www.ca.org

NEWS GRAM

Volume 23 No. 2

CA World Service Office, 3740 Overland Ave., Ste. C., Los Angeles CA 90034

Fourth Quarter 2006

Help Write The Next CA Book!

Hope, Faith and Courage Volume II is currently being typeset in preparation for sending it to the publisher. We are very excited about having a new book available to help carry the CA message of recovery, in essence, a literary 5th Tradition. This book would not have been possible without contributions from members of the Fellowship who were willing to take the time to write their stories.

We have a longstanding tradition of our literature being written by CA members for CA members. However, *participation* is the key. We have received only a handful of submissions for CA's first meditation book, so we are extending the deadline. Why not take a paragraph or two out of something you've recently

written, such as a journal entry or note to a friend, and put it into the form of a meditation?

What the committee is ultimately working toward is a three-part daily meditation: a from Conferencequote approved literature, followed by a paragraph or two of personal experience, closing with a Thought of the Day. If you're more comfortable submitting only your personal experience, the committee can take it from there. For examples and all the pertinent details, please download the flyer available at www.ca.org. When you e-mail your submission the World to Service Office, please make sure you also print out, sign and have properly notarized the release form so that we have the necessary permission to use your submission. If you are outside the U.S., please contact your Regional Trustee with any questions about completing the release form.

The Literature, Chips & Format Committee is looking forward to working together with members of the Fellowship eager to contribute to this project. LCF is also always looking for committee members to work on our many ongoing projects, as we strive to provide our Fellowship with the literature it desires. It is not necessary to be a Delegate or to be able to attend the Conference in order to participate. If you are interested in joining LCF, please write us at lcf@ca.org or contact the WSO.

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A Gift of Recovery

"Recovery is a gift... that's why they call it the present."
- Anonymous

Dear Fellow CA's -

During this holiday season of thanks and gift giving, many of us will have occasion to recall what our lives before recovery used to be like, how we found Cocaine Anonymous. and experience perhaps a feeling of immeasurable gratitude for what we have found here. As a result, some of us may be moved to give something back or offer to help CA. Some of us will do the important work of supporting a meeting by taking a commitment, or take some time to speak with a new person after a meeting. This year many of our new European Region members are hard at work on new translation projects to make CA's message available to many languages. Volunteer panel members will choose to travel outside of meetings to Hospitals and Institutions to share the CA message, or even just serve a hot meal to someone who doesn't have anyplace or anyone at this time of year. Still others may choose to be of service to CA by making a financial contribution.

As you may already know, Cocaine Anonymous World Services, Inc. depends squarely on the financial support provided by individual members, groups, committees, districts, and areas for its future functioning and well being, such that the hand of CA may always be extended to the newcomer, just as it was to many of us when we first found CA. Your contribution makes it possible to provide CA materials and information to new meetings, support the needs of members who have no nearby meetings, supply *Hope, Faith & Courage* books and other CA materials to inmates, and produce new media and public information messages so critical to making CA known to those seeking a solution.

If a financial "Gift of Recovery" is something you have considered in the past but were not sure about, I urge you to learn more about our World Service Contribution Program at www.ca.org/contribute.html or call us directly and we'll be happy to talk with you about getting started today. It's safe, secure and confidential and may be deducted from your taxes if you choose.

On behalf of all of us at World Services, we would like to take this opportunity to wish you and yours many thanks and much love for all the ways in which you help to CA to grow and flourish throughout the year both here and abroad.

Happy New Year, John B., WSOB Chairperson

Trustee Corner

It is with great pleasure that I have begun my first quarter as the World Service Board of Trustees Chair. On behalf of the entire Board, I first want to thank Cynthia C. and Jackie S., whose years of dedicated service will not be forgotten. They both worked tirelessly for our Fellowship and were an important part of our Board. Their thoughts, insight and hard work will truly be missed. I also realize that I am following in the footsteps of a great Chair and will do my best to continue the great job that Cynthia C. did.

