

## Expanding the H & I Committee in Your Area or District

by Craig S., Chairman, World Service Conference Hospitals  
& Institutions Committee Chairperson, Phoenix, AZ

### "If You Build, They Will Come"

Two trains of thought may paralyze us in regards to enlarging the number of our H&I meetings. The first: "We want to expand our number of meetings, but we don't have enough people to chair them." The second: "We want people to get involved with H & I, but there is no room - we don't have enough meetings." This "Catch 22" may create a seemingly unsolvable problem when trying to expand your H & I Committee.

### There Is a Solution

Enough about the problem, what's the solution? One solution we have found is working from the philosophy of "If you build it, they will come". This means we start the H & I meeting first, then work at trying to get people to do it. This means YOU may have to do SEVERAL meetings until you recruit people to take them over. Consequently, for a while at least it may seem like you have no life!

### We Get Results!

In one District, applying this philosophy resulted in an increase from 7 to 47 H & I meetings in three years; they now carry our message to over 8000 still suffering addicts each year. Many of these addicts are now in turn on the H & I Committee themselves - carrying the message to still more addicts. Thus we grow! One result of this growth has been the corresponding increase in the size of CA itself in this District.

### Finding the People

In the District described above, except where the facility desires otherwise, the sobriety requirement to do an H & I meeting is 90 days. If Bill W. had waited until he was a year sober to start working with others; C.A. probably would not exist, you probably wouldn't be reading this, and we probably wouldn't have written it. By doing it this way, we make good use of the enthusiasm of the "90 Day Wonder" type, and vastly increase his or her chance of staying sober in the process. "...nothing will so much insure immunity from drinking or using as intensive work with other alcoholics or addicts."\*

### It May Not Be Easy

Expanding your H & I in the manner we are describing may not be easy, but the rewards are endless. Bill W. said it best - "Life will take on a new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends - this is an experience you must not miss. We know you will not want to miss it."\*

*One of the purposes of this article is to provide a forum for the free exchange of ideas about starting, sustaining and expanding the H & I Committee in your Area or District. If you have any suggestions for this newsletter, write the C.A. World Service Conference H & I Committee: c/o CAWSO, Inc. 3740 Overland Ave. - Suite H, Los Angeles, CA 90034-6337*

\*Reprinted from the Big Book of Alcoholics Anonymous - Page 89

*Your World Service Board of Trustees has suggested that this Conference approved Statement of Policy be reprinted periodically in the NewsGram.*

In keeping with both the 12 Traditions as well as the spirit of service work in Cocaine Anonymous it appears appropriate for CA members involved in service to be careful in their dealings with outside vendors, businesses and/or services. Specifically quite often what is service work to the CA member is business (i.e. money) to the business being dealt with. Consequently, the business may provide, or at least attempt to provide, certain "perks" (i. e. benefits, gifts, etc.) to the CA member or members responsible for the decision(s) as to who to use or buy from for the particular CA event/activity. What is important here is that the fellowship receives the benefit of impartial decisions based upon what is best for the fellowship. Whenever a decision maker is the recipient of "outside benefits: There is always the possibility that his or her judgement may be affected. Moreover, even when the receipt of such benefits does not in fact influence the CA member, it nevertheless gives the appearance to others, both inside or outside the fellowship. Such an appearance can only lead to unnecessary controversy and such as discounts, travel expenses, free hotel rooms, etc. are standard benefits of doing business with the

(Continued on page 2)





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## Statement of Policy (Continued from page 1)

particular business involved, such benefits belong to the fellowship of Cocaine Anonymous and as such must be treated accordingly (i. e. property of CA is managed and/or disbursed via the group conscience of group, board, etc.).

Certainly none of us would ever knowingly "take" the property of CA much less ever want outside businesses to believe that a CA member in service could be so influenced. Such action could only lead CA as a whole having a tarnished reputation with the business community.

In light of the above, it seems only appropriate that members in service agree with and acknowledge the within Statement of Policy.



The NewsGram and The Connection present experiences and opinions of Cocaine Anonymous members. The opinions expressed herein are those of the individual contributors and are not to be attributed to nor taken as an endorsement by either Cocaine Anonymous or The NewsGram.

