

Volume 5 No. 2 • C. A. World Services, 3740 Overland Ave., Suite H • Los Angeles, CA 90034 • 3rd Quarter 1992

The Cocaine Anonymous World Service Office would like to dedicate this issue of the NewsGram to H. Lee Slavin, a trusted servant and member of the fellowship, who died June 14, 1992.

H. Lee... Remembered

H. Lee Slavin, a member of the Cocaine Anonymous World Service Board of Trustees, died on June 14th, 1992. Cocaine Anonymous lost a member who was beloved by all who knew him. He was a true friend to many, and an inspiration to all at the World Service level. His fearless upholding of the 12 Traditions through example and guidance has given a solid rock legacy that Cocaine Anonymous can stand on as it moves forward to carry its message of recovery.

H. Lee was a person that, in his travels around the fellowship, carried a spiritual message just by his presence. Wherever he went, people seemed to gravitate toward him to receive his energy of love

and caring.

I was privileged to attend the memorial service in Houston, Texas on June 26, 1992, at the C. A. Bonnie Brae Club. Over 200 members of Cocaine Anonymous were in attendance. The spirit of love and unity in the room gave us all a special feeling that H. Lee was in our midst. I was asked to share at this memorial my personal thoughts about H. Lee.

Through my service work as a fellow Trustee, I became close personal friends with H. Lee. As roommates on our service travels, we shared our personal lives as well as our concerns for the fellowship. We shared about our friends and families, H. Lee often shared his deep love for his sister Gladys and of his mother and father who had passed away before him.

H. Lee was always there for me. Whenever there was something in my life upon which I needed advice, or reflection, I could always depend on his wise and thoughtful counsel. He not only told me things I wanted to hear, but things I didn't want to hear. He gave me the dignity to feel pain and walk through to the other side.

Most of all, H. Lee showed me the joy of sobriety. His positive nature always shown through, even when he had his own difficulties in life. A true feeling of serenity was something I

could always draw from him.

Today, I celebrate the life of H. Lee, and of his gifts to the program. His spirit will always be with me and the fellowship of Cocaine Anonymous. He completed the work God gave him, and the fellowship will carry on with that work.

Goodbye dear friend-- and as he would say, "I

love you man."

The Importance of Carrying the Message: C. A. Literature

By Mike P., Pacific **North Regional Trustee**

"Each group has but one primary purpose-- to carry its message to the addict who still suffers." What better way does Cocaine Anonymous have to do this than through our literature? We have a great current literature selection and more pieces are being created.

At present, available pamphlets are:

- To the Newcomer
- Tools of Recovery
- Higher Power
- The First 30 Days
- Choosing Your Sponsor
- 26 Tips for Staying Clean and Sober
- Self Test for Cocaine Addiction
- ...And All Other Mind-Altering Substances
- Suggestions for Relapse Prevention and Recovery
- What Is C. A.?

Future pamphlets that are in the works are:

- Crack
- Hearing Impaired
- The Twelve Steps
- The Twelve Traditions
- What is a C. A. Speaker?
- 4th Step Inventory
- Group Inventory
- Loner's Group
- Anonymity

These pamphlets are being written by members of Cocaine Anonymous. You, as a member, may suggest that any of these pamphlets be changed or rewritten. The procedure for submitting suggestions begins with your Area Delegate. Bring ideas and suggestions to your local Delegate so that he/she may bring it to the World Service Conference in September. The delegate will present

the idea to the literature committee during the Conference. suggestions will be reviewed by the committee, and if approved, they will bring it to the Conference floor. If approved by the Conference body, the changes will be made the following year and published in pamphlet form. The three new pieces now being printed came from the interest of the fellowship at the last Conference.

If you as a member would like to see a new pamphlet considered, have your area delegate bring it to the Conference in September. When new topics are discussed, they will be presented and considered at the committee level.

