

Coping With Illness In Recovery

By Susan D., Miami, Florida

The disease of addiction can be full of ups and downs. By the time jobs, money, loved ones, and self esteem have been lost, most of us are pretty beaten up. Life in recovery can be stressful, especially if an addict has no foundation, friends, support or program. In recovery, many of us are finding more to deal with than drug addiction. It is true that if we stay clean and sober, we believe all aspects of our lives can and usually do get better. However, there are those who learn that they or their loved ones are diagnosed with other illnesses, whether a result of their addiction or not. We want them to know they are welcome in Cocaine Anonymous.

We remind you that a Cocaine Anonymous meeting is not just a place to talk about "cocaine and all other mind altering substances." A meeting is for you to discuss your recovery. When a physical or emotional illness, or diagnosis, even a symptom, begins to affect your sobriety and recovery, it is important to know you can share your thoughts and feelings here. We care about you. When someone you love becomes emotionally distraught, or physically ill, you have others to lean on and a place to share your fears in Cocaine Anonymous.

If you have been diagnosed with a physical or emotional illness, you need to know you can feel safe in Cocaine Anonymous. Most of us know someone, a friend, sponsor, sponsee or relative, who has a serious chronic, or even terminal illness. We find ourselves wondering, "How do I work my program with him so sick?"; "What will I do to stay clean if she dies?"; "When will all this sadness and stress go away?". Those of us who have had this experience know that the program teaches us to regard these fellow addicts with un-

derstanding and respect. "The only requirement for membership is a desire to stop using . . .," goes a long way when we attempt to make new members feel welcome in our fellowship. In fact, besides coping with addiction as a disease, many of us have had to work very hard to stay clean and sober after learning we too have an additional illness. We find that addiction is no longer the only disease we have to cope with "one day at a time." Besides Cocaine Anonymous, we realize there will be new support groups to join, different sets of meetings to attend. We see life becoming more complicated.

When faced with a chronic or terminal illness, it is possible to develop and maintain a program of recovery designed for living "one day at a time." Chronic physical or emotional illness can affect anyone. Compassion, empathy and love are often the best help in attaining the spiritual healing we all need. Coping with illness in recovery means working the Twelve Steps of Cocaine Anonymous and "practicing these principles in all our affairs." It means sharing with others when we hurt. It means acknowledging that seeking a Higher Power can help relieve the stress that is such a large part of many illnesses; stress can hold us back and prevent us from keeping a conscious contact with our Higher Power. Stress can cause someone teetering on the brink of a relapse to think about going right over the edge. Stress can make a big difference in how somebody feels about his or her life. We can choose to allow negative feelings and stress to bring us down, or view the situation as a call for our own spiritual growth.

In Cocaine Anonymous we use the Twelve Steps of Recovery because we know they work. However, sometimes

Cocaine Anonymous: One Member's Gratitude

By Thomas H., Austin, Texas

When most of us got to Cocaine Anonymous, we had nowhere else to go. This was actually good, because if we had other places to go...most of us would have. We crawled into these rooms defeated and in search of relief. This fellowship has saved our lives. We got here in trouble. I mean trouble. We were in trouble with our addiction, for beginners, but we had more troubles than that. We had cocaine troubles. We had run out. We had money troubles, feeling troubles, loving and trusting troubles, emotional troubles, sexual troubles, marital and relationship troubles, family troubles, health troubles and staying sober troubles. So you see, we had troubles.

What is clear to us about trouble is that we want out of it immediately. It's a human instinct. It's an animal and rodent instinct too. The rat who gets slapped behind the neck by a rat trap doesn't want the cheese anymore. He wants out of the trap. We will do anything to get out of trouble. The question is... what are we willing to do to stay out of trouble? If we get out of one of our troubles, what do we do with the rest?

Cocaine Anonymous taught us, through its steps, how to work through our troubles and learn how to live. We've got what we've gotten because of the work we've done in Cocaine Anonymous. Because of this work, we have something to pass on gently. Sponsorship and sober friendships are holy in this fellowship. We must all find our own serenity and peace in this fellowship of people trying to be better people. Through the steps of this fellowship, we practice these princi-

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A Note From the WSO

As usual, things are hectic at the office this month, we are preparing for the 1996 World Service Conference.