## Where to Write:

**CAWS, Inc.**  
**Board of Trustees**  
**P. O. Box 587714**  
**Chicago, IL 60658-7714**

**CAWSO, Inc.**  
**Board of Directors**  
**3740 Overland Ave., Suite H**  
**Los Angeles, CA 90034-6337**

**NewsGram Editor**  
**CAWSO, Inc.**  
**3740 Overland Ave., Suite H**  
**Los Angeles, CA 90034-6337**

## A Note From the WSO Manager

Hold on to your hats... Hope, Faith & Courage: Stories From the Fellowship of Cocaine Anonymous (The C.A. Storybook) will be at the World Service Office by January, 1994! This has been a five year long journey for the Fellowship of Cocaine Anonymous, and the end result is near. The WSO would like to thank all those who participated in this project. From the GSRs announcing at meetings that stories were needed, to the authors, the committee members, the editors, and the many many others involved in this project. A lot of love and hard work went into this book. It is hoped that many more lives will be saved, and more suffering addicts will find the Fellowship of Cocaine Anonymous.

We will be selling the book from the World Service Office for \$12.95 (plus shipping and applicable sales tax). There are substantial discounts for case orders. Check with your local service representatives to see if the book is available through your District, Area or Region. Or contact the World Service Office.

As always, The NewsGram needs your submissions. Send poems, articles, cartoons, or any other recovery/service related materials to ATTN: NewsGram Editor, CAWSO, Inc., 3740 Overland Avenue - Suite H, Los Angeles, CA 90034-6337.

-K. D.



## Question:

*How many cocaine addicts does it take to screw in a light bulb?*

## Answer:

*Ten. One to change the bulb and nine to peek out the windows and make sure nobody's watching the house.*

-Submitted by Craig S., Phoenix, AZ



# Step Corner

## 1, 2, 3

### Step Four: Made a searching and fearless moral inventory of ourselves.

I don't have room in this issue to thoroughly cover the 4th step inventory, although I wish I did. It is such an important step. The main thing to remember is that the Big Book of Alcoholics Anonymous outlines specific instructions on how to do a 4th step inventory. Those instructions are found in Chapter Five, pages 63 through 71.

Immediately after the third step in the Big Book, it says "Next, we launched out on a course of vigorous action, The First Step of which is a personal housecleaning."

Many people are intimidated, or afraid of this step because of the amount of work there is to do. Many people do not want to take a look at themselves, and their behavior. This step is the first of the "action" steps. The first step that requires us to do physical, concrete, tangible work. It

is the first step which necessitates putting the pen to paper. I have found that most people spend more energy talking about it, worrying about it, or circumventing it than they do actually completing it.

My experience in doing this step was at first uncomfortable. You see, I don't like to look at myself, I'd rather look at you, and what it is that you're doing wrong. This is where I am spiritually sick. But once I realized MY part in all of these resentments, fears and sex conducts, that it was I who was to blame for my behavior and my reactions to people, I began to grasp what this program is all about.

I realized that this program is not about ME! It is about US! I must learn to keep my own house in order, and carry the message of recovery to other addicts. Anyone who says this is a selfish program, better read their Big Books a little more often. True, we are SELFISH people by nature, but as a result of working the steps, we become SELF-LESS. If I am thinking about myself instead of what I can do for others, I know I am operating in self. That is how I keep myself in check. I

learned that from the fourth column of my inventory. Every single time I looked at my part, it was because I was being selfish or self centered, dishonest or afraid. I learned in this step that the world does not revolve around me, although for years, I would swear it did. There is a bigger picture for all of us. We are simply "actors in the play of life."

It was said in the 60's that "if you are not part of the solution, then you are part of the problem" That holds true in the Fellowship that surrounds us. If we are into the solutions, then we will not be focusing on what's wrong in our lives and with other people, we will be looking towards answers to those problems.

We, as recovering addicts *are* part of the solution. We are living our lives clean and sober, learning new behaviors, learning to live honestly, and with integrity. That in itself is a contribution to our society. This "housecleaning" step is the beginning of that voyage.

— K.D. McC.  
Los Angeles, CA

## Sobriety Word Search

K G O I N G T O C O F F E E M H T G N E R T S X  
S I S S H A R I N G F K C D A E L B M U H B F E  
R V T H T I A F E R R A I Z Y M E S S A G E V Q  
E I E L H T D W D C E G V S R A E T Z E A F E W  
B N P R O M I S E S E A R C H I N G I A U K S I  
I G S M P Y T H K Y D U E V O L Y T K N H M T L  
R K D M E B I G B O O K S B Z A C C D O G B C L  
T E L E P H O N E F M B N J L U S P L N S S E I  
H G A D P Q N E W C O M E R S G B D D Y X J F N  
D R C H I P S E E V S E A E L H B M M M E D E G  
A M E N D S S T L A P E K C L T N J M I N I D T  
Y T I N U R C O C A O B R O T E L R O T C B R A  
M R E S C H K O O A N N I V E R S A R Y D E E A  
E E T Y N M U D M L S O F E L L O W S H I P T T  
D E R S C R G H E F O H J R L R B E D D A R C K  
I A M A A T R V B H R J F Y F R R S J K K A A B  
T R Y G D F L K J H G E X P E R I E N C E Y R Z  
A F E A R L E S S I P O W E R L E S S T R E A E  
T S P I R I T U A L A H O N E S T Y D F G R H G  
E L C A R I M E I N V E N T O R Y B V E N I C T

