and adherence to standard rules of grammar and punctuation as well as current CAWS and CAWSO style guidelines. In addition, editorial staff may also substitute different words and/or revise sentence structure for clarification. I further understand that this material may be retitled and/or reprinted in more than one CAWS or CAWSO publication.

Signature: _____

Date: _____

Name (please print): _____

Address: _____

Phone number: _____

E-mail address: _____

Unity

Unity is a common bond that transcends all differences. We've discovered no matter how different our circumstances or the paths that brought us here, we all suffer from the same disease: addiction.

We admitted our lack of power and accepted that we could not recover alone. The strength and direction of our recovery is found in our **unity**.

We are people who might never have mixed. Addiction and recovery are the threads that bind us. We relate to such feelings as grandiosity, insecurity, jealousy, and false pride and are reminded we are all alike. By sharing our experience with other addicts and working the Twelve Steps of C.A., we come to know humility, security, acceptance, and self-worth.

Through applying the Twelve Steps and the Twelve Traditions, we grow in love, tolerance, and respect for each other. This spiritual growth allows us to rise above prejudice, regardless of religion, ethnicity, economic status, age, gender, or sexual orientation, to carry the C.A. message. Though we are different, we are the same. Regardless of the author, we share the same story.

Recovery is possible - together.

Unity preserves our C.A. Fellowship.

Unity preserves our legacy of Hope, Faith, and Courage.

Unity preserves our personal recovery, our reunited families, and our rediscovered dreams.

Tradition One

"Our common welfare should come first; personal recovery depends upon C.A. unity."

Simple steps toward unity include:

- Carrying the C.A. message
- Encouraging the practice of love and tolerance of others
- Sponsoring workshops, activities, and functions that promote unity
- Enhancing communication among members by emphasizing principles before personalities
- Encouraging participation in service by all members
- Encouraging greeters to welcome newcomers at all levels
- Encouraging group inventories

Imagine

By Randy G.
Southwest Regional Trustee and
WSBT Vice Chair
Chandler, Arizona, USA

Imagine a drug addict and alcoholic of the hopeless variety, like me, dreaming of living a life free from the horrors and pain of addiction. It was only eighteen years ago that the dream of such a feat seemed impossible. As impossible as it was for me to imagine it, I couldn't find anyone I was running with who gave my dreams and imaginations any credence, either. Why would they? I was no longer capable of following through on commitments, telling the truth or being a productive member of society.

Then, through a series of events like most of us, I was introduced to the Fellowship of Cocaine Anonymous—a Fellowship of beautiful people holding a recipe for recovery that would change my life. I sat in those meetings early in my sobriety and listened to the stories being told—how lives had been restored, how dreams had been restored, how people who suffered like I did now worked for helping others.

I became willing. Willing to do it someone else's way. Willing to take these Steps. Willing to help others do the same. Willing to serve a Fellowship that was here for me when I needed them. And then, to my amazement, I was given a voice.

At my home group, district, and area, and even on the stage of the World Service Conference, I saw that the members of this beautiful Fellowship were given a voice—a chance to dream—a chance to IMAGINE. People worked with each other to fulfill the dreams and imaginations of each other in creating a Fellowship based on principles and concepts of service that embraced the spirit of service to the addict who still suffers.

Of course, not all of our ideas were feasible, and quite frankly, a lot of them were lovingly set

aside as the old timers taught us about Traditions—what we can and, more importantly sometimes, what we can't do. But throughout it all, we were never discouraged from having that voice.

I was blessed to participate in the explosion of H&I, not only locally, but worldwide. I witnessed people's imaginations and dreams being fulfilled in *Hope, Faith & Courage* and *Hope, Faith & Courage Volume II*. I experienced young kids bringing their voice to our district meetings and creating a Fellowship that attracted more of the same. I felt the power of our international community dream and imagine what C.A. can mean to the rest of the world. All of this because we were given a voice—a chance to dream—a chance to IMAGINE.

Not all of our individual ideas may prove receptive by all, and I had to learn that the ultimate authority truly rests in the group conscience. It is the spiritual nature of this check and balance that keeps us on the path. We are given a voice—a voice to imagine and dream with—a voice that can't be silenced. And yet it is the collective voices of all that direct us.

So dream of what you can imagine C.A. to be. Dream of what you can imagine recovery to look like in the future. Dream of what you imagine the future can hold for the addict who still suffers. Use your voice—fill out a referral form with your dreams and ideas. Be heard and be part of building the future of C.A.

Come join us in Arizona at CAWS 2011 and experience where C.A.'s dreams and imagination have taken our Fellowship today. Come celebrate C.A.'s voice, our Fellowship, our dreams and our imaginations. Come join us at the party!!

Can You *IMAGINE*?