We have word that a Delegate from the London C.A. Fellowship will be attending this year! The England area is truly growing and prospering, we continue to wish them well! We are truly an international fellowship. Meeting Starter Kits have been sent recently to: Hawaii, Costa Rica, Netherlands Antilles (Dutch West Indies), St. Thomas (Virgin Islands), Australia, Mexico, West Africa and Canada (Nova Scotia, Thunder Bay, Ontario, British Columbia). We pray for their growth!

The World Service Convention in Atlanta, Georgia was a huge success. The proceeds from that convention fund the World Service Conference. Next year's convention will be in Denver, Colorado on Memorial Day Weekend. Hope to see you there!

Three new Public Service Announcements are now available! The World Service Conference Public Information Committee has just completed the project. Pricing and ordering information is available on the new order forms, please look for it, or contact the WSO for more information.

The Conference P.I. committee has also completed revision of our Web Page! Visit us at: <<http://www.ca.org>>. This page will directly link to the WSO's E-mail! We have received information requests from various members and organizations. We are working on getting a meeting "online". We will update you further. If anyone has experience in this "cyber jungle", let the office know! You may E-mail us at: Tradition8@aol.com.

The recently approved pamphlet, "A Guide To The Twelve Steps" has been edited and is available to the Fellowship.

The office just completed the second printing of "Hope, Faith & Courage". The First printing of the first edition was completed early in 1994. That means we sold nearly 35,000 copies in two years! Check out the new cover of the paperback edition.

The World Service Office Board of Directors has approved the WSO to begin accepting VISA and MasterCard for chip and literature orders. This is for a one year trial period. Look for new order forms with credit card information on them.

With great regret, we must inform you of a recent decision made by the Office Board of Directors. After nearly ten years without a price increase, we have found it necessary to adjust our pricing structure. Effective October 1, 1996, the price of the plastic chips will be \$.35 each. The metal chips, or medallions, will be \$2.00 each. All other prices will remain the same. Our manufacturers prices have increased, forcing us to pass those costs on to the fellowship. Our Shipping and Handling Fee Schedule has also been reevaluated. Our carriers have increased their prices numerous times in past years. In an effort to remain fair to

all who order from us, our shipping and handling will now be based on a percentage of your total order. These increases were absolutely necessary. The WSO has been subsidizing dollars actually lost on shipping for nearly a year. We appreciate your understanding and hope this will not be an inconvenience to your groups. We here at the WSO are always looking out for the group's best interest. Please look for new order forms reflecting these changes.

As always, we are here to be of service to the Fellowship. Please contact us if you have any questions.

- K.D.

Where to Write:

CAWS, Inc., Board of Trustees, P.O. Box 492013, Los Angeles, CA 90049-8013

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The NewsGram presents experiences and opinions of Cocaine Anonymous members. The opinions expressed herein are those of the individual contributors and are not to be attributed to nor taken as an endorsement by either Cocaine Anonymous or the NewsGram.

Calendar of Events

August 17, 1996

"Sunlight of the Spirit"

St. Louis District 2nd Annual Banquet

Holiday Inn Convention Center, St. Louis, Missouri. For more information call Harriet C. (314) 524-2800.

August 22, 23, 24 & 25, 1996

"Keys to Freedom"

Cocaine Anonymous Los Angeles 12th Annual Area Convention

Stouffer Esmeralda Resort, Indian Wells, California

For information contact the CALA Office (310) 216-4444 or (310) 216-7729

August 28-September 1, 1996

C.A. World Service Conference - C.A.'s Annual Business Meeting

Radisson Hotel, Manhattan Beach, California

For more info call the World Service Office 310-559-5833

September 12, 13, 14 & 15, 1996

Central California Area BIG SUR-enity '96

Ventana Campground, Big Sur, California

For more information contact: (800) 357-1488 or (805) 969-5178

September 13, 14 & 15, 1996

West Tennessee Chapter Cocaine Anonymous 5th Annual Area Convention

Holiday Inn, Memphis Airport I-55 Graceland, 1441 E. Brooks Road, Memphis, TN

For more information call Janice J. (901) 789-1510 or (901) 725-5010

September 13, 14 & 15, 1996

2nd Annual Nebraska State Convention

Mahoney State Park, Ashland, Nebraska.