AMENDS  
ANNIVERSARY  
ANONYMITY  
BIG BOOK  
BIRTHDAY  
CHARACTER DEFECTS  
CHIPS  
COURAGE  
EXPERIENCE  
FAITH  
FEARLESS  
FELLOWSHIP  
FREEDOM  
FUN  
GIVING  
GOD  
GOING TO COFFEE  
HONESTY  
HOPE  
HUMBLE  
INVENTORY  
JOY  
LAUGHTER  
LOVE

MEDITATE  
MEETINGS  
MESSAGE  
MIRACLE  
NEWCOMERS  
POWERLESS  
PRAYER  
PROMISES  
RECOVERY  
SEARCHING  
SERVICE  
SHARING  
SOBRIETY  
SPIRITUAL  
SPONSOR  
STEPS  
STRENGTH  
TEARS  
TELEPHONE  
TRADITIONS  
UNITY  
WELCOME  
WILLING





# Calendar of Events

1st Quarter, 1994

**January 30, 1994**

## **"The Road To Recovery" 2nd Annual European Convention**

The Amadeus Centre, 50 Shirland Road, Little Venice, London, England - 12:00 midday. For information contact London CA (071) 471-5649.

**February 4, 5 & 6, 1994**

## **"Bridge of Unity II" Oregon Area Convention**

Red Lion Inn at the Quay, Vancouver, Washington. For information contact Mitzi F. (503) 239-6977.

**February 12, 1993**

## **Dance Around The World**

Check with your local Delegate for more information on Dance Around the World in your Area!

**March 4, 5 & 6, 1994**

## **"Living in the Promises" New York Area Winter Convention**

Holiday Inn Crowne Plaza, White Plains, New York. For more information contact the New York Area Office (212) 929-7300, Ronny M. (212) 228-8782 or Lauri L. (212) 675-5114.

**March 18, 19 & 20, 1994**

## **"Surf, Sand & Service" San Gabriel/Pomona Valley 2nd Convention**

Holiday Inn, Ventura, California. For information call Chris S. (909) 592-8586, Jay H. (818) 403-9644 or Ernie B. (818) 441-6921.

**April 29, 30 and May 1, 1994**

## **"Mountains of Unity" 2nd Pacific Northwest Regional Convention**

Red Lion Hotel, Salt Lake City, Utah. For more information call Bob G. (801) 568-7040, Howard J. (801) 466-9151 or Rico (801) 521-7551.

**May 21st, 1994**

## **Arizona Area 10th Anniversary Party**

Villa de Vista Park, Scottsdale, Arizona. For more information contact Steve A., (602) 279-6530.

**May 27, 28, 29 & 30, 1994**

## **10th Annual World Service Convention**

Sheraton Cleveland City Centre, Cleveland, Ohio. For more information contact Andy K., (419) 382-8282, Lee P., (419) 381-0616, Andrea M., (216) 441-0057 or the World Service Office (310) 559-5833.

**July 1, 2, 3 & 4, 1994**

## **"Independence, Recovery and More in 1994"**

Safari Hotel, Scottsdale, Arizona. For more information call Leonard C. (602) 224-0208

**August 31, September 1, 2, 3 & 4, 1994**

## **11th Annual Cocaine Anonymous World Service Conference**

Los Angeles, California. CA's Annual Business meeting. For more information contact the World Service Office (310) 559-5833.

**October 21, 22, 23 & 24, 1994**

## **4th Annual Southwest Regional Convention**

Sheraton Old Town Hotel, Albuquerque, New Mexico. For additional information contact Bob Q. (505) 883-6575 or Elena T. (505) 345-1503.

\*If your area is having a Cocaine Anonymous convention, state or regional event, please let us know! Submissions should be made in writing to The NewsGram, c/o CAWSO, Inc., 3740 Overland Avenue - Suite H, Los Angeles, CA 90034-6337. Fax (310) 559-2554. Deadline for submissions is 30 days prior to publication date. Publication dates are February 1, May 1, August 1, and November 1. Please submit information as soon as date and location are established. Submissions will be published at the discretion of the Editor and the World Service Office Board of Directors. The Holidays are coming. You *can* stay sober! See about holiday marathon meetings in your Area. If there aren't any... start one! Have a sober party, invite a newcomer!