As a Board we are looking forward to another challenging and rewarding year. Please remember that we work for YOU. If there is ever any concern that you have, please contact your Regional Trustee or the WSBT Chair, or feel free to email us through the website at www.ca.org.

As I look back and reminisce about my service at the World Service level, for four years as a Delegate and three as a Trustee, and look forward to the next year in service as the WSBT Chair, I am guided by the words of Dr. Bob in his address to the first international convention of Alcoholics Anonymous:

There are two or three things that flashed into my mind on which it would be fitting to lay a little emphasis. One is the simplicity of our program. Let's not louse it all up with Freudian complexes and things that are interesting to the scientific mind but have very little to do with our actual A.A. work. Our Twelve Steps, when simmered down to the last, resolve themselves into the words 'love' and 'service.' We understand what love is, and we understand what service is. So let's bear those two things in mind.

Let us also remember to guard that erring member the tongue, and if we must use it, let's use it with kindness and consideration and tolerance.

And one more thing: None of us would be here today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to do numerous little kind and thoughtful acts in our behalf. So let us never get such a degree of smug complacency that we're not willing to extend, or attempt to extend, to our less fortunate brothers that help which has been so beneficial to us.*

Dr. Bob died shortly after that talk, but his message still lives in our rooms and in our hearts. In the long form of the Twelve Traditions, the last sentence of the Twelfth Tradition sums it all up:

This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

Thank you for allowing me to be of service!

Tony D. Midwest Regional Trustee/WSBT Chair



RECOVERY IN THE HEARTLAND Kansas City! Here We Come!

The Cocaine Anonymous World Service Convention is taking place May 24-28, 2007 in the heartland of America! That's right, home is where the heart is, and you'll feel right at home when you come to Kansas City, Missouri! We've got the greatest hospitality waiting to "meet & greet" one and all. Marathon meetings to keep you moving, speaker meetings to keep you inspired, dancing to keep you footloose! Oh, you won't want to miss the entertainment either! Did we leave anything out? You bet we did, but save the date (May 24-28, 2007) and come see it ALL! Come early - be of service; come late - be of service. That's right, if you come, you can be of service! And we can be of service to you.

Let us welcome you to the HEARTLAND OF AMERICA... 2007 CAWS CONVENTION COMMITTEE

Service, the Forgotten Art

The World Service Board of Trustees

We have the most interesting service structure known to man, the inverted triangle. Where it all starts is at the top: the groups are in charge. That's where we learn to be of service to our Fellowship. If there are good service leaders in the group (the grateful oldtimers), they are positive, meaningful and ready to participate. They offer the newcomer opportunities to engage in problem solving and to gain knowledge of the specific context of their group's activities and challenges. As a result, service offers powerful opportunities to acquire the habits of critical thinking and spiritual development.

We get off to a good start by learning about the group conscience. We start to hear and want to understand how the structure really works. Now we are ready for our next challenge: Area service. Here we learn how to mix money and spirituality, and to mix with people with different ideas, often people more learned about our Traditions, Concepts and Robert's Rules. At first, we are honored just to hold such a service commitment. We know we can make a difference, taking each challenge head on with Love and Tolerance.

Perhaps we return to our meeting with excitement, but everyone is talking or going

outside during our report. At the next service meeting, there's a lot of debate, voices get loud, and feelings get hurt. The joy of service is gone, we're full of resentment, and the service commitment has now become the service task. Begrudgingly we attend the next service meeting.

Somewhere we have forgotten the art of service; we have forgotten that service treats the spirit. We have forgotten the words of our parent fellowship's co-founder, "For if an alcoholic failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead" (Big Book). Most people have forgotten that service is a full spectrum. It is more than sponsorship. It is more than being a secretary. It is more than a book study. It is more than workshops! Service is Hospitals and Institutions; service is holding a general service commitment; service is being a World Service Delegate. But most of all, service is from the heart. There is a line from the Big Book that says we are to "fit ourselves to be of maximum service to God and the people about us." So, let's not forget this art of being of service to our great Fellowship that has given us more than we can ever give back.