For information contact Rick R., (402) 397-7812 or (402) 341-4959

September 26, 27, 28 & 29, 1996

Recovery in the Rockies VII at Snowbird "A New Kind of High" (11,000 feet!)

For room reservations call (800) 453-3000

For convention information call Jerry M., (801) 973-8961, Scott J., (801) 524-0052 or Hal L., (801) 485-0230.

If you are having a Regional, Area or District Cocaine Anonymous Event, please let us know! We can list your event in the NewsGram. Submissions should be made in writing, as soon as you know the date and location. Deadline for submission is 30 days prior to the publication of each NewsGram. Publications dates are: February 1, May 1, August 1 and November 1. We will publish up to a year in advance, and continue the listing until the event. Submissions will be published at the discretion of the editor and/or the World Service Office Board of Directors. Submissions should be made to:

ATTN: The NewsGram
c/o CAWSO, Inc.
3740 Overland Avenue - Suite C
Los Angeles, CA 90034-6337
(310) 559-2554 FAX

October 4, 5 & 6, 1996

"Having Had a Spiritual Awakening as the Result of These Steps"

4th Annual Colorado State Convention

Cherry Creek Inn Hotel, 600 South Colorado Blvd., Denver, Colorado

For reservations: (303) 757-3341

For more info: Matt (303) 759-3811, Larry (303) 744-6335 or Jay (303) 777-0874

October 4, 5 & 6, 1996

Discover Recovery on the Treasure Coast

Florida Area Cocaine Anonymous' Convention

Courtyard by Marriott - Oceanside, 10978 S. Ocean Dr., Jensen Beach, FL 34957

For more info call Dominic M. (407) 220-3500

October 25, 26 & 27, 1996

"Keeper of the Promises"

1996 Southwest Regional Convention

Harvey Hotel, 549 S. Rock Road, Wichita, Kansas

For more information contact: Bruce O. (316) 722-2858

January 25 & 26, 1997

"Steps to Serenity"

5th Annual European Convention

The Ashburnham Centre, Tetcott Road (Off Kings Road), London SW10 England

For information, contact Steve S. 44 (171) 284-1123.

May 23, 24, 25 & 26, 1997

"We Carry This Message"

13th Annual Cocaine Anonymous World Service Convention

Hyatt Hotel-Downtown, 1730 Welton Street, Denver, Colorado. Reservations: (303) 295-1234 or (800) 358-5593.

For convention information: Jay (303) 777-0874 or Hugh (303) 722-8054

August 29, 30, 31 & September 1, 1997

"Laissez le' bon Temps Rouler" ("Let the Good Times Roll") Recovery on the River

New Orleans District Convention

Best Western Landmark Hotel, Metairie, Louisiana (800) 277-7575

For more information, call (514) 457-5653

This prayer is often called "The Set Aside Prayer". Many members use it before embarking on the Twelve Steps.

"God, please set aside for me everything I think I know about C.A., A.A., the Twelve Steps, recovery, The Big Book of Alcoholics Anonymous, and especially you God, for an open mind and a new experience."



I Love the Smell Of H&I in the Morning

Dave R., Phoenix, Arizona

One thing I know for sure is that Hospitals & Institutions have a very distinct smell. I can't help but think every time I walk into my H&I commitment locale that I have walked into a time warp.

First, I should explain about myself. I am the kind of addict that had to go to treatment once for his fiancée, once for his boss, once for his business partners, a few times for himself, once for my wife, once for my son, and a few more times just for the fun of it.