**Are you  
supporting the  
Bank of CA?**

*This picture was taken during the 1992 L. A. riots. Submitted by Leon Strange of Los Angeles, CA.*





# "Hope, Faith and Courage"

## Stories from the fellowship of Cocaine Anonymous (The CA Storybook)

Over five years ago, the Fellowship of Cocaine Anonymous expressed a desire for a Cocaine Anonymous, Conference Approved book - of our own. Committees were formed, stories were solicited, and the work began. In January, 1992, someone passed a basket around to help the World Service Office fund the printing of the book. Soon, donations began pouring in! We created flyers, and donations continued to flood the World Service Office. The "Storybook Publishing Fund" was established, and a goal was set for \$25,000.00. After many years of painstaking, struggling hours of exertion, countless deadlines, a few delays, and a lot of love, the Storybook, now titled "Hope, Faith & Courage: Stories From the Fellowship of Cocaine Anonymous" went to the

press December, 1993. The total amount donated, as of the printing of this issue, is \$23,626.18. And, As of December, the WSO pre-sold 6,723 books!

Contact the World Service Office for information on ordering your copy of "Hope, Faith & Courage: Stories From the Fellowship of Cocaine Anonymous".

The CA World Service Office would like to thank the following Groups, Districts, Areas and individuals for making the Storybook a reality. The total funds received from donations to the Storybook Publishing Fund were \$23,626.18.

CAWS Board of Trustees  
CAWSC Storybook Committee  
CAWSO Board of Directors

### ALABAMA

First Freedom Group

### ARIZONA

Arizona Area  
Buenos Amigos Group  
Cocanuts Group  
Razor's Edge Group  
Sun Valley Intergroup  
Tucson District

### ARKANSAS

The New life Group

### CALIFORNIA

Anonymous (Los Angeles)  
Anonymous Group  
Anything That Affects You From the Neck Up Group  
Big Book Workshop Group  
Canoga Park Fellowship of the Spirit Group  
Central Area  
Central Area (Summerland)  
Dan D.  
Delvis Z.  
Don't Worry Be Happy  
Drop The Rock & Capo By-The-Sea Groups  
Drop the Rock Group  
Face Up in Sobriety Group  
Friday Night Candlelight Group  
Friday Night Group  
Friday Night Last Straw Group  
Friday Night Log Cabin Group  
Friday Night Sisters in Sobriety Group  
Friday Noon Discussion Meeting  
Grateful in Granada Group  
Inland Empire Area  
Jeff A.  
Jeff B.  
King Pins Group  
Lenny S.  
Life lines Group  
Long Beach/Compton District  
Mark and Lynn L.  
Mark D.  
Michael L.  
Monday Night La Cienega Park Group  
Monday Night Pathfinders Group  
New Hope-New Life Group  
Northern Santa Cruz District  
Northern Sonoma County Intergroup  
Northern South Bay District  
Orange County Area  
Orange County Area  
Pacific North Regional Convention  
Racetrack Big Book Group  
Robert G.  
S'more Recovery Group  
Sacramento District  
San Fernando Valley Area  
San Fernando Valley Area GSO  
San Fernando Valley GSO  
San Francisco District  
San Gabriel/Pomona Valley Area  
San Gabriel/Pomona Valley Area  
Saturday Night Pathfinders Group  
Saturday Night Round Robin Group  
Saturday Sweet Surrender Group  
SCLA Cross Connect Candlelight  
Shane B.  
Sharon T.

Sisters in Sobriety Group  
Sonoma County District  
South Bay Beach Cities District  
South Bay Service District  
Studio 12 Big Book Study Saturday  
Sunday Lifeline Group  
Sunday Morning Spiritual Group 3801 S. Western  
Sunday Night CA Group  
Sunday Night Group  
Sunday Night Survivors Group  
The Family Group  
The Whitney Group  
Thursday Night Cedars Group  
Thursday Night Up the Old Wazzo Group  
Ticket to Sobriety Group  
Tired of Being Dogged Out Group  
Valley Face Up to Sobriety Group  
Vincent M./meeting donation  
Wednesday Encinitas Group  
Wednesday Night Moreno Valley Group  
Wednesday Night Pathfinders Group  
Wednesday Noon Studio City  
Westside Winner's Group  
You Gotta Wanna Group

### CANADA

New Beginning Group  
Ottawa- Mark Michael F.  
Toronto District Tuesday Group

### COLORADO

Powder Heads Group

### CONNECTICUT

After the Snow Group  
Connecticut CA District 3  
District 2  
Friday Night Beginners Step Group  
Going to Any Lengths Group  
Gratitude Group  
Jim W.  
Monday Night Calm  
Monday Night Men's Group  
New Beginnings Group  
Rudy M.  
Saturday Night Gratitude Group  
Tom D.