Subscribe to the NewsGram

Subscriptions are being accepted for the NewsGram. For the low price of \$10 U.S. per year, you can receive each copy of the NewsGram before your friends or your group. Simply complete this form and include your credit card information, or enclose a \$10 check or money order (U.S. dollars only) and send to: NewsGram, c/o CAWSO, 3740 Overland Ave., Suite C, Los Angeles, CA 90034. A subscription form is also available for download at www.ca.org.

I have enclosed a check/money order payable to CAWSO

Visa/MasterCard/Discover/American Express #

Signature: ______ Expiration date: ______
Name: ______ Address: ______ City: ______ State: _____ Zip/postal code: ______ Telephone Number: (______) ____ Country: ______ Country: _______

Seventh Tradition Donations January – June 2006

State	Group Name/City	Total
Alabama	A Day And A Life Group	\$100.00
	First Freedom Group - Birmingham	\$149.17
Arizona	CA of Arizona - Tucson	\$735.89
	Saturday Night Live - Tempe	\$431.14
Arkansas	Arkansas Area of CA	\$225.00
Southern	4th Dimension - Los Angeles	\$125.00
California	Anonymous - Dana Point	\$625.29
	Anonymous - Los Angeles	\$600.00
	Anonymous - Van Nuys	\$10.00
	Bagels By The Beach - Malibu	\$60.00
	CA of San Diego	\$750.00
	CALA Long Beach/Compton District	\$1,070.20
	CALA South Central District	\$672.00
	CALA Southbay Beach Cities	\$180.00
	CALA Westside Hollywood	\$705.13
	Cen Cal CA	\$684.25
	Del Mar Men's Thursday Night - Del Mar	\$30.00
	Early Bird Att. Adjustment - Long Beach	\$100.00
	End Of The Line - Ventura	\$15.00
	Foothill District	\$360.00
	Grateful In Granada - Chatsworth	\$50.00
	In God We Trust - Los Angeles	\$15.00
	Inland Empire Area	\$278.28
	Keep It Simple - San Diego	\$15.00
	Monday CA Meeting - San Diego	\$80.00
	One Step At A Time - Los Angeles	\$65.00
	Orange County CA	\$1,000.00
	Recovery In The Desert II	\$82.00
	San Fernando Valley CA	\$1,900.00
	San Gabriel/Pomona Valley CA	\$839.46
	Saturday Serenity - Rancho	¢10.00
	Cucamonga The Sockers Enginites	\$10.00 \$50.00
	The Seekers - Encinitas Thursday End of the Line - Ventura	
	Thursday We Will Rock You - Fontana	\$15.00 \$70.00
	WSOB Meeting - Los Angeles	\$70.00 \$81.00
Northern	CA Northbay Service Group - San	\$81.00
California	Rafael	\$97.50
Colorado	Coconuts - Denver	\$80.00
	Colorado Area	\$1,594.95
	Denver Area	\$19.00
	Denver District	\$1,173.88
	Denver District Meeting	\$156.26
	Denver District PI	\$228.95