I never really thought that as much time as I spend in treatment facilities, I would ever voluntarily go back without the promise of detoxing, or the threat of overdosing. I also never thought that my 15 trips to various sordid institutions could possibly help anyone. Somehow my Higher Power has delivered me to the place that I needed to be to best serve Him.

In fact, the most rewarding thing that could have happened to me besides my getting sober, was getting this commitment. When I go back to my H&I meeting each week, I see the same thing over and over...

Me.

I watch the faces to see how I looked, the bodies to see how I felt, and the eyes to see my fear. I see the despair, the hopelessness and the shame. I smell the sweat, urine and vomit. My H&I commitment helps me to stay grateful, to stay teachable, to be of service and to do God's handiwork. I know that if I ever forget where I came from, I will be right back where I started; if not dead - in treatment for the 16th time.



(Coping With Illness, continued from page 1)

physical pain or emotional weakness, or even the hint of a serious life-threatening illness can tip the scales in favor of our addiction. Come to Cocaine Anonymous and share with other recovering people. Let someone know how you feel. Talk with someone about every aspect of your recovery, including physical and emotional symptoms and illnesses. Step One says we were "powerless over cocaine and all other mind altering substances." Many recovering addicts have concerns about prescribed medication for the stress, pain or symptoms of an illness. We suggest you discuss this with your doctor and your sponsor. Your concerns are important, necessary and well founded. We continue to recommend the steps as a road to recovery from addiction.

We hope you know Cocaine Anonymous is here for you, whether you are coping with chronic illness or not. We are a fellowship of men and women who have lived as many of you have and we understand that your needs are valid. Share these needs with us; we will be here for you.



Dear C.A.;

First, I would like to thank you for the work you are doing. I am trying to recover one day at a time and believe me, it's hard. I've been trying to get active in the program. I have a sponsor, and have done an inventory. But, sometimes the obsession comes back. I pray and am seeking a Higher Power that I call God. It's nice to know that I can open your newsletter and see myself.

I am writing because of my obsession to use. My pride won't let me tell my sponsor. I don't want to go back to that lifestyle again. Before I found C.A., I didn't have any hope. I didn't have anything. I have family problems, relationship problems, and I was smoking all the money up. It took me a long time to get to the point to say I needed help. But I need help. I am sitting in our meeting hall writing this letter. I have \$15.00 and the desire not to use. Believe it or not, you helped. I can't do this alone. I tried, but it didn't work. My pride always fools me.

God has given me two months sober. Most of all, he has given me today, and some good people like you. Don't give up the faith. There are people who need you just to listen. If no one told you today, let me be the first. I love you. May God be with you.

Don K.

Kansas City, Kansas

Editors Note: We received this letter at the WSO from a member of the fellowship who read the NewsGram. When we open mail like this, it makes all our hard work worthwhile. We hope we have touched other members with our newsletter. This is one of the many things your donations to the World Service Office goes toward, keeping the NewsGram on the tables at meetings. Member contributions are priceless, when an addict identifies with the feelings, and is able to stay sober one more day. Hopefully, just one addict will read and identify, and stay free from cocaine.

The Cocaine Anonymous World Service Convention Committee

May 23 - 26, 1997

Denver, Colorado

is looking for:

Workshop Facilitators

and

Marathon Meeting Chairs and Moderators

For more information, call Jay F. (303) 777-0874

or Susan (303) 722-8054



(Gratitude, continued from page 1)

ples in our lives and we can usually live functional lives. It's as simple as that.

Cocaine, crack, alcohol and other mind altering substances are the problems. Sobriety is the initial solution. The steps solve the living problems. Anything is possible in sobriety. Nothing is possible if we use. Cocaine Anonymous has taught us how to mend our troubles and live a life that we can be proud of. We are not our disease. We are not our troubles. We are not the bad we've done. We are now our shame. We are who we've become in our sobriety. In our days, on earth there has been nothing that most of us could absolutely count on until now. We can count on Cocaine Anonymous to be there every day and night. Wherever we are, Cocaine Anonymous is there too. It's in us. We carry it everywhere we go. For this frame of mind, the attitude adjustment and this change, we are grateful to Cocaine Anonymous and its members. We are family. If we stay clean and sober...we stay free. This is our fellowship. We are a friendly fellowship.