### FLORIDA

Florida Area

### GEORGIA

New life Group  
End of the Line Group

### IDAHO

Boise Group  
The End of the Line Group  
One Liners Group  
Teresa G.  
The End of The line is  
A New Beginning Group  
Magic Valley/Twin Falls Groups

### ILLINOIS

Chicago Area  
Day By Day Group  
District #1  
Endangered Species Group  
Free to Feel Group  
Freedom to Live Group  
Freedom to Live Group (Des Plaines)  
Freedom to Live Group (Elk Grove)  
Illinois Area/Various Groups  
Kankakee District

Miracles in the Making Group  
Northwest Suburban District  
Peoria District  
Reach Out For Help Group  
Recovery 101 Group  
South & West District  
Steps to Serenity Group  
Straight & Grateful Group  
We Are Not Saints Group  
Wednesday Night Winner's Group  
Wednesday Night Winner's Group (Skokie)

### INDIANA

End of the Line Group  
Freedom Within Group  
Get A Life Group  
Let's Live Group  
Live or Die Group  
The Last Straw Group  
We Are Here and Free Group  
Freedom Within Group (New Haven)

### IOWA

District 1

### KANSAS

Wichita District

### LOUISIANA

We Care Group  
Massachusetts  
Mass Area of CA  
Freedom to Choose Group

### MICHIGAN

Sobriety Break and Straight 8 Groups  
Central Michigan District

### MINNESOTA

Minneapolis Area  
Primetime CA Group  
Primetime CA Wednesday Night  
Saturday Night Live Group  
Saturday Night Live Group (St. Louis Park)  
Saturday Nite Line Group  
Tuesday Recovery Group  
Tuesday Recovery Focus Group  
Wednesday With CA Group

### MISSOURI

St. Louis Area  
Missouri Area

### NEBRASKA

CA of Nebraska  
End of the Line Group  
It's The Real Thing Group  
Jon Lance J.  
Midweek Relief Group  
Molly D.  
Monday Madness Group  
Monday Miracles Group  
Solid As A Rock Group  
Sunday Solid As A Rock Group  
Tuesday Night It's The Real Thing Group  
Wednesday Midweek Relief Group

### NEW MEXICO

Albuquerque Chapter of CA  
Albuquerque District  
Serenity by the River Group

### NEW YORK

Anonymous  
Barbara B.  
Freedom Friday Group  
Friday Night St. Vincents Group

Garden Group  
Keith Goodman  
Last Straw Group  
Michael S.  
N. Y. Area Winter Convention  
New Life at the Oaks Group  
New York Area  
Queens District  
Queens Freedom Fridays Group  
Recovery in the Gardens Group  
The Last Straw Group

### OHIO

823 Group  
End of the Line Group  
N. E. O. D. C. C. A.  
Southwest CA Group  
West Side CA Group  
District of Columbus  
S. S. Group  
Sunday Serenity Group  
Toledo Area  
Youngstown District

### OKLAHOMA

Eastside Tulsa Group  
Freedom From Bondage Group  
Freedom Group  
Northeastern District

### OREGON

Oregon Area  
Oregon Area Convention Comm.

### PENNSYLVANIA

PA/NJ/DE Area

### TENNESSEE

Tressie R.  
Cokebuster's Group

### RHODE ISLAND

The Clean For A Day Group  
Rhode Island Area

### TEXAS

Dot T.  
Faulkner Group  
Into Action Group  
Michael S.  
Rising Star Group  
Texas Area

### UTAH

Coconuts and Open Power II Groups  
Recovery in the Rockies  
Speed Bumps Group  
Uncola Group  
What's My Line Group  
Winner's Group

### WASHINGTON

Bladerunners Group  
Boulder Busters Group  
District 3 Saturday Night Live Group  
District 3 Wed. Night Boulder Busters  
Freedom & Growth Group  
Freedom Fighter's Group  
Lost and Found Group  
Saturday Night Live Group

### WISCONSIN

1st CA Big Book Meeting  
A Vision For You Group  
Cokebuster's Group  
First Things First Group  
Sunday Night Strength Group  
Tuesday Night Union Grove Group  
We Are Survivors Group  
Wisconsin Area





# 10TH ANNUAL WORLD SERVICE CONVENTION OF COCAINE ANONYMOUS

**WE'RE HERE & WE'RE FREE TO REACH FOR THE PROMISES**

Welcome to Cleveland Ohio! Located on America's North Coast on the banks of Lake Erie, the walleye capital of the world.