State	Group Name/City	Total
- 14.0	Hope, Faith & Courage - Pueblo	\$30.00
	Nirvana - Denver	\$249.49
	The Other Meeting - Denver	\$65.00
Florida	Changed Attitudes - Stuart	\$138.15
. 101144	Florida Area Convention '05	\$4,150.00
	Ft. Myers District	\$1,100.00
	Mayhem To Miracles - Delray Beach	\$100.00
	Sarasota PI	\$5.75
Georgia	Cocanut's - Lilburn	\$394.00
5.501 g.u.	Last Straw - Lawrenceville	\$141.65
	New Life Group - Woodstock	\$23.54
	Spiritual Awakenings - Doraville	\$99.65
	Today's Hope	\$82.90
	Tucker Turtles - Tucker	\$142.00
	Westside CA	\$25.00
Illinois	Forever Free Meeting - Bloomington	\$10.00
	Fresh Start - Rockford	\$651.00
	Friday Night HFC - Normal	\$30.00
	Illinois Area	\$5,800.00
	Northwest Suburban District	\$2,262.83
	South & West District	\$550.96
Indiana	Fort Wayne CA	\$114.95
lowa	CA District 1	\$30.00
Kansas	Anonymous - Wichita	\$10.00
	Rock Bottom - Wichita	\$25.00
Michigan	Saturday Morning Alive - Lansing	\$84.00
Missouri	Come And Get It - Wentzville	\$130.00
	Friedpipers & Cocanuts - St. Louis	\$95.00
	Men's Group - St. Louis	\$153.50
	The End Of The Line - St. Louis	\$64.00
	Working With Others - Kansas City	\$40.00
Nebraska	CA of Nebraska	\$312.30
Nevada	CA of Nevada	\$20.00
	Raw & Uncut - Las Vegas	\$25.00
New Mexico	Santa Fe CA	\$9.00
New York	CA - NY Sunday Serenity Meeting	\$60.00
	Sober Toast - Massapequa	\$135.00
New Jersey		\$25.00
Ohio	Akron CA District	\$300.00
	Another Way - Akron	\$50.00
	Canton District	\$300.00
	NEODCCA - Cleveland	\$200.00

Have questions about how to handle your group's 7th Tradition? See the 7th Tradition pamphlet (available at www.ca.org/literature/the7thtradition.htm) and the Financial Guidelines for Groups, Districts and Areas (available at www.ca.org/service/wscfinance.htm), or contact your Regional Trustee.

State	Group Name/City	Total
Oklahoma	End Of the Line - Tulsa	\$108.00
	Freedom For All - Tulsa	\$178.59
	Freedom From Bondage - Tulsa	\$50.00
	Oklahoma Area	\$485.37
	Sunday Night CA - Oklahoma	\$100.00
	The Rock Stops Here Group	\$100.00
Oregon	CA of Oregon & SW Washington	\$1,250.62
Pennsylvania	CA PA/NJ/DE	\$367.49
	Moon Friday Night - Moon TWP	\$83.90
Tennessee	Natural High Group	\$30.00
	Tennessee Area CA	\$250.00
Texas	Circle & Triangle - Austin	\$25.00
	Fourth Dimension - San Antonio	\$200.00
	Recovery Text - Austin	\$75.00
	Step Sisters - Austin	\$206.00
	There's Hope Without Dope - Abilene	\$100.00
Utah	CA of Utah	\$2,000.00
	Iris Group - Salt Lake City	\$31.70
	Speed Bumps - Clear Field	\$31.40
	Utah Central District	\$2,223.67
Washington	Return to Sanity - Spokane	\$20.00
Wisconsin	A Vision For You - Milwaukee	\$91.60
	First Things First - Milwaukee	\$235.00
	Friday Night Uncolas - Milwaukee	\$122.00
	Lets Stay Together	\$30.00
	Razors Edge - Big Bend	\$125.00
	Sunday Night Strength - Milwaukee	\$250.00
CANADA		
Alberta	Northern Alberta Area	\$500.00
British		
Columbia	Not Dead Yet - Penticton	\$66.35
Ontario	4th Dimension Group - Toronto	\$75.00
	CA Southern Ontario Area	\$1,000.00
United		
Kingdom	CA UK Area	\$9,082.00
Online	HFC On-Line	\$61.00
Birthday	Come Alive - Redondo Beach	\$286.00
	Anonymous - Los Angeles	\$20.00
H&I	CALA South Central District	\$1,000.00
World Con-		
tribution	World Contribution Program	\$9,678.00
	Total	\$64,302.71

The NewsGram presents experiences and opinions of Cocaine Anonymous members. The opinions expressed herein are those of the individual contributors and are not to be attributed to or to be taken as endorsed by either Cocaine Anonymous or the NewsGram.