No Shame

Ruby L.

Ogden, Utah

You are you.

I am me.

*Who is to say,
what we should be?*

*People judge,
people curse.*

*And though their
words may be rehearsed,*

*have no shame.
Have no tears,*

*for in God's arms,
there is no fear.*

*Don't be hurt,
just be free,*

*to be the person
you were meant to be.*

*We had a problem
we overcame.*

*In this knowledge
should be no shame.*

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The C.A. Logo – Our Legacy

By Bob L.

It was March of 1987. The third annual Cocaine Anonymous World Service Convention. A motion was presented by a Delegate from New Mexico to the Conference floor. That motion was to accept an official Cocaine Anonymous Trademark/Logo developed by the Los Angeles Fellowship. The motion passed by an overwhelming majority. The group conscience had spoken.

Shortly after that, the World Service Office produced medallions, or "metal chips" using the new logo.

In April of 1990, the logo was registered in Washington, D.C. with the United States Patent and Trademark Office. By registering, no other individual or organization may use the logo.

The intention of the CA fellowship, communicated through that group conscience, was to use the logo on all C.A. literature and publications. In doing so, the logo is kept consistent throughout the C.A. fellowship. There have been instances where the approved logo was not used. In our World service manual, it is stated that permission to use the logo is granted only to a C.A. Group, for purposes of organizing and operating a regularly scheduled C.A. meeting, or by a Cocaine Anonymous District, Area or Region. If a group wishes to use the logo for purposes other than the direct function of their meetings, they must obtain permission of their Area/District Service Committee.

When using the logo, it is important to note that only the official logo should be used. The Conference has not approved the use of variations of the logo. Many have been seen on printed materials, and memorabilia.

Our logo, like our Twelve Steps, should only be changed by group conscience of the Conference. Remember, it is our legacy. It belongs to the Fellowship as a whole. It belongs to the groups. It is protected by the World Service Office, as commissioned by the World Service Conference.

When an Area, District or Group wishes to use the logo, they should contact the WSO and obtain, free of charge, the approved logo. In that way, we as a fellowship will be following our first and fourth traditions in keeping our fellowship spirituality unified.

The NewsGram is always looking for submissions! If you have ideas, cartoons, poems, stories or any other recovery or service related material that you would like considered for publication in future issues of the NewsGram, please fill out the form below and forward with your original work to: NewsGram Editor, c/o CAWSO, Inc., 3740 Overland Avenue - Suite C, Los Angeles, CA 90034.

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Tradition One – Unity

By Chris P., Trustee at Large
Tulsa, Oklahoma

In recovery, it took some time for me to understand why the need for unity was so great in our fellowship. While listening to "How It Works," I heard the word "we" at the beginning of the first step. I had never heard it quite like this. It became clear to me why we must unify. As a person who traditionally thinks from the perspective of "me," both consciously and unconsciously, it has been a challenge to think in terms of "We" when relating to "Our Common Welfare."

Tradition One: Our common welfare should come first; personal recovery depends on C.A. unity.

In Step One our *individual* problem is set out. In Tradition One, we find our *collective* problem explained. There are many places in the Big Book and Twelve and Twelve where self-thinking and selfishness is identified as the problem in our personal recovery. Therefore, it's no surprise to see that our collective problem is the same, and that disunity is a symptom of that problem.

While listening to a tape a few years back, I realized that I ought to seek out where my ego could be invested in each tradition. The result of this discovery was that each time I did this, I began to live in the solution of the tradition, instead of the problem. In the first tradition, as long as the focus remains on "me," I'll miss the "we." I will not know unity. Subsequently, I will miss one of the three legacies in my recovery. I would be incomplete in my personal recovery and in danger. After all, it was in Cocaine Anonymous that I discovered what we can't do alone, we can do together. Tradition One's closing in the Twelve and Twelve, sums it up best. It states, "Thus has it been with C.A. By faith and by works we have been able to build upon the lessons of an incredible experience. They live today in the Twelve Traditions of Cocaine Anonymous, which—God willing—shall sustain us in unity for so long as He may need us."