Handicapped and hearing impaired members welcome. We have interpreters, and handicapped equipped rooms are available—so come and enjoy yourself. Be free!

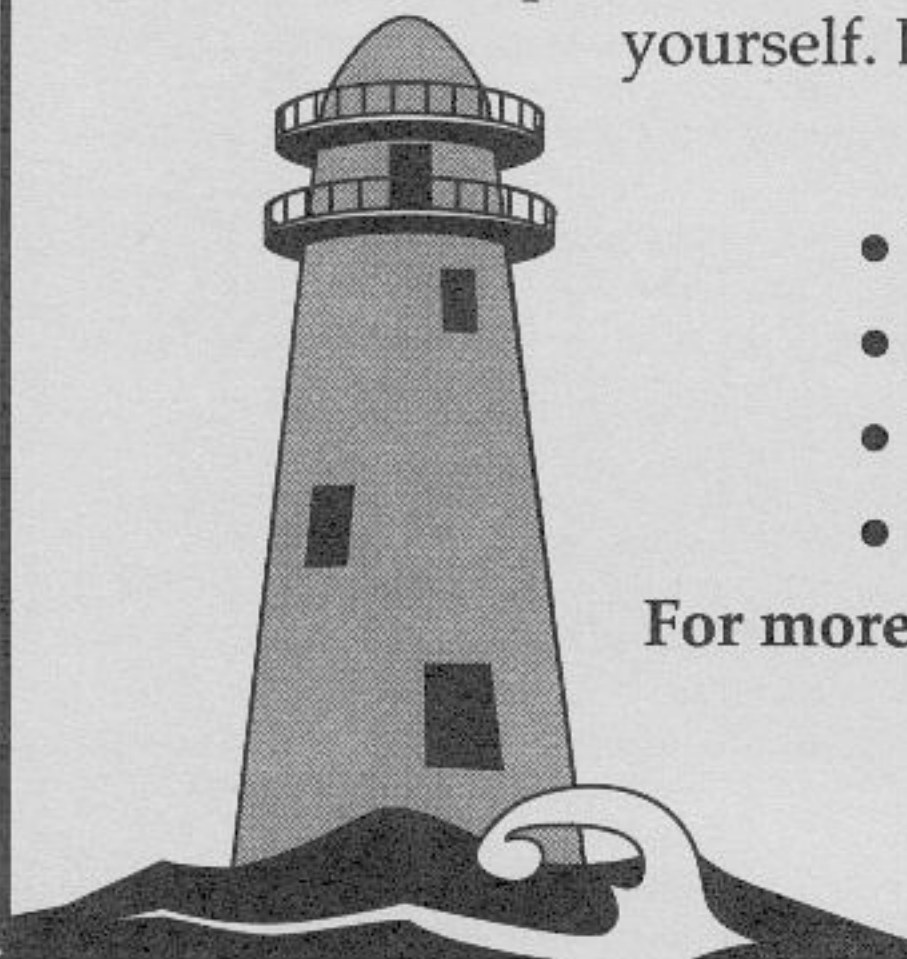
## HIGHLIGHTS

- Trip to Dr. Bob's House
- 5K - Fun Run/Walk
- Dancing & Variety Shows
- 12 Traditions Play
- Marathon Meetings
- Workshops
- Auctions
- Much Much More

For more information call Lee P. (419) 381-0616 or Andy K. (419) 382-8282

**MAY 27th-30th, 1994 CLEVELAND, OHIO**

**SHERATON CLEVELAND CITY CENTRE HOTEL**



## The ABC's of Unity

-Submitted by the World Service Conference Unity Committee

**A. REACH OUT AMONG DIVERSE ELEMENTS within the Fellowship in the interest of carrying the CA message by:**

1. Encouraging practice of our code of love and tolerance of others,
2. Encouraging diversity in sponsorship,
3. Sponsoring workshops that promote Unity through love and tolerance.

**B. ENHANCE OUR COMMUNICATION by encouraging:**

1. Newcomer Greeters at all levels,
2. Old and new member participation in service,
3. Group inventories

**C. PROMOTE CA UNITY by:**

1. Providing suggestion to help address Unity problems withing the Fellowship with the Twelve Traditions as our guide.

## Cocaine, I Bid You Adieu

by Shelby B., Des Moines, IA

I remember the place and I remember the time,  
When I snorted my first line.

I remember the pleasure of your first "high"—  
That "good time" feeling you gave me inside.

As time went on you kept me satisfied,  
Until that night that I almost died.  
At this time I came to realize—  
You were stronger than I, and bigger in size.