UNITY WORKS - IT SAVES LIVES! By Joe A. San Diego, California USA

I can remember how hard it was walking into my first CA meeting. It felt like the hardest thing I had ever done. It seemed to be the longest hour of my life. As others talked and the meeting went on, I couldn't understand a word that was said. My fears, the pain that I felt and the shame I walked in seemed to cover me like a wall of darkness, letting nothing in or out. I didn't feel a part of; I felt doomed and all alone. Then, like a ray of light breaking through the darkness, I saw the smiling face of another member from across the room. They said hello, asked my name, and gave me a hug and a cup of coffee. I was given phone numbers to call when I needed help or just felt alone. I was given a ride home after the meeting and was offered a ride to the meeting the next day. That ray of light gave me hope and made me feel a part of.

related material that you would like considered for publication in a future issue of the NewsGram, send it and the completed release form below to: NewsGram Editor, c/o CAWSO, 3740 Overland Ave., Suite C, Los Angeles CA 90034. We cannot publish your submission without a
release form.
Name: Phone:
Address:
City: State:
Country: Post/Zip Code:
I hereby give CAWSO and the NewsGram express permission to reprint my original work entitled:
Signature
Submissions may be edited for publication. Submissions

cannot be returned.

The NewsGram is always looking for submissions. If you have ideas, cartoons, poems, stories or any other recovery-

DID YOU KNOW?



Cocaine Anonymous just celebrated its 24th birthday! The first CA meeting was held in November 1982 in Hollywood, California. Why not celebrate 24 years of the Fellowship that helps us stay sober 24 hours at a time by contributing to World Services?



AUTHORIZATION FOR DIRECT PAYMENT (ACH DEBITS)

YES! As a member of CA, I want to participate in the CA World Services Contribution Program to help keep CA World Services going strong!

Cocaine Anonymous World Service Office, Inc. 3740 Overland Avenue, Suite C Los Angeles, CA 90034 (310) 559-5833 cawso@ca.org

As part of my 7th Tradition contributions to Cocaine Anonymous World Service Office, Inc., I authorize Cocaine Anonymous World Service Office, Inc. (CAWSO, Inc.), to initiate variable entries to my account described below:

Type of Account: ☐ Checking ☐ Savings ☐ Credit Card ☐ Debit Card
Credit Card or Debit Card Name:
Account Number:
Expiration Date:
Financial Institution's Name:
Financial Institution's Address/Branch:
f using a checking account, please include a voided check; if using a savings account, please include a deposit slip.
PAYMENT DETAILS:
Amount in U.S. Dollars: \$
Date of first payment:
PAYMENT FREQUENCY:
☐ Monthly ☐ Annually ☐ One-time basis
Effective date:/(MM/DD/YYYY)
This authority is to remain in full force and effect until CAWSO has received written notification from me of its termination in such time and manner as to afford CAWSO a easonable opportunity to act on it.
Name:
Name:(Please print name as it appears on the account)
Signature: Date:
Address:
Country:
Daytime Phone: Evening Phone/Cell:
PLEASE MAKE A COPY OF THIS COMPLETED FORM FOR YOUR RECORDS

(The complete World Service Contribution Program brochure, which includes this form, is available for download at www.ca.org/service/wscfinance.htm.)

Calendar of Events

January 20-21, 2007 Missouri Area Annual Unity Workshop We Are Not A Glum Lot—We Absolutely Insist on Enjoying Life!