Tradition Two – Leadership

By Chris P., Trustee at Large
Tulsa, Oklahoma

In the Steps, our solution begins in Step Two. Similarly in the Traditions, the solution begins with Tradition Two. While I am sure there will be those with different views, I am equally sure that what I share is from my experience. It is my sincere desire that the results will be passed on, as we do in C.A. It is my *Hope, Faith and Courage*.

Tradition Two: For our group purpose, there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

There is a great deal to digest and put into practice in Tradition Two. It points out that it is for our group purpose. Our objective is to preserve unity so that we all maintain our individual recovery from a "seemingly hopeless state of mind and body." Therefore, we have only one ultimate authority - "A loving God as He may express Himself in our group conscience." We find points to consider:

1. The Tradition states "He may express Himself." I have found that we must be aware of the council of fear and resentment in our conscience. I have experienced them first hand at all levels of service, both as a witness, and as a participant.
2. "Our group conscience." This activity at all levels, can be one of the most intimidating for our individual members. First, in laymen's terms, we are talking about constructive confrontation of the principles. I had virtually no experience at disagreeing without being disagreeable. Therefore, fear was most often my founda-

tion in these meetings. I felt that my opinion didn't matter and later, that my participation was *all* that mattered. By continuing to participate in group consciences' at various levels of service, I find that *everyone's* input is important. It's important to ensure that the group conscience is informed so all sides of an issue may be considered. It is through this process that God can and will express Himself, and subsequently, unity is preserved.

Once our conscience is reached, we find that "our leaders are but trusted servants; they do not govern." No matter the level, our trusted servants are those people in whom we place our faith to do our chores, to ensure that our conscience is followed. This is where our leaders are asked *with love and out of love* to help fulfill the direction the group conscience has chosen. Often this process is viewed as political, authoritative and abusive. If this is the case at your group, district, committee or area level, then you may want to look at your group conscience and your trusted servants. Again, our leaders are meant to aid us in fulfilling out the group conscience, no matter what level of service they are at.

In summary, we find that our first solution toward maintaining unity is to seek direction of God through balanced, informed exchange. Upon receiving this direction, we ask our trusted servants to see to it that we follow the group conscience. It is here that I have experienced the principle of Hope in the recognition that no personality is in charge.



I Sometimes Forget

By the C.A. World Service Conference Unity Committee

I sometimes forget that I am not as unique as I once thought. Learning how to adapt to all situations while being active was the norm. To become one with my inner being was a task in a different direction. While living under the influence of Cocaine and other mind and mood altering substances, my sense of reasoning became a life of hopeless desires. My purpose and aim in life were set on destruction of self and whoever else I could drag along.

Life had no meaning before I began to realize that we all have a place in the society we share with all of God's creatures. Coming into Cocaine Anonymous was the relief my mind, soul and body had been seeking throughout its existence. This fellowship had taught me how to first like myself in hopes that someday I will learn to love and forgive myself. It constantly reminds me that my tolerance of others begins with my tolerance of self.

To be at peace, brings the freedom of not having to decide where I belong. Just knowing that I belong is sufficient today for me and my Higher Power. For it is by God's grace and mercy that I have been saved from death, institutions, and prison. Because I have been saved, I don't have the right to allow any type of prejudice envy or insecurity to prohibit me from carrying the message to those who still suffer. It's more important to help save someone's life that to allow self perception to destroy both our lives.

If the forefathers of the fellowship did not seek the counsel of a Higher Power to inspire the steps and traditions where would this fellowship be? With peace comes spirituality and it is the spirituality of the 12 Steps and 12 Traditions that governs my life. We all are bonded by the stripes we bear from our active addiction.