You took my happiness and you took my joy,  
You almost took my house, my wife and my boy.  
My wife and friends said there was no doubt,  
You would take my life if I didn't watch out.

For a long time now, I have wanted to say:  
Get out of my life—goodbye—stay away!  
You have taken so much, I bid you farewell,  
You're not worth the pain of going through hell.

So again I must say: Cocaine, I'm talking to you,  
Again for today, I bid you adieu.  
By the grace of God, and love of family and friends,  
My cocaine days have come to an end.



# HOPE, FAITH & COURAGE

**Stories From the  
Fellowship of Cocaine  
Anonymous**

**ORDER YOURS  
TODAY!**

The CA Storybook will be available after  
January 1994. Check with your local  
Area/District/Group, or contact the World  
Service Office.

## *Coming Soon...*

- Literature on Tape
- CA World Service  
Convention Speaker Tapes
- 3 New Pamphlets entitled:  
"Crack"  
"A New High From H & I"  
"The 7th Tradition (Where  
Does the Money Go?)"

# ATTEN TION!!

**The World Service  
Office needs your  
January, 1994  
Meeting  
Directories.**

**Please forward to:**

CAWSO, Inc.  
3740 Overland Ave.  
Suite H  
Los Angeles, CA 90034-6337

## *The NewsGram needs your submissions!!!*

If you have poems, ideas, stories, cartoons or any other recovery related material that you would like considered for publication in future issues of the NewsGram, please fill out the form below and forward with your original work to : The NewsGram, c/o CAWSO, Inc., 3740 Overland Avenue, Suite H, Los Angeles, CA 90034-6337.

Name: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I hereby give CAWSO, Inc., and NewsGram express permission to  
reprint my original work entitled:

\_\_\_\_\_

in any future publications. I understand materials submitted may be  
edited for publication or may not be used, at the discretion of the Edi-  
tors. Original work cannot be returned. All future publication rights  
remain that of the author.