The story book is the other big project that the literature committee is working on. Many of you are aware of its progress. The Story Book Sub-Committee solicited stories from the fellowship last year, and selected several to be put in the first volume. It will be an accompaniment to the Big Book of Alcoholics Anonymous, containing stories from cocaine addicts. This project is well on its way and is expected to be published sometime in 1993

Remember, this is your fellowship and your experience, strength and hope, Our primary purpose is to carry the message of staying free from cocaine and all other mind-altering substances, and to help others recover from their addiction. What better way to participate in your own recovery than to carry the message through the literature of Cocaine Anonymous. We need your help and support. Remember, we're here and we're free!







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A Note from the WSO:

Things have been VERY busy here at the World Service Office. We are shipping out chip and literature orders as fast as we can!

We are also preparing for the World Service Conference which will be held September 2-6, 1992 at the Sheraton Los Angeles Airport Hotel.

I would like to thank everyone for their support with donations for Dance Around the World, The C. A. Storybook Fund, and your regular 7th Tradition donations. We greatly appreciate them!

The World Service Office and staff survived the L. A. Riots and the earthquakes. Thank you all for your concern! The burning and looting came within a mile from the office, and was very close to the Los Angeles Area office. All is well with C. A. in Los Angeles!

If your Area is having a convention, please let us know! We will put a notice on the NewsGram.

-K. D.

COCAINE ANONYMOUS WORLD SERVICE CONFERENCE September 2, 3, 4, 5 & 6, 1992 Los Angeles, CA

Recovery in

By Alan F., London, England

While I was getting sober in a treatment program in London, England, my friend Andrew was going to Los Angeles. I asked him to contact another friend of mine, whom I had not seen since 1981, back when I was using. I heard he was in recovery as well. I spoke to him from the treatment center and he told me that he was at the first meeting of Cocaine Anonymous and how popular it had become in the USA. I knew then, I wanted to start Cocaine Anonymous in London.

I spent 8 months in treatment, 3 months in a primary center, followed by 5 months in a halfway house. I went to AA and NA meetings every night. When I left the halfway house on May 31, 1991, I started my life over again. I went back to work doing a job I had done at 15. I worked in a shop and went to meetings 5 or 6 times a week. I got into service making tea, greeting, and acting as treasurer at the meetings. I was telling people I wanted to start Cocaine Anonymous in London. I asked my sponsor if it would be OK, he said no - so I changed my sponsor!

I was soon introduced to Lisa C. who had been in Los Angeles in the summer of '91. She met Johnny S. at an AA meeting, he asked her if she would be interested in starting CA in London - and she said yes. Lisa and I talked about starting CA, so she asked Johnny for a starter pack.

Lisa received the starter pack in November of '91. She got 5 people together and we met at my apartment. We decided to start a meeting. I booked a hall on Hinde Street for the first Wednesday of the New Year; January 8th. We voted Lisa in as Secretary and I was elected Literature Secretary.

Taking this commitment seriously, I flew to Los Angeles to pick up the literature. I went to the Cocaine Anonymous World Service Office, met K. D., and took home key rings, literature, and a set of 12 Step and 12 Tradition banners.

At our first C. A. meeting, there were 27 people. We now have an average of 20 people per meeting. We've also started a Monday night meeting in Chelsea with approximately 20 people per week. We hope to start another 3

(Continued on Page 3)

London (Continued from Page 2)

meetings. Our aim is for 7 meetings in London this year.

I was fortunate to be able to go to the World Service Convention in Montreal. I was very scared - I didn't know anyone. I had the best welcome possible and the start of three wonderful days. I would like to take this opportunity to thank everyone in C. A. who was at the convention for such wonderful hospitality and I will "keep coming back!"

Editor's Note: If you will be traveling to London, and would like to attend a C. A. meeting, call Alan at (44) 71 486 4984.

They need our support and would love to have you!



Dear Fellow Addicts:

I am writing to you from the Mule Creek State Prison in Amador County, California. This is my second prison term for crimes related to my cocaine addiction.

Prior to my first term and while 'out' before this term, I was somewhat involved in the C. A. Fellowship. Obviously, due to my current status, I've realized I never really worked a program.

One of my biggest mistakes was that I never let go of the fantasy that, "someday I'll be able to use again and remain in control." Today, I try and recognize what is fantasy and what is reality for me. Never, I must tell myself, will I be able to do that one line, blast or hit, and expect anything but what has always been the end result. Lately for me it has been hurting those close to me as well as myself.