PSA Fund Donations, 1995 - 96

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Steps To Serenity Group..... 27.00

Total..... 1,482.86

Celebrate Around the World Fund Donations, 1996

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Utah

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Utah Area..... 319.75

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Milwaukee

Wisconsin Area..... 402.96

Total..... 5,162.22



7th Tradition Donations

May, June, July 1996

Your donations keep the doors of the WSO open, allowing us to provide starter kits to new groups, publish The News-Gram, provide free literature to the Fellowship, answer the numerous requests for information on C.A., and provide all groups chips and literature for their meetings. We appreciate each and every contribution, no matter what amount. The Cocaine Anonymous World Service Office would like to thank the following contributors for their 7th Tradition Donations:

Alabama

Madison
A Day And A Life Group . . . 50.00

Arizona

Phoenix
Sun Valley Intergroup . . . 1,200.00

California

Anaheim
S. California Inter Area . . . 703.71

Bakersfield
Tuesday Back To Basics Group . 75.00

Clovis
Central Valley District 9.00

Fresno
End Of The Line Group 30.00

Los Angeles
Tired Of Being Dogged Out
Group Marathon 200.00

Malibu
Bagels By The Beach Group. 30.00

Mountain View
Monday Night Better Late Group . 15.00

Navato
Marin County District 130.00

Palm Desert
Drop The Rock Group 75.00

Roseville
Sacramento Group 78.70

San Diego
Club House Step Study Group . 33.00
Thursday Night Men's Meeting . 15.00

San Francisco
San Francisco District 300.00

San Jose
Northern California Area . . 300.00

Sanger
Friday Night C.A. Group . . . 45.33

Summerland
Central California Area . . . 309.00

Colorado

Colorado Springs
Recovering Snowflakes Group . 177.67

Denver
Denver District 127.96
Scootin Clean 10.00
Startin Over Group 20.00

Georgia

Alpharetta
One Day At A Time Group. . 287.00

Columbus
Ain't No Shame Group. . . . 20.00
Valencia B. 25.00

Norcross
Over The Hump w/o A Bump . 30.00

Illinois

Chicago
Illinois Area : 300.00

Elgin
Spiritual Inspiration Group . . 1.00

Peoria
Turning Point Group 30.00

Wheeling
Northwest Suburban District . 214.34
Steps To Serenity 17.00

Indiana

Fort Wayne
Fort Wayne District 80.00

Iowa

Davenport
West 6th Group 5.00

Louisiana

Baton Rouge
Baton Rouge District 100.00

Massachusetts

Cambridge
Freedom To Choose Group . 28.60

Michigan

Saginaw
Sunday Reflections Group . 200.00

Missouri

Kansas City
Working With Others Group . 15.00

St. Louis
St. Louis District 37.00

Nebraska

Omaha
Monday Miracles Group . . . 37.50
Sunday Solid As A Rock Group 14.73
Wednesday Mid Week Relief Group . 32.40

New York

Bronx
A Step Forward Group 6.60

Freeport
Long Island District 36.00

New York
Manhattan District 20.00
Saturday Night Live Group . 20.00
Sunday Serenity Group 25.00

North Carolina

Wake Forest
Recovery In The Forest Group . 24.75

Oklahoma

Oklahoma City
Oklahoma City District . . . 100.00
Sunday Night C.A. Group . . 50.00

Tulsa
Freedom Group 102.27

Pennsylvania

Philadelphia
PA/NJ/DE Area 50.00

Pittsburgh
New Beginnings Group 30.00

Tennessee

Memphis
Cokebusters Group 57.97

Nashville
Tennessee Area 50.00

Texas

Houston
Texas Area 200.00

Washington

Bellingham
C.A. District One 51.13
Freedom Fighters Group . . . 15.00
Washington State Area . . . 200.00

Vancouver
District IV 42.74

Wisconsin

Milwaukee
A Vision For You Group 65.00
Cokebusters Group 25.00
First Things First Group . . . 30.00
Meeting Of The Century . . . 30.00

West Allis
First Things First Group . . . 30.00

Total 6,670.40