Signature \_\_\_\_\_





# 7th Tradition Donations

Alabama			
Huntsville			
A Day and a Life Group	20.00		
Birmingham			
First Freedom Group	770.60		
Arizona			
Phoenix			
Sun Valley Intergroup	1,100.00		
Tucson			
Tucson District	196.67		
Tucson Cocanuts Group	33.00		
Arkansas			
Little Rock			
New Life Group	50.00		
Pine Bluff			
New Life Group	200.00		
California			
Central California			
Clovis			
Mark and Lynn L.	30.00		
Ventura			
Central California Area	200.00		
Inland Empire			
Palm Desert Drop the Rock Group	70.00		
Riverside "Hugs are better than drugs" Group	21.62		
Riverside/Inland Empire Area	79.49		
Los Angeles			
Overcomers Group	20.00		
The Razor's Edge Group	12.00		
Leon M./Birthday Donation	7.00		
Anonymous	800.00		
Anonymous	10.00		
Anonymous	1,250.00		
Long Beach/Compton District	647.25		
Los Angeles Area	186.17		
Orange County			
Orange County Area	1,000.00		
Wednesday Night Downstairs			
Discussion Group	5.00		
San Diego			
Del Mar/Anonymous	300.00		
Solano Beach/Anonymous	301.00		
San Fernando Valley			
San Fernando Valley Area	89.50		
San Gabriel/Pomona Valley Area			
Over the Line Group	26.19		
San Gabriel/Pomona Valley Area	411.71		
Northern California			
San Jose			
South Bay Service District	84.85		
San Francisco			
San Francisco District	123.94		
Northern California Area	280.00		
Pacific North Regional Convention	1,200.00		
Santa Rosa			
Sonoma County District	30.00		
Stockton			
Stockton Group	1.00		
Colorado			
Colorado Springs			
Recovering Snowflakes Group	30.00		
Connecticut			
Anonymous	17.25		
Connecticut Area	120.00		
Danbury			
Friday Group	10.25		
Darien			
Going to any lengths group	50.00		
Hartford			
Blue Ridge Group	54.93		
Hartford Hospital Friday Night Group	15.00		
Snoway Group	30.00		
Newington			
District 3	30.00		
Ridgefield			
Friday night New Beginning Group	43.00		
Stamford			
Gratitude Group	39.50		
Florida			
Ft. Lauderdale			
Florida Area	337.91		
St Petersburg			
St. Petersburg District	75.00		
Georgia			
Athens			
Reach Out Group	100.00		
Norcross			
End of the Line Group	448.60		
Idaho			
Boise			
The End of the Line Is A New Beginning Group	35.00		
Twin Falls			
Magic Valley Group	40.00		
Illinois			
Algonquin			
Freedom to live group	51.60		
Buffalo Grove			
Steps to Serenity Group	145.00		
Chicago			
Just for Today Group	5.00		
Northwest Suburban District	1,699.00		
Recovery 101 Group	2.00		
Illinois Area	1,000.00		
Des Plaines			
Coconuts Group	166.00		
Honeymooners Group	45.00		
Southwest Suburban District	35.00		
Elmhurst			
Freedom to Live Group	20.52		
Kankakee			
Kankakee District	80.00		
Peoria			
Peoria District	325.00		
Rockford			
Rock River District	127.29		
Wheeling			
Douglas H.	60.00		
Indiana			
Carmel			
Anonymous	100.00		
New Haven			
Donald H.	10.00		
Freedom Within Group	121.00		
New Beginning Group	6.00		
Iowa			
Des Moines			
District 1	233.00		
Louisiana			
Baton Rouge			
We Care Group	15.39		
Baton Rouge District	61.00		
Shreveport/Bossier City			
Shreveport/Bossier City District	20.00		
Massachusetts			
Cambridge			
Freedom to Choose Group	132.00		
Michigan			
Flint			
Central Michigan District	500.00		
Minnesota			
Coon Rapids			
Minnesota Area	400.00		
Missouri			
St. Louis			
Missouri Area	400.00		
Nebraska			
Omaha			
Anonymous	17.46		
Monday Madness Group	25.50		
Monday Miracles Group	59.91		
Molly D./Birthday Donation	7.00		
Saturday End of the Line Group	25.00		
Saturday Solutions Group	29.31		
Sunday Solid as a Rock Group	44.72		
Tuesday It's the Real Thing Group	19.05		
Wednesday KCB Group	11.25		
Wednesday Midweek Relief Group	53.40		
New Mexico			
Albuquerque			
Albuquerque District	427.00		
Sunland Park			
Serenity by the River Group	55.00		
New York			
Flushing			
Queens District	525.00		
Freedom Friday Group	15.00		
Long Island			
Long Island District	50.00		
New York City			
Michael S.	100.00		
New York Area	1350.00		
Monday Heaven's Kitchen Group	50.00		
Tuesday Women in Motion Group	60.00		
Recovery in the Gardens Group	7.85		
North Carolina			
Raleigh			
First Step Group	100.00		
The Paycheck Group	80.00		
Winston-Salem			
Winston-Salem District	60.00		
Ohio			
Cleveland			
Hot Spot Group	50.00		
South West Group	100.00		
Toledo			
Coca-nuts Group	10.00		
K.I.S.S. Group	90.00		
Toledo District	244.54		
Parkside Group	30.00		
Ohio Area	200.00		
End of the Line Group	100.00		
Youngstown			
Youngstown District	400.00		
Oklahoma			
Tulsa			
Anonymous	20.00		
Freedom Group	129.09		
Oregon			
Portland			
Oregon Area	151.88		
Oregon Area Convention Committee	913.45		
Pennsylvania			
PA/NJ/DE Area	175.00		
Rhode Island			
Pawtucket			
The Clean for a Day Group	25.00		
Providence			
Rhode Island Area	164.00		
Coventry			
End of the Line Group	20.00		
East Providence			
Saturday Night Group	12.00		
Warwick			
Cocanut Recovery Team	24.36		
Tennessee			
Memphis			
Cokebuster's Group	202.38		
Surrender Group	54.36		
West Tennessee Chapter	480.93		
Texas			
Austin			
Faulkner Group	149.46		
Rising Star Group	341.00		
Houston			
Into Action Group	40.00		
Texas Area	1,000.00		
Utah			
Salt Lake City			
Uncola Group	26.00		
Recovery in the Rockies Convention	1,000.00		
Virginia			
Norfolk			
Ocean Air Recovery Group	20.00		
Williamsburg			
The Great Escape Group	25.00		
Washington State			
Mt. Vernon			
Lost And Found Group	49.07		
Bladerunners Group	48.74		
Bellingham			
Freedom Fighters Group	30.00		
Seattle			
Saturday Night Live Group	5.00		
District 2	7.50		
Wisconsin			
Milwaukee			
A Vision for you Group	11.50		
Sunday Night Strength Group	200.00		
Wednesday Positive Action Group	40.00		
Wisconsin Area	34.44		
First Things First Group	10.20		
Cokebuster's Group	6.30		
International			
Canada			
Alberta Calgary Group	100.00		
Ontario Toronto District	20.00		
<b>TOTAL</b>			<b>\$26,726.88</b>