Thanks for being there and my best to everyone in all regions.

Respectfully, Doug C.

P. S.: For the newcomer, welcome. How you regain what you've lost will be your choice. Keep your physical freedom. Listen, humble yourselves and don't use, no matter what!

Dance Around the World 1992 As of 7/1/92

New York

New York

Arizona	
Phoenix	
Sun Valley Intergroup	500.00
Arkansas	
Little Rock	
Rainbow Group	50.00
California	
Riverside	
Inland Empire	426.32
Los Angeles	
L. A./Long Beach/Comptor	1727.00
Orange County	
Orange County	205.00
Van Nuys	
San Fernando Valley	456.00
Arcadia	
San Gabriel/Pomona Valley	756.66
San Jose	
South Bay Service Committee	ee769.11
Colorado	
Denver	
Colorado Area	488.93
Florida	
Ft. Lauderdale	
Central Svc. Board of S. Flor	ida110.00
Illinois	
Chicago	
Chicago Area	1,050.10
Kansas	
Wichita	
Wichita District	463.52
Louisiana	
Baton Rouge	
Baton Rouge Area	35.00
New Mexico	
Albuquerque	
Albuquerque Chapter	22/ /5

C. A. N. Y. N. Y	3,821.35
Ohio	
Toledo	
C. A. of Toledo	700.00
Cleveland	
Northeast Ohio District	219.00
Oklahoma	
Tulsa	
Northeastern District	129.10
Pennsylvania	
Philadelphia	
Penn/New Jersey/Delaware.	600.00
Rhode Island	
Providence	
Rhode Island Area	143.00
Tennessee	
Memphis	
West Tennessee Chapter	157.97
Texas	
Austin	
C. A. United Together	150.00
Houston	
Houston Area Service	375.00
Wisconsin	
Milwaukee	
C. A. of Wisconsin	540.10
CANADA	
Toronto	
Toronto District	4/0.00

* The Cocaine Anonymous World Service Office would like to thank those areas that participated in Dance Around The World!

TOTAL.....\$13,270.13

The C. A. Storybook As of 7/1/92

The C. A. Storybook is due for publication sometime in 1993. The Book Committee estimates the initial printing cost to be around \$25,000.00. If you would like to be a part of it, please send your donations to the C. A. Storybook Fund, c/o CAWSO, Inc., 3740 Overland Avenue, Suite H, Los Angeles, CA 90034-6337. Be sure to mention the donation is for the book so that your donation will be earmarked properly. Thanks to the following contributors who have begun to make this book a reality:

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Where to Write:

TOTAL DONATIONS TO DATE.....\$1,494.60

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Donations

The 7th Tradition states that "Every C. A. group ought to be fully self-supporting, declining outside contributions." This includes the World Service Office. We rely on your donations to enable us to continue to carry the message to the addict who still suffers.

The following list consists of fellowship donations by state. We would like to thank the following contributors. We need the support

of the fellowship to ensure the WSO will run smoothly, and your needs will be met! If you have questions or need guidelines, pick up the "70/30 Plan" pamphlet at a meeting. If you have any further questions, contact us here at the WSO. We are here to be of service to the fellowship! And thank you <u>all</u> for your support!

1992 Donations Through 7/1/92

Alabama	
Mobile	
End of the Line Group20.60	
Birmingham	
First Freedom Group15.00	
First Freedom Group15.00	
Arizona	
Phoenix	
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Connecticut Area247.50	

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Georgia
M. A. C. A. I
End of the Line Group17.38
End of the Line Group38.63
Illinois
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Chicago
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The Winner's Group20.00 Peoria Area50.00
Peoria Area50.00
Louisiana
Baton Rouge Area25.00
Maryland
Wash D. C./MD/Virginia100.00
Massachussetts
Freedom to Choose Group20.00
Minnesota
C. A. of Minnesota200.00
Missouri
St. Louis100.00
St. Louis100.00
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C. A. N. Y. N. Y100.00
Long Island
Saturday Nite Live Group27.00
Saturday Nite Live Group27.00
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Montreal330.00
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TOTAL DONATIONS

YEAR TO DATE\$24,664.43