Calendar of Events (continued on page 16)

April 1-3, 2011

Atlantic South Regional Convention

Georgia Area

LOCATION:

Marriott Atlanta Century Center
2000 Century Boulevard NE
Atlanta, GA 30345
(800)-228-9290 or (404) 325-0000

CONTACTS:

Derek F., Chair 404-981-0667
Yolande O., Vice Chair 770-656-0313
Michael W., Outreach Chair 702-340-3582
Barbara L., Registration Chair 678-230-4149

April 1-3, 2011

21st Annual Tri-State Convention

Eye on Recovery

Central Michigan Area C.A.

LOCATION:

Lexington Hotel
925 South Creyts Rd
Lansing, MI
517-323-7100

CONTACTS:

Paula H., Convention Chair 517-488-7133
Dawnette J., Program Director 810-691-1998
Debi F., Registration 517-622-4676
Chris Z., Hotel Liaison 517-881-9193
Steve B., Delegate 810-252-5313

April 8-10, 2011

Pacific North Regional Convention

Serenity Now!

Washington State Area

LOCATION:

Radisson Hotel Gateway Seattle-Tacoma Airport
18118 International Blvd.
Seattle, WA
1-800-333-3333

CONTACTS:

Holden P., Registration Chair, 206-930-0488
Gary P., PNRC Chair 425-239-6319

April 15-17, 2011

21st Ohio Area Convention

Gift of Recovery

LOCATION:

Ramada Hotel and Conference Center
3536 Secor Road
Toledo, Ohio 43606
419-535-7070

CONTACTS:

Ken M., Registration Chair 419-690-2023
Terry D., Area Chair 330-283-4105

May 7, 2011

Back 2 Basics

Sweden Area

LOCATION:

Majorsgatan 5, Östermalm,
Stockholm,
Sweden

CONTACTS:

Mattias V., Chair +46 7 086 743 33

May 26-27, 2011

CAWS 2011 World Convention

WE

C.A. Arizona
Phoenix Arizona
(See article on page 1)



June 17-18, 2011

Lethbridge District Tradition 5 Convention

Southern Alberta Area C.A.

LOCATION:

Loyal Order of Moose Lodge
1401 5th Avenue North
Lethbridge, Alberta T1H 0N1

CONTACTS:

Deanna G., Convention Chair 403-795-7809
Cynthia S., Area Chair 402-605-5099

Calendar of Events (continued from page 15)

July 1-3, 2011

C.A.-Holland South District International Convention

LOCATION:

Bel Air Hotel
Johan de Wittlaan 30
The Hague, NL
+31 70 3525352

CONTACTS:

Edward M., Chairperson +31 61 707 2453
Joost v. K., Treasurer +31 62 465 9057

August 5-7, 2011

2011 Texas Area Convention

Walking Hand in Hand with the Spirit of the Universe

LOCATION:

Marriott Westchase Hotel
2900 Briar Park Rd.
Houston, TX
713-978-7400

CONTACTS:

Vanicia C., Convention Chair 832-368-7129
Brenda F., Registration Chair 832-439-8007
Justine D., Outreach Chair 281-872-9677
Daniel G., Internet Chair 281-299-1675

September 9-11, 2011

The Decade Of Growth

7th Annual Convention

C.A. Scotland

LOCATION:

The Beardmore Hotel
Beardmore Street
Clydbank, Glasgow G81 4SA
+44 (0)141 951 6006

CONTACTS:

Ian M., Outreach +44 (0)773 339 4084
Cathal, Chairperson +44 (0)755 401 2165
Roger, Treasurer +44 (0)780 227 7093
Steven L., Programming +44 (0)798 340 2707
Stef S., Scottish Delegate +44 (0)777 290 9756

September 16-18, 2011

Florida Area Convention

Into Action

LOCATION:

Plaza Resort and Spa
600 N. Atlantic Ave
Daytona Beach, FL 32118
386-253-9935

CONTACTS:

Tonya V., Convention Chair 386-682-9550
Jeannie B., Vice Chair 386-882-8347
R. Omar M., Secretary 386-295-4084
George B., Hotel Liaison 386-682-9340

October 28-30, 2011

23rd Midwest Regional Convention

Stepping out of the Nightmare

Indiana Area

LOCATION:

Wyndham West Hotel
2544 Executive Dr.
Indianapolis, IN
317-248-2481

CONTACTS:

Daphne R., Chair 317-840-7965
Frank W., Vice Chair 317-501-9270
Rodney R., Hotel Liaison 317-332-2956
Gina F., Programming Chair 317-414-3319
Diane W., Treasurer 317-402-3663
Trissy H., Secretary 317-492-7738

Get the word out about your local event! Use the form at www.ca.org/event_form.html to get your event listed both on the web and in the NewsGram, or notify us by mail to NewsGram, c/o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641, by e-mail to newsgram@ca.org, or by fax to 310-559-2554, Attn: NewsGram.