Greater Missouri Area
Holiday Inn Select
2200 I-70 Drive Southwest
Columbia, Missouri 65203
800-315-2621
(ask for room block for 'CA')
Vicky M., Area Unity Chair
314-846-2346
Geoff H., Area Unity Co-Chair
913-207-4356

February 2-4, 2007 11th Annual CAWA Convention Happy, Joyous and Free

Wisconsin Area
The Hilton Milwaukee City Center
509 W. Wisconsin Avenue
Milwaukee, Wisconsin 53203
800-HILTONS
414-271-7250
Jim R., Registration
262-370-5637

February 22-25, 2007 15th Annual SGPVCA Convention Drop the Rock

San Gabriel/Pomona Valley Area Four Points by Sheraton-Ventura 1050 Schooner Drive Ventura, California 93001 805-658-1212, press 1 Rhonda J., Convention Chair 626-285-5766 Annie M., Vice Chair 626-444-2062 Julian N., Outreach 626-353-9496

February 23-25, 2007
Pacific North Regional Convention
A New Freedom!

Vancouver Hilton 301 West 6th Street Vancouver, WA 98660 360-993-4500 Matt 503-341-8418 info@caoregon.org March 2-4, 2007 2007 Illinois Area Unity Convention Through Change Comes Freedom

Westin Hotel
400 Park Boulevard
Itasca, Illinois 60143
630-773-4000
Kim S., Convention Chair
847-437-9757
Greg G., Registration
630-709-9428
Brian T., Information
847-323-9214

March 23-25, 2007 TACA Convention

Rocketed into a Fourth Dimension

Tennessee Area
Holiday Inn Memphis
2490 Mt. Moriah Road
Memphis, Tennessee 38115
(901) 362-8010
Regina J., Convention Chair
901-643-4149
Patricia H., Registration Chair
901-650-7405

March 30-April 1, 2007 Oklahoma State Area Convention Willingness is the Key

Hampton Garden Inn 1905 S. Meridian Oklahoma City, OK 73108 (405) 682-2080 Kathrine H., Convention Chair 405-773-8299, 405-229-2401 Melissa L., Registration 580-214-0413

> April 13-15, 2007 CA UK 15 Reaching Out

The Hilton Brighton Metropole 106 Kings Road, East Sussex Brighton, BN1 2FU England +44 (0) 1273 775 432 Julie P., Convention Chair +44 (0) 7802 776 774 Jason L., Registration +44 (0) 7792 063 165 April 27-29, 2007 2007 Atlantic South Region and Florida Area Convention

A Vision for You
Clarion Hotel
12635 Cleveland Avenue
Fort Myers, Florida 33907
(239) 936-4300
Tammy C., Convention Chair
239-810-8872
Joan, Vice Chair 239-823-9232

May 24-28, 2007 23rd Annual CA World Service Convention

Recovery in the Heartland

Kansas City, Missouri
Westin Crown Center
One Pershing Road
Kansas City, MO 64108
816-474-4400 or 800-368-7764
www.cawsconvention.org
Kay C., Chair
314-369-3581
kaycmo@yahoo.com
Harriett W., Vice Chair
913-342-0932
Whitesrory@aol.com

October 5-7, 2007 2007 PA-NJ-DE Area Convention Fall Into Faith

CA PA-NJ-DE
Doubletree Club Hotel
9461 Roosevelt Blvd. (US Route 1)
Philadelphia, Pennsylvania 19114
(215) 671-9600
Esther B., Chair 267-825-0894
George F., Vice Chair 215-715-4042

November 2-5, 2007 25 Years of Cocaine Anonymous Cruise Celebrate 25 Years of CA

Los Angeles - Ensenada, Mexico Royal Caribbean's *Monarch of the Sea* Boarding/Returning Los Angeles, *CA* Ca2007@valleytravelgroup.com 866-465-3556 Carla S., Event Chair 818-903-3396

If you are having a Regional, Area or District Cocaine Anonymous event, please let us know so we can list it in the NewsGram. Notify us by mail to NewsGram, c/o CAWSO, 3740 Overland Ave., Suite C, Los Angeles, CA 90034, by e-mail to newsgram@ca.org or by fax to 310-559-2554, Attn: NewsGram